The Health Behaviors of South Dakotans 2018 serves as a way to measure health risks of South Dakotans.

The information used to develop the report came from the Behavioral Risk Factor Surveillance System (BRFSS). The South Dakota Department of Health (DOH) initiated the BRFSS with help from the Centers for Disease Control and Prevention (CDC).

The survey consists of questions aimed at tracking and trending prevalence of health behaviors and conditions over time.

The BRFSS is the world’s largest telephone survey. The survey is administered to households with adults age 18 years or older.

The Office of Health Statistics edited and compiled data for this publication. This report contains as much information as practical from the survey.

For questions regarding The Health Behaviors of South Dakotans 2018, please contact:

Office of Health Statistics
615 East 4th Street
Pierre, South Dakota 57501-2536
Phone: (605) 773-3361
http://doh.sd.gov/Statistics/
National web site: http://www.cdc.gov/brfss/

The following people were the main contributors to the development of this report:

Carrie Cushing  Policy Data Analyst
Mark Gildemaster  Project Director of South Dakota Behavioral Risk Factor Surveillance System
Derrick Haskins  Communications Director
Virginia Peterson  Project Coordinator of South Dakota Behavioral Risk Factor Surveillance System
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