Overweight or Obese, 2016

Overweight or obese is defined as having a Body Mass Index (BMI) of 25.0 or greater.

The national median for respondents who are overweight or obese is 65.2 percent. South Dakota has 66.9 percent of respondents who are overweight or obese.

Washington, D.C. has the lowest with 53.4 percent of overweight or obese while Mississippi has the highest with 71.3 percent overweight or obese.

Nationally, Respondents Who Are Overweight or Obese, 2016

Obese is defined as having a Body Mass Index (BMI) of 35.0 or greater.

The national median for respondents who are obese is 29.9 percent. South Dakota has 29.6 percent of respondents who are obese.

Colorado has the lowest with 22.3 percent obese while West Virginia has the highest with 37.7 percent obese.