

The following table shows the percent of those who drank alcohol in the past 30 days for various health behaviors and conditions. For example, 39 percent of respondents who have diabetes drank alcohol in the past 30 days, while 59 percent of respondents who do not have diabetes drank alcohol in the past 30 days.

Prevalence of Drank Alcohol in Past 30 Days For Selected Health Behaviors and Conditions

	Drank Alcohol in Past 30 Days
Underweight (BMI < 18.5)	43%
Recommended (BMI = 18.5-24.9)	59%
Overweight (BMI = 25.0-29.9)	60%
Obese - Class I (BMI = 30.0-34.9)	59%
Obese - Classes II & III (BMI = 35.0+)	54%
Participates in Leisure Time Exercise	60%
Does Not Participate in Leisure Time Exercise	48%
Meets Physical Activity Recommendations	61%
Does Not Meet Physical Activity Recommendations	55%
7+ Exercise Trips Per Week	58%
Less Than 7 Exercise Trips Per Week	56%
12+ Hours Sitting Per Day	57%
< 12 Hours Sitting Per Day	58%
Has 2+ Servings of Fruit per Day	52%
Has Less Than 2 Servings of Fruit per Day	60%
Has 3+ Servings of Vegetables per Day	56%
Has Less Than 3 Servings of Vegetables per Day	58%
Has 5+ Servings of Fruits and Vegetables per Day	53%
Has Less Than 5 Servings of Fruits and Vegetables per Day	59%
Current Smoker	60%
Former Smoker	59%
Never Smoked	56%
Uses Smokeless Tobacco	70%
Does Not Use Smokeless Tobacco	57%
Current E-Cigarette User	60%
Not E-Cigarette User	56%
Heard of "South Dakota Quitline"	59%
Not Heard of "South Dakota Quitline"	47%
Ever Diagnosed with Diabetes	39%
Never Diagnosed with Diabetes	59%
Has High Blood Pressure	52%
Does Not Have High Blood Pressure	60%
Has High Blood Cholesterol	53%
Does Not Have High Blood Cholesterol	60%
Has Health Insurance (18-64)	63%
Does Not Have Health Insurance (18-64)	57%
Employer Based Coverage (18-64)	68%
Private Health Plan (18-64)	63%
Medicare (18-64)	30%
Medicaid or Medical Assistance (18-64)	29%
The military, CHAMPUS, TriCare, or the VA (18-64)	64%
The Indian Health Service (18-64)	44%
Had a Flu Shot in Past 12 Months (65+)	41%
Did Not Have a Flu Shot in Past 12 Months (65+)	38%
Ever Had a Pneumonia Shot (65+)	39%
Never Had a Pneumonia Shot (65+)	41%

Prevalence of Drank Alcohol in Past 30 Days For Selected Health Behaviors and Conditions

	Drank Alcohol in Past 30 Days
Previously Had Heart Attack	41%
Never Had Heart Attack	58%
Knows Symptoms of Heart Attack	63%
Does Not Know Symptoms of Heart Attack	56%
Has Angina or Coronary Heart Disease	43%
Does Not Have Angina or Coronary Heart Disease	58%
Previously Had a Stroke	38%
Never Had a Stroke	58%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	46%
Never Diagnosed with Cancer	58%
Ever Diagnosed with Skin Cancer	50%
Never Diagnosed with Skin Cancer	58%
Current Asthma	50%
Former Asthma	55%
Never Had Asthma	58%
Ever Diagnosed with Arthritis	47%
Never Diagnosed with Arthritis	61%
Ever Diagnosed with COPD	41%
Never Diagnosed with COPD	58%
Ever Diagnosed with Depression	50%
Never Diagnosed with Depression	59%
Ever Diagnosed with Kidney Disease	38%
Never Diagnosed with Kidney Disease	58%
Has Severe Vision Impairment	40%
Does Not Have Severe Vision Impairment	57%
Recent Increased Confusion/Memory Loss (45+)	48%
No Recent Increased Confusion/Memory Loss (45+)	53%
Always Wears Seat Belt	55%
Does Not Always Wear Seat Belt	61%
Binge Drinker	100%
Not a Binge Drinker	47%
Heavy Drinker	100%
Not a Heavy Drinker	55%
Has an Advance Directive	57%
Does Not Have an Advance Directive	57%
Good/Very Good/Excellent Health Status	61%
Fair/Poor Health Status	37%
Physical Health Not Good for 0-29 Days of the Past 30	59%
Physical Health Not Good for 30 Days of the Past 30	32%
Mental Health Not Good for 0-19 Days of the Past 30	58%
Mental Health Not Good for 20-30 Days of the Past 30	48%
Usual Activities Unattainable for 0-9 Days of the Past 30	59%
Usual Activities Unattainable for 10-30 Days of the Past 30	39%
Has Physical, Mental, or Emotional Problems	43%
Does Not Have Physical, Mental, or Emotional Problems	61%
Has a Disability with Special Equipment Needed	32%
Does Not Have a Disability with Special Equipment Needed	59%
Ever Been Tested for HIV	59%
Never Been Tested for HIV	57%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015