

The following table shows the percent of those who are very obese (BMI35+) for various health behaviors and conditions. For example, 26 percent of respondents who have been diagnosed with diabetes are very obese, while nine percent of respondents who do not have diagnosed diabetes are very obese.

**Very Obese Prevalence (BMI 35+) for Selected Health Behaviors and Conditions, 2011-2015**

	<b>Very Obese (BMI 35+)</b>
Participates in Leisure Time Exercise	9%
Does Not Participate in Leisure Time Exercise	16%
Meets Physical Activity Recommendations	8%
Does Not Meet Physical Activity Recommendations	13%
7+ Exercise Trips Per Week	6%
Less Than 7 Exercise Trips Per Week	12%
12+ Hours Sitting Per Day	19%
< 12 Hours Sitting Per Day	11%
Has 2+ Servings of Fruit per Day	10%
Has Less Than 2 Servings of Fruit per Day	11%
Has 3+ Servings of Vegetables per Day	9%
Has Less Than 3 Servings of Vegetables per Day	11%
Has 5+ Servings of Fruits and Vegetables per Day	9%
Has Less Than 5 Servings of Fruits and Vegetables per Day	11%
Current Smoker	12%
Former Smoker	12%
Never Smoked	10%
Uses Smokeless Tobacco	11%
Does Not Use Smokeless Tobacco	11%
Current E-Cigarette User	14%
Not E-Cigarette User	12%
Heard of "South Dakota Quitline"	12%
Not Heard of "South Dakota Quitline"	9%
Ever Diagnosed with Diabetes	26%
Never Diagnosed with Diabetes	9%
Has High Blood Pressure	18%
Does Not Have High Blood Pressure	8%
Has High Blood Cholesterol	15%
Does Not Have High Blood Cholesterol	10%
Has Health Insurance (18-64)	12%
Does Not Have Health Insurance (18-64)	14%
Employer Based Coverage (18-64)	11%
Private Health Plan (18-64)	8%
Medicare (18-64)	21%
Medicaid or Medical Assistance (18-64)	18%
The military, CHAMPUS, TriCare, or the VA (18-64)	10%
The Indian Health Service (18-64)	15%
Had a Flu Shot in Past 12 Months (65+)	9%
Did Not Have a Flu Shot in Past 12 Months (65+)	9%
Ever Had a Pneumonia Shot (65+)	9%
Never Had a Pneumonia Shot (65+)	7%
Previously Had Heart Attack	12%
Never Had Heart Attack	11%
Knows Symptoms of Heart Attack	13%
Does Not Know Symptoms of Heart Attack	11%

**Very Obese Prevalence (BMI 35+) for Selected Health Behaviors and Conditions,  
2011-2015**

	<b>Very Obese (BMI 35+)</b>
Has Angina or Coronary Heart Disease	13%
Does Not have Angina or Coronary Heart Disease	11%
Previously Had a Stroke	14%
Never Had a Stroke	11%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	12%
Never Diagnosed with Cancer	11%
Ever Diagnosed with Skin Cancer	9%
Never Diagnosed with Skin Cancer	11%
Current Asthma	20%
Former Asthma	13%
Never Had Asthma	10%
Ever Diagnosed with Arthritis	16%
Never Diagnosed with Arthritis	9%
Ever Diagnosed with COPD	17%
Never Diagnosed with COPD	10%
Ever Diagnosed with Depression	17%
Never Diagnosed with Depression	10%
Ever Diagnosed with Kidney Disease	20%
Never Diagnosed with Kidney Disease	11%
Has Severe Vision Impairment	13%
Does Not Have Severe Vision Impairment	11%
Recent Increased Confusion/Memory Loss (45+)	19%
No Recent Increased Confusion/Memory Loss (45+)	12%
Always Wears Seat Belt	10%
Does Not Always Wear Seat Belt	13%
Drank Alcohol in Past 30 Days	10%
Did Not Drink Alcohol in Past 30 Days	12%
Binge Drinker	9%
Not a Binge Drinker	11%
Heavy Drinker	10%
Not a Heavy Drinker	11%
Has an Advance Directive	10%
Does Not Have an Advance Directive	12%
Good/Very Good/Excellent Health Status	9%
Fair/Poor Health Status	20%
Physical Health Not Good for 0-29 Days of the Past 30	10%
Physical Health Not Good for 30 Days of the Past 30	18%
Mental Health Not Good for 0-19 Days of the Past 30	10%
Mental Health Not Good for 20-30 Days of the Past 30	19%
Usual Activities Unattainable for 0-9 Days of the Past 30	10%
Usual Activities Unattainable for 10-30 Days of the Past 30	20%
Has Physical, Mental, or Emotional Problems	17%
Does Not Have Physical, Mental, or Emotional Problems	9%
Has a Disability with Special Equipment Needed	21%
Does Not Have a Disability with Special Equipment Needed	10%
Ever Been Tested for HIV	12%
Never Been Tested for HIV	11%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015