

The following table shows the percent of respondents who are overweight (BMI 25+) for various health behaviors and conditions. For example, 80 percent of respondents who have high blood pressure are overweight, while 59 percent of respondents who do not have high blood pressure are overweight.

**Overweight Prevalence (BMI 25+) for Selected Health Behaviors and Conditions,
2011-2015**

	Overweight/Obese
Participates in Leisure Time Exercise	64%
Does Not Participate in Leisure Time Exercise	71%
Meets Physical Activity Recommendations	63%
Does Not Meet Physical Activity Recommendations	68%
7+ Exercise Trips Per Week	63%
Less Than 7 Exercise Trips Per Week	66%
12+ Hours Sitting Per Day	72%
< 12 Hours Sitting Per Day	65%
Has 2+ Servings of Fruit per Day	61%
Has Less Than 2 Servings of Fruit per Day	67%
Has 3+ Servings of Vegetables per Day	60%
Has Less Than 3 Servings of Vegetables per Day	66%
Has 5+ Servings of Fruits and Vegetables per Day	58%
Has Less Than 5 Servings of Fruits and Vegetables per Day	66%
Current Smoker	60%
Former Smoker	74%
Never Smoked	64%
Uses Smokeless Tobacco	74%
Does Not Use Smokeless Tobacco	65%
Current E-Cigarette User	65%
Not E-Cigarette User	66%
Heard of "South Dakota Quitline"	66%
Not Heard of "South Dakota Quitline"	68%
Ever Diagnosed with Diabetes	87%
Never Diagnosed with Diabetes	63%
Has High Blood Pressure	80%
Does Not Have High Blood Pressure	59%
Has High Blood Cholesterol	78%
Does Not Have High Blood Cholesterol	64%
Has Health Insurance (18-64)	66%
Does Not Have Health Insurance (18-64)	63%
Employer Based Coverage (18-64)	67%
Private Health Plan (18-64)	63%
Medicare (18-64)	72%
Medicaid or Medical Assistance (18-64)	63%
The military, CHAMPUS, TriCare, or the VA (18-64)	67%
The Indian Health Service (18-64)	73%
Had a Flu Shot in Past 12 Months (65+)	71%
Did Not Have a Flu Shot in Past 12 Months (65+)	66%
Ever Had a Pneumonia Shot (65+)	70%
Never Had a Pneumonia Shot (65+)	67%
Previously Had Heart Attack	77%
Never Had Heart Attack	65%
Knows Symptoms of Heart Attack	67%
Does Not Know Symptoms of Heart Attack	66%
Has Angina or Coronary Heart Disease	78%
Does Not Have Angina or Coronary Heart Disease	65%

**Overweight Prevalence (BMI 25+) for Selected Health Behaviors and Conditions,
2011-2015**

	Overweight/Obese
Previously Had a Stroke	70%
Never Had a Stroke	65%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	67%
Never Diagnosed with Cancer	65%
Ever Diagnosed with Skin Cancer	68%
Never Diagnosed with Skin Cancer	65%
Current Asthma	72%
Former Asthma	62%
Never Had Asthma	65%
Ever Diagnosed with Arthritis	75%
Never Diagnosed with Arthritis	62%
Ever Diagnosed with COPD	67%
Never Diagnosed with COPD	65%
Ever Diagnosed with Depression	67%
Never Diagnosed with Depression	65%
Ever Diagnosed with Kidney Disease	79%
Never Diagnosed with Kidney Disease	65%
Has Severe Vision Impairment	68%
Does Not Have Severe Vision Impairment	66%
Recent Increased Confusion/Memory Loss (45+)	73%
No Recent Increased Confusion/Memory Loss (45+)	72%
Always Wears Seat Belt	63%
Does Not Always Wear Seat Belt	70%
Drank Alcohol in Past 30 Days	66%
Did Not Drink Alcohol in Past 30 Days	66%
Binge Drinker	65%
Not a Binge Drinker	66%
Heavy Drinker	62%
Not a Heavy Drinker	66%
Has an Advance Directive	68%
Does Not Have an Advance Directive	65%
Good/Very Good/Excellent Health Status	64%
Fair/Poor Health Status	73%
Physical Health Not Good for 0-29 Days of the Past 30	65%
Physical Health Not Good for 30 Days of the Past 30	70%
Mental Health Not Good for 0-19 Days of the Past 30	65%
Mental Health Not Good for 20-30 Days of the Past 30	65%
Usual Activities Unattainable for 0-9 Days of the Past 30	65%
Usual Activities Unattainable for 10-30 Days of the Past 30	71%
Has Physical, Mental, or Emotional Problems	72%
Does Not Have Physical, Mental, or Emotional Problems	64%
Has a Disability with Special Equipment Needed	73%
Does Not Have a Disability with Special Equipment Needed	65%
Ever Been Tested for HIV	65%
Never Been Tested for HIV	66%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015