

The following table shows the percent of those who have physical, mental, or emotional problems for various health behaviors and conditions. For example, 48 percent of respondents who have had a heart attack have physical, mental, or emotional problems, while 19 percent of respondents who have not had a heart attack have physical, mental, or emotional problems.

Prevalence of Limited Activities Due to a Disability for Selected Health Behaviors and Conditions, 2011-2015

	Has Physical, Mental, or Emotional Problems
Underweight (BMI < 18.5)	29%
Recommended (BMI = 18.5-24.9)	16%
Overweight (BMI = 25.0-29.9)	19%
Obese - Class I (BMI = 30.0-34.9)	25%
Obese - Classes II & III (BMI = 35.0+)	33%
Participates in Leisure Time Exercise	18%
Does Not Participate in Leisure Time Exercise	31%
Meets Physical Activity Recommendations	18%
Does Not Meet Physical Activity Recommendations	25%
7+ Exercise Trips Per Week	22%
Less Than 7 Exercise Trips Per Week	21%
12+ Hours Sitting Per Day	39%
< 12 Hours Sitting Per Day	19%
Has 2+ Servings of Fruit per Day	23%
Has Less Than 2 Servings of Fruit per Day	21%
Has 3+ Servings of Vegetables per Day	20%
Has Less Than 3 Servings of Vegetables per Day	22%
Has 5+ Servings of Fruits and Vegetables per Day	23%
Has Less Than 5 Servings of Fruits and Vegetables per Day	21%
Current Smoker	27%
Former Smoker	25%
Never Smoked	16%
Uses Smokeless Tobacco	17%
Does Not Use Smokeless Tobacco	21%
Current E-Cigarette User	29%
Not E-Cigarette User	20%
Heard of "South Dakota Quitline"	19%
Not Heard of "South Dakota Quitline"	24%
Ever Diagnosed with Diabetes	38%
Never Diagnosed with Diabetes	19%
Has High Blood Pressure	32%
Does Not Have High Blood Pressure	16%
Has High Blood Cholesterol	31%
Does Not Have High Blood Cholesterol	19%
Has Health Insurance (18-64)	18%
Does Not Have Health Insurance (18-64)	20%
Employer Based Coverage (18-64)	13%
Private Health Plan (18-64)	13%
Medicare (18-64)	76%
Medicaid or Medical Assistance (18-64)	37%
The military, CHAMPUS, TriCare, or the VA (18-64)	28%
The Indian Health Service (18-64)	19%
Had a Flu Shot in Past 12 Months (65+)	35%
Did Not Have a Flu Shot in Past 12 Months (65+)	30%
Ever Had a Pneumonia Shot (65+)	37%
Never Had a Pneumonia Shot (65+)	25%

**Prevalence of Limited Activities Due to a Disability for Selected Health Behaviors
and Conditions, 2011-2015**

	Has Physical, Mental, or Emotional Problems
Previously Had Heart Attack	48%
Never Had Heart Attack	19%
Knows Symptoms of Heart Attack	23%
Does Not Know Symptoms of Heart Attack	22%
Has Angina or Coronary Heart Disease	53%
Does Not Have Angina or Coronary Heart Disease	19%
Previously Had a Stroke	57%
Never Had a Stroke	20%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	38%
Never Diagnosed with Cancer	19%
Ever Diagnosed with Skin Cancer	34%
Never Diagnosed with Skin Cancer	20%
Current Asthma	40%
Former Asthma	24%
Never Had Asthma	19%
Ever Diagnosed with Arthritis	45%
Never Diagnosed with Arthritis	13%
Ever Diagnosed with COPD	60%
Never Diagnosed with COPD	18%
Ever Diagnosed with Depression	41%
Never Diagnosed with Depression	17%
Ever Diagnosed with Kidney Disease	52%
Never Diagnosed with Kidney Disease	20%
Has Severe Vision Impairment	61%
Does Not Have Severe Vision Impairment	18%
Recent Increased Confusion/Memory Loss (45+)	59%
No Recent Increased Confusion/Memory Loss (45+)	25%
Always Wears Seat Belt	21%
Does Not Always Wear Seat Belt	21%
Drank Alcohol in Past 30 Days	16%
Did Not Drink Alcohol in Past 30 Days	28%
Binge Drinker	13%
Not a Binge Drinker	23%
Heavy Drinker	19%
Not a Heavy Drinker	21%
Has an Advance Directive	28%
Does Not Have an Advance Directive	18%
Good/Very Good/Excellent Health Status	15%
Fair/Poor Health Status	60%
Physical Health Not Good for 0-29 Days of the Past 30	17%
Physical Health Not Good for 30 Days of the Past 30	74%
Mental Health Not Good for 0-19 Days of the Past 30	19%
Mental Health Not Good for 20-30 Days of the Past 30	52%
Usual Activities Unattainable for 0-9 Days of the Past 30	17%
Usual Activities Unattainable for 10-30 Days of the Past 30	74%
Has a Disability with Special Equipment Needed	74%
Does Not Have a Disability with Special Equipment Needed	16%
Ever Been Tested for HIV	24%
Never Been Tested for HIV	20%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015