

The following table shows the percent of those who have had a heart attack for various health behaviors and conditions. For example, 21 percent of respondents with kidney disease have had a heart attack, while five percent of respondents who do not have kidney disease have had a heart attack.

Prevalence of Heart Attack For Selected Health Behaviors and Conditions, 2011-2015

	Previously Had Heart Attack
Underweight (BMI < 18.5)	4%
Recommended (BMI = 18.5-24.9)	3%
Overweight (BMI = 25.0-29.9)	6%
Obese - Class I (BMI = 30.0-34.9)	6%
Obese - Classes II & III (BMI = 35.0+)	6%
Participates in Leisure Time Exercise	4%
Does Not Participate in Leisure Time Exercise	7%
Meets Physical Activity Recommendations	5%
Does Not Meet Physical Activity Recommendations	5%
7+ Exercise Trips Per Week	4%
Less Than 7 Exercise Trips Per Week	4%
12+ Hours Sitting Per Day	5%
< 12 Hours Sitting Per Day	4%
Has 2+ Servings of Fruit per Day	5%
Has Less Than 2 Servings of Fruit per Day	5%
Has 3+ Servings of Vegetables per Day	3%
Has Less Than 3 Servings of Vegetables per Day	5%
Has 5+ Servings of Fruits and Vegetables per Day	4%
Has Less Than 5 Servings of Fruits and Vegetables per Day	5%
Current Smoker	5%
Former Smoker	9%
Never Smoked	3%
Uses Smokeless Tobacco	3%
Does Not Use Smokeless Tobacco	5%
Current E-Cigarette User	6%
Not E-Cigarette User	5%
Heard of "South Dakota Quitline"	4%
Not Heard of "South Dakota Quitline"	7%
Ever Diagnosed with Diabetes	16%
Never Diagnosed with Diabetes	4%
Has High Blood Pressure	11%
Does Not Have High Blood Pressure	2%
Has High Blood Cholesterol	11%
Does Not Have High Blood Cholesterol	4%
Has Health Insurance (18-64)	3%
Does Not Have Health Insurance (18-64)	2%
Employer Based Coverage (18-64)	2%
Private Health Plan (18-64)	1%
Medicare (18-64)	11%
Medicaid or Medical Assistance (18-64)	4%
The military, CHAMPUS, TriCare, or the VA (18-64)	5%
The Indian Health Service (18-64)	3%
Had a Flu Shot in Past 12 Months (65+)	15%
Did Not Have a Flu Shot in Past 12 Months (65+)	13%
Ever Had a Pneumonia Shot (65+)	17%
Never Had a Pneumonia Shot (65+)	10%

Prevalence of Heart Attack For Selected Health Behaviors and Conditions, 2011-2015

	Previously Had Heart Attack
Knows Symptoms of Heart Attack	6%
Does Not Know Symptoms of Heart Attack	5%
Has Angina or Coronary Heart Disease	50%
Does Not Have Angina or Coronary Heart Disease	3%
Previously Had a Stroke	28%
Never Had a Stroke	4%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	13%
Never Diagnosed with Cancer	4%
Ever Diagnosed with Skin Cancer	14%
Never Diagnosed with Skin Cancer	4%
Current Asthma	8%
Former Asthma	6%
Never Had Asthma	5%
Ever Diagnosed with Arthritis	11%
Never Diagnosed with Arthritis	3%
Ever Diagnosed with COPD	17%
Never Diagnosed with COPD	4%
Ever Diagnosed with Depression	7%
Never Diagnosed with Depression	5%
Ever Diagnosed with Kidney Disease	21%
Never Diagnosed with Kidney Disease	5%
Has Severe Vision Impairment	18%
Does Not Have Severe Vision Impairment	4%
Recent Increased Confusion/Memory Loss (45+)	17%
No Recent Increased Confusion/Memory Loss (45+)	8%
Always Wears Seat Belt	5%
Does Not Always Wear Seat Belt	5%
Drank Alcohol in Past 30 Days	3%
Did Not Drink Alcohol in Past 30 Days	7%
Binge Drinker	2%
Not a Binge Drinker	5%
Heavy Drinker	4%
Not a Heavy Drinker	5%
Has an Advance Directive	7%
Does Not Have an Advance Directive	3%
Good/Very Good/Excellent Health Status	3%
Fair/Poor Health Status	15%
Physical Health Not Good for 0-29 Days of the Past 30	4%
Physical Health Not Good for 30 Days of the Past 30	16%
Mental Health Not Good for 0-19 Days of the Past 30	5%
Mental Health Not Good for 20-30 Days of the Past 30	6%
Usual Activities Unattainable for 0-9 Days of the Past 30	4%
Usual Activities Unattainable for 10-30 Days of the Past 30	13%
Has Physical, Mental, or Emotional Problems	11%
Does Not Have Physical, Mental, or Emotional Problems	3%
Has a Disability with Special Equipment Needed	17%
Does Not Have a Disability with Special Equipment Needed	4%
Ever Been Tested for HIV	4%
Never Been Tested for HIV	5%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015