

The following table shows the percent of those who have fair or poor health for various health behaviors and conditions. For example, 28 percent of respondents with arthritis have fair or poor health, while nine percent of respondents who do not have arthritis have fair or poor health.

**Prevalence of Fair or Poor Health for Selected Health Behaviors and Conditions,
2011-2015**

	Fair/Poor Health Status
Underweight (BMI < 18.5)	19%
Recommended (BMI = 18.5-24.9)	10%
Overweight (BMI = 25.0-29.9)	12%
Obese - Class I (BMI = 30.0-34.9)	16%
Obese - Classes II & III (BMI = 35.0+)	25%
Participates in Leisure Time Exercise	10%
Does Not Participate in Leisure Time Exercise	24%
Meets Physical Activity Recommendations	10%
Does Not Meet Physical Activity Recommendations	17%
7+ Exercise Trips Per Week	13%
Less Than 7 Exercise Trips Per Week	14%
12+ Hours Sitting Per Day	29%
< 12 Hours Sitting Per Day	12%
Has 2+ Servings of Fruit per Day	13%
Has Less Than 2 Servings of Fruit per Day	14%
Has 3+ Servings of Vegetables per Day	11%
Has Less Than 3 Servings of Vegetables per Day	14%
Has 5+ Servings of Fruits and Vegetables per Day	11%
Has Less Than 5 Servings of Fruits and Vegetables per Day	14%
Current Smoker	21%
Former Smoker	17%
Never Smoked	9%
Uses Smokeless Tobacco	12%
Does Not Use Smokeless Tobacco	14%
Current E-Cigarette User	24%
Not E-Cigarette User	13%
Heard of "South Dakota Quitline"	12%
Not Heard of "South Dakota Quitline"	17%
Ever Diagnosed with Diabetes	37%
Never Diagnosed with Diabetes	11%
Has High Blood Pressure	24%
Does Not Have High Blood Pressure	9%
Has High Blood Cholesterol	22%
Does Not Have High Blood Cholesterol	11%
Has Health Insurance (18-64)	11%
Does Not Have Health Insurance (18-64)	16%
Employer Based Coverage (18-64)	7%
Private Health Plan (18-64)	6%
Medicare (18-64)	46%
Medicaid or Medical Assistance (18-64)	31%
The military, CHAMPUS, TriCare, or the VA (18-64)	17%
The Indian Health Service (18-64)	17%
Had a Flu Shot in Past 12 Months (65+)	24%
Did Not Have a Flu Shot in Past 12 Months (65+)	19%
Ever Had a Pneumonia Shot (65+)	26%
Never Had a Pneumonia Shot (65+)	16%

**Prevalence of Fair or Poor Health for Selected Health Behaviors and Conditions,
2011-2015**

	Fair/Poor Health Status
Previously Had Heart Attack	41%
Never Had Heart Attack	12%
Knows Symptoms of Heart Attack	11%
Does Not Know Symptoms of Heart Attack	14%
Has Angina or Coronary Heart Disease	44%
Does Not Have Angina or Coronary Heart Disease	12%
Previously Had a Stroke	48%
Never Had a Stroke	13%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	30%
Never Diagnosed with Cancer	12%
Ever Diagnosed with Skin Cancer	24%
Never Diagnosed with Skin Cancer	13%
Current Asthma	31%
Former Asthma	14%
Never Had Asthma	12%
Ever Diagnosed with Arthritis	28%
Never Diagnosed with Arthritis	9%
Ever Diagnosed with COPD	53%
Never Diagnosed with COPD	11%
Ever Diagnosed with Depression	27%
Never Diagnosed with Depression	11%
Ever Diagnosed with Kidney Disease	43%
Never Diagnosed with Kidney Disease	13%
Has Severe Vision Impairment	45%
Does Not Have Severe Vision Impairment	12%
Recent Increased Confusion/Memory Loss (45+)	48%
No Recent Increased Confusion/Memory Loss (45+)	16%
Always Wears Seat Belt	13%
Does Not Always Wear Seat Belt	14%
Drank Alcohol in Past 30 Days	9%
Did Not Drink Alcohol in Past 30 Days	20%
Binge Drinker	9%
Not a Binge Drinker	15%
Heavy Drinker	12%
Not a Heavy Drinker	14%
Has an Advance Directive	16%
Does Not Have an Advance Directive	13%
Physical Health Not Good for 0-29 Days of the Past 30	10%
Physical Health Not Good for 30 Days of the Past 30	68%
Mental Health Not Good for 0-19 Days of the Past 30	11%
Mental Health Not Good for 20-30 Days of the Past 30	45%
Usual Activities Unattainable for 0-9 Days of the Past 30	10%
Usual Activities Unattainable for 10-30 Days of the Past 30	59%
Has Physical, Mental, or Emotional Problems	39%
Does Not Have Physical, Mental, or Emotional Problems	7%
Has a Disability with Special Equipment Needed	48%
Does Not Have a Disability with Special Equipment Needed	11%
Ever Been Tested for HIV	15%
Never Been Tested for HIV	13%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015