

The following table shows the percent of those who have depression for various health behaviors and conditions. For example, 47 percent of respondents with Medicare health insurance have depression, while 10 percent of respondents who have private health insurance have depression.

Prevalence of Depression For Selected Health Behaviors and Conditions, 2011-2015

	Ever Diagnosed with Depression
Underweight (BMI < 18.5)	20%
Recommended (BMI = 18.5-24.9)	15%
Overweight (BMI = 25.0-29.9)	13%
Obese - Class I (BMI = 30.0-34.9)	17%
Obese - Classes II & III (BMI = 35.0+)	25%
Participates in Leisure Time Exercise	15%
Does Not Participate in Leisure Time Exercise	20%
Meets Physical Activity Recommendations	14%
Does Not Meet Physical Activity Recommendations	18%
7+ Exercise Trips Per Week	16%
Less Than 7 Exercise Trips Per Week	17%
12+ Hours Sitting Per Day	24%
< 12 Hours Sitting Per Day	16%
Has 2+ Servings of Fruit per Day	15%
Has Less Than 2 Servings of Fruit per Day	16%
Has 3+ Servings of Vegetables per Day	17%
Has Less Than 3 Servings of Vegetables per Day	16%
Has 5+ Servings of Fruits and Vegetables per Day	16%
Has Less Than 5 Servings of Fruits and Vegetables per Day	16%
Current Smoker	26%
Former Smoker	16%
Never Smoked	12%
Uses Smokeless Tobacco	17%
Does Not Use Smokeless Tobacco	16%
Current E-Cigarette User	31%
Not E-Cigarette User	16%
Heard of "South Dakota Quitline"	17%
Not Heard of "South Dakota Quitline"	11%
Ever Diagnosed with Diabetes	22%
Never Diagnosed with Diabetes	15%
Has High Blood Pressure	18%
Does Not Have High Blood Pressure	15%
Has High Blood Cholesterol	20%
Does Not Have High Blood Cholesterol	14%
Has Health Insurance (18-64)	16%
Does Not Have Health Insurance (18-64)	23%
Employer Based Coverage (18-64)	14%
Private Health Plan (18-64)	10%
Medicare (18-64)	47%
Medicaid or Medical Assistance (18-64)	33%
The military, CHAMPUS, TriCare, or the VA (18-64)	27%
The Indian Health Service (18-64)	17%
Had a Flu Shot in Past 12 Months (65+)	13%
Did Not Have a Flu Shot in Past 12 Months (65+)	12%
Ever Had a Pneumonia Shot (65+)	13%
Never Had a Pneumonia Shot (65+)	11%

Prevalence of Depression For Selected Health Behaviors and Conditions, 2011-2015

	Ever Diagnosed with Depression
Previously Had Heart Attack	22%
Never Had Heart Attack	15%
Knows Symptoms of Heart Attack	17%
Does Not Know Symptoms of Heart Attack	15%
Has Angina or Coronary Heart Disease	23%
Does Not Have Angina or Coronary Heart Disease	15%
Previously Had a Stroke	28%
Never Had a Stroke	15%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	21%
Never Diagnosed with Cancer	15%
Ever Diagnosed with Skin Cancer	15%
Never Diagnosed with Skin Cancer	16%
Current Asthma	30%
Former Asthma	26%
Never Had Asthma	14%
Ever Diagnosed with Arthritis	25%
Never Diagnosed with Arthritis	13%
Ever Diagnosed with COPD	34%
Never Diagnosed with COPD	15%
Ever Diagnosed with Kidney Disease	33%
Never Diagnosed with Kidney Disease	15%
Has Severe Vision Impairment	31%
Does Not Have Severe Vision Impairment	15%
Recent Increased Confusion/Memory Loss (45+)	45%
No Recent Increased Confusion/Memory Loss (45+)	13%
Always Wears Seat Belt	16%
Does Not Always Wear Seat Belt	16%
Drank Alcohol in Past 30 Days	14%
Did Not Drink Alcohol in Past 30 Days	19%
Binge Drinker	15%
Not a Binge Drinker	16%
Heavy Drinker	19%
Not a Heavy Drinker	16%
Has an Advance Directive	17%
Does Not Have an Advance Directive	16%
Good/Very Good/Excellent Health Status	13%
Fair/Poor Health Status	32%
Physical Health Not Good for 0-29 Days of the Past 30	15%
Physical Health Not Good for 30 Days of the Past 30	34%
Mental Health Not Good for 0-19 Days of the Past 30	13%
Mental Health Not Good for 20-30 Days of the Past 30	59%
Usual Activities Unattainable for 0-9 Days of the Past 30	13%
Usual Activities Unattainable for 10-30 Days of the Past 30	47%
Has Physical, Mental, or Emotional Problems	31%
Does Not Have Physical, Mental, or Emotional Problems	12%
Has a Disability with Special Equipment Needed	31%
Does Not Have a Disability with Special Equipment Needed	15%
Ever Been Tested for HIV	24%
Never Been Tested for HIV	13%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015