

The following table shows the percent of those who have high blood pressure for various health behaviors and conditions. For example, 70 percent of respondents with diabetes have high blood pressure, while 26 percent of respondents who do not have diabetes have high blood pressure.

**Prevalence of Hypertension for Selected Health Behaviors and Conditions,
2011-2015**

	Has High Blood Pressure
Underweight (BMI < 18.5)	17%
Recommended (BMI = 18.5-24.9)	17%
Overweight (BMI = 25.0-29.9)	31%
Obese - Class I (BMI = 30.0-34.9)	42%
Obese - Classes II & III (BMI = 35.0+)	50%
Participates in Leisure Time Exercise	28%
Does Not Participate in Leisure Time Exercise	39%
Meets Physical Activity Recommendations	29%
Does Not Meet Physical Activity Recommendations	33%
7+ Exercise Trips Per Week	21%
Less Than 7 Exercise Trips Per Week	32%
12+ Hours Sitting Per Day	38%
< 12 Hours Sitting Per Day	30%
Has 2+ Servings of Fruit per Day	32%
Has Less Than 2 Servings of Fruit per Day	30%
Has 3+ Servings of Vegetables per Day	27%
Has Less Than 3 Servings of Vegetables per Day	31%
Has 5+ Servings of Fruits and Vegetables per Day	29%
Has Less Than 5 Servings of Fruits and Vegetables per Day	31%
Current Smoker	26%
Former Smoker	40%
Never Smoked	27%
Uses Smokeless Tobacco	26%
Does Not Use Smokeless Tobacco	30%
Current E-Cigarette User	22%
Not E-Cigarette User	30%
Heard of "South Dakota Quitline"	29%
Not Heard of "South Dakota Quitline"	38%
Ever Diagnosed with Diabetes	70%
Never Diagnosed with Diabetes	26%
Has High Blood Cholesterol	58%
Does Not Have High Blood Cholesterol	25%
Has Health Insurance (18-64)	24%
Does Not Have Health Insurance (18-64)	21%
Employer Based Coverage (18-64)	23%
Private Health Plan (18-64)	21%
Medicare (18-64)	45%
Medicaid or Medical Assistance (18-64)	20%
The military, CHAMPUS, TriCare, or the VA (18-64)	28%
The Indian Health Service (18-64)	32%
Had a Flu Shot in Past 12 Months (65+)	63%
Did Not Have a Flu Shot in Past 12 Months (65+)	51%
Ever Had a Pneumonia Shot (65+)	64%
Never Had a Pneumonia Shot (65+)	49%
Previously Had Heart Attack	66%
Never Had Heart Attack	28%

**Prevalence of Hypertension for Selected Health Behaviors and Conditions,
2011-2015**

	Has High Blood Pressure
Knows Symptoms of Heart Attack	32%
Does Not Know Symptoms of Heart Attack	32%
Has Angina or Coronary Heart Disease	74%
Does Not Have Angina or Coronary Heart Disease	28%
Previously Had a Stroke	70%
Never Had a Stroke	29%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	50%
Never Diagnosed with Cancer	29%
Ever Diagnosed with Skin Cancer	54%
Never Diagnosed with Skin Cancer	29%
Current Asthma	37%
Former Asthma	24%
Never Had Asthma	30%
Ever Diagnosed with Arthritis	50%
Never Diagnosed with Arthritis	24%
Ever Diagnosed with COPD	54%
Never Diagnosed with COPD	29%
Ever Diagnosed with Depression	35%
Never Diagnosed with Depression	29%
Ever Diagnosed with Kidney Disease	69%
Never Diagnosed with Kidney Disease	29%
Has Severe Vision Impairment	54%
Does Not Have Severe Vision Impairment	29%
Recent Increased Confusion/Memory Loss (45+)	59%
No Recent Increased Confusion/Memory Loss (45+)	44%
Always Wears Seat Belt	30%
Does Not Always Wear Seat Belt	30%
Drank Alcohol in Past 30 Days	27%
Did Not Drink Alcohol in Past 30 Days	34%
Binge Drinker	22%
Not a Binge Drinker	32%
Heavy Drinker	30%
Not a Heavy Drinker	30%
Has an Advance Directive	41%
Does Not Have an Advance Directive	27%
Good/Very Good/Excellent Health Status	27%
Fair/Poor Health Status	53%
Physical Health Not Good for 0-29 Days of the Past 30	29%
Physical Health Not Good for 30 Days of the Past 30	52%
Mental Health Not Good for 0-19 Days of the Past 30	30%
Mental Health Not Good for 20-30 Days of the Past 30	35%
Usual Activities Unattainable for 0-9 Days of the Past 30	29%
Usual Activities Unattainable for 10-30 Days of the Past 30	45%
Has Physical, Mental, or Emotional Problems	46%
Does Not Have Physical, Mental, or Emotional Problems	26%
Has a Disability with Special Equipment Needed	58%
Does Not Have a Disability with Special Equipment Needed	28%
Ever Been Tested for HIV	22%
Never Been Tested for HIV	33%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015