

The following table shows the percent of those who binge drink for various health behaviors and conditions. For example, 33 percent of respondents who are current smokers binge drink, while 15 percent of respondents who have never smoked binge drink.

**Prevalence of Binge Drinking for Selected Health Behaviors and Conditions,
2011-2015**

	Binge Drinker
Underweight (BMI < 18.5)	12%
Recommended (BMI = 18.5-24.9)	20%
Overweight (BMI = 25.0-29.9)	21%
Obese - Class I (BMI = 30.0-34.9)	19%
Obese - Classes II & III (BMI = 35.0+)	17%
Participates in Leisure Time Exercise	20%
Does Not Participate in Leisure Time Exercise	17%
Meets Physical Activity Recommendations	19%
Does Not Meet Physical Activity Recommendations	20%
7+ Exercise Trips Per Week	18%
Less Than 7 Exercise Trips Per Week	17%
12+ Hours Sitting Per Day	22%
< 12 Hours Sitting Per Day	17%
Has 2+ Servings of Fruit per Day	12%
Has Less Than 2 Servings of Fruit per Day	22%
Has 3+ Servings of Vegetables per Day	14%
Has Less Than 3 Servings of Vegetables per Day	20%
Has 5+ Servings of Fruits and Vegetables per Day	11%
Has Less Than 5 Servings of Fruits and Vegetables per Day	20%
Current Smoker	33%
Former Smoker	16%
Never Smoked	15%
Uses Smokeless Tobacco	43%
Does Not Use Smokeless Tobacco	18%
Current E-Cigarette User	31%
Not E-Cigarette User	16%
Heard of "South Dakota Quitline"	19%
Not Heard of "South Dakota Quitline"	12%
Ever Diagnosed with Diabetes	9%
Never Diagnosed with Diabetes	20%
Has High Blood Pressure	14%
Does Not Have High Blood Pressure	21%
Has High Blood Cholesterol	12%
Does Not Have High Blood Cholesterol	17%
Has Health Insurance (18-64)	22%
Does Not Have Health Insurance (18-64)	27%
Employer Based Coverage (18-64)	23%
Private Health Plan (18-64)	21%
Medicare (18-64)	9%
Medicaid or Medical Assistance (18-64)	14%
The military, CHAMPUS, TriCare, or the VA (18-64)	22%
The Indian Health Service (18-64)	29%
Had a Flu Shot in Past 12 Months (65+)	3%
Did Not Have a Flu Shot in Past 12 Months (65+)	4%
Ever Had a Pneumonia Shot (65+)	2%
Never Had a Pneumonia Shot (65+)	5%
Previously Had Heart Attack	10%
Never Had Heart Attack	20%

**Prevalence of Binge Drinking for Selected Health Behaviors and Conditions,
2011-2015**

	Binge Drinker
Knows Symptoms of Heart Attack	18%
Does Not Know Symptoms of Heart Attack	18%
Has Angina or Coronary Heart Disease	9%
Does Not Have Angina or Coronary Heart Disease	20%
Previously Had a Stroke	7%
Never Had a Stroke	20%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	8%
Never Diagnosed with Cancer	20%
Ever Diagnosed with Skin Cancer	8%
Never Diagnosed with Skin Cancer	20%
Current Asthma	16%
Former Asthma	22%
Never Had Asthma	19%
Ever Diagnosed with Arthritis	11%
Never Diagnosed with Arthritis	22%
Ever Diagnosed with COPD	12%
Never Diagnosed with COPD	20%
Ever Diagnosed with Depression	18%
Never Diagnosed with Depression	19%
Ever Diagnosed with Kidney Disease	9%
Never Diagnosed with Kidney Disease	19%
Has Severe Vision Impairment	11%
Does Not Have Severe Vision Impairment	18%
Recent Increased Confusion/Memory Loss (45+)	12%
No Recent Increased Confusion/Memory Loss (45+)	11%
Always Wears Seat Belt	15%
Does Not Always Wear Seat Belt	27%
Drank Alcohol in Past 30 Days	34%
Did Not Drink Alcohol in Past 30 Days	0%
Heavy Drinker	85%
Not a Heavy Drinker	15%
Has an Advance Directive	11%
Does Not Have an Advance Directive	20%
Good/Very Good/Excellent Health Status	20%
Fair/Poor Health Status	12%
Physical Health Not Good for 0-29 Days of the Past 30	20%
Physical Health Not Good for 30 Days of the Past 30	9%
Mental Health Not Good for 0-19 Days of the Past 30	19%
Mental Health Not Good for 20-30 Days of the Past 30	22%
Usual Activities Unattainable for 0-9 Days of the Past 30	20%
Usual Activities Unattainable for 10-30 Days of the Past 30	13%
Has Physical, Mental, or Emotional Problems	12%
Does Not Have Physical, Mental, or Emotional Problems	21%
Has a Disability with Special Equipment Needed	8%
Does Not Have a Disability with Special Equipment Needed	20%
Ever Been Tested for HIV	25%
Never Been Tested for HIV	18%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015