

The following table shows the percent of those who have an advance directive for various health behaviors and conditions. For example, 15 percent of respondents who use e-cigarettes have an advance directive, while 32 percent of respondents who do not use e-cigarettes have an advance directive.

**Prevalence of Having an Advance Directive for Selected Health Behaviors and Conditions,
2011-2015**

	Has an Advance Directive
Participates in Leisure Time Exercise	32%
Does Not Participate in Leisure Time Exercise	30%
Meets Physical Activity Recommendations	35%
Does Not Meet Physical Activity Recommendations	27%
7+ Exercise Trips Per Week	32%
Less Than 7 Exercise Trips Per Week	31%
12+ Hours Sitting Per Day	30%
< 12 Hours Sitting Per Day	31%
Has 2+ Servings of Fruit per Day	42%
Has Less Than 2 Servings of Fruit per Day	29%
Has 3+ Servings of Vegetables per Day	40%
Has Less Than 3 Servings of Vegetables per Day	30%
Has 5+ Servings of Fruits and Vegetables per Day	43%
Has Less Than 5 Servings of Fruits and Vegetables per Day	30%
Current Smoker	23%
Former Smoker	37%
Never Smoked	32%
Uses Smokeless Tobacco	29%
Does Not Use Smokeless Tobacco	32%
Current E-Cigarette User	15%
Not E-Cigarette User	32%
Heard of "South Dakota Quitline"	31%
Not Heard of "South Dakota Quitline"	32%
Ever Diagnosed with Diabetes	40%
Never Diagnosed with Diabetes	31%
Has High Blood Pressure	41%
Does Not Have High Blood Pressure	27%
Has High Blood Cholesterol	44%
Does Not Have High Blood Cholesterol	33%
Has Health Insurance (18-64)	25%
Does Not Have Health Insurance (18-64)	12%
Employer Based Coverage (18-64)	25%
Private Health Plan (18-64)	27%
Medicare (18-64)	34%
Medicaid or Medical Assistance (18-64)	10%
The military, CHAMPUS, TriCare, or the VA (18-64)	42%
The Indian Health Service (18-64)	15%
Had a Flu Shot in Past 12 Months (65+)	61%
Did Not Have a Flu Shot in Past 12 Months (65+)	51%
Ever Had a Pneumonia Shot (65+)	62%
Never Had a Pneumonia Shot (65+)	51%
Previously Had Heart Attack	50%
Never Had Heart Attack	31%
Knows Symptoms of Heart Attack	36%
Does Not Know Symptoms of Heart Attack	31%
Has Angina or Coronary Heart Disease	51%
Does Not Have Angina or Coronary Heart Disease	30%
Previously Had a Stroke	57%
Never Had a Stroke	31%

**Prevalence of Having an Advance Directive for Selected Health Behaviors and Conditions,
2011-2015**

	Has an Advance Directive
Ever Diagnosed with Cancer (Excluding Skin Cancer)	49%
Never Diagnosed with Cancer	30%
Ever Diagnosed with Skin Cancer	53%
Never Diagnosed with Skin Cancer	30%
Current Asthma	28%
Former Asthma	29%
Never Had Asthma	32%
Ever Diagnosed with Arthritis	45%
Never Diagnosed with Arthritis	27%
Ever Diagnosed with COPD	37%
Never Diagnosed with COPD	31%
Ever Diagnosed with Depression	33%
Never Diagnosed with Depression	31%
Ever Diagnosed with Kidney Disease	50%
Never Diagnosed with Kidney Disease	31%
Has Severe Vision Impairment	41%
Does Not Have Severe Vision Impairment	31%
Recent Increased Confusion/Memory Loss (45+)	33%
No Recent Increased Confusion/Memory Loss (45+)	44%
Always Wears Seat Belt	34%
Does Not Always Wear Seat Belt	26%
Drank Alcohol in Past 30 Days	32%
Did Not Drink Alcohol in Past 30 Days	31%
Binge Drinker	21%
Not a Binge Drinker	34%
Heavy Drinker	31%
Not a Heavy Drinker	32%
Good/Very Good/Excellent Health Status	31%
Fair/Poor Health Status	36%
Physical Health Not Good for 0-29 Days of the Past 30	31%
Physical Health Not Good for 30 Days of the Past 30	38%
Mental Health Not Good for 0-19 Days of the Past 30	31%
Mental Health Not Good for 20-30 Days of the Past 30	32%
Usual Activities Unattainable for 0-9 Days of the Past 30	31%
Usual Activities Unattainable for 10-30 Days of the Past 30	34%
Has Physical, Mental, or Emotional Problems	41%
Does Not Have Physical, Mental, or Emotional Problems	29%
Has a Disability with Special Equipment Needed	48%
Does Not Have a Disability with Special Equipment Needed	30%
Ever Been Tested for HIV	30%
Never Been Tested for HIV	32%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015