

# General Health Status

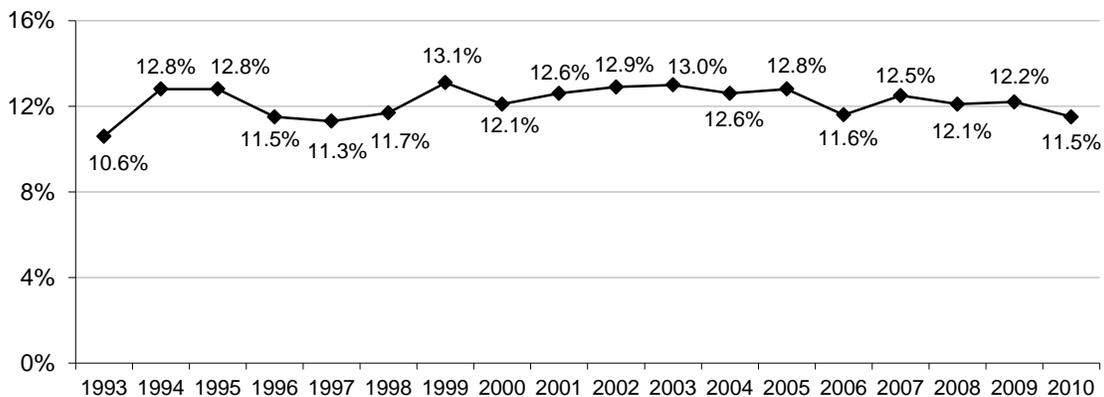
## FAIR OR POOR HEALTH STATUS

**Definition:** Fair or Poor Health Status is defined as respondents who report having fair or poor health from possible response choices of “excellent”, “very good”, “good”, “fair”, or “poor”.

### Prevalence of Fair or Poor Health Status

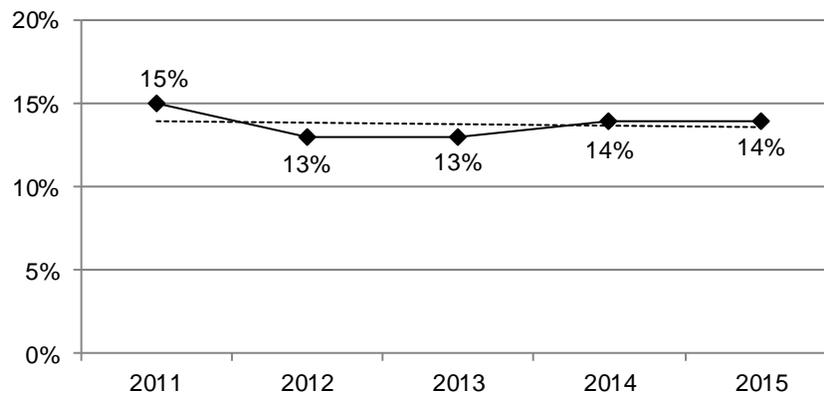
- South Dakota 14%
- Nationwide median 16%

**Figure 66**  
Percent of Respondents Reporting Fair or Poor Health Status, 1993-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 1993-2010

**Figure 67**  
Percent of Respondents Reporting Fair or Poor Health Status, 2011-2015



Note: Beginning in 2011, the CDC began using a different methodology to weight the data; therefore, data prior to 2011 cannot be compared to data since 2011.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015

**Table 48**  
**Respondents Reporting Fair or Poor Health Status, 2011-2015**

		2011-2015	2011	2012	2013	2014	2015
<b>Total</b>		<b>14%</b>	<b>15%</b>	<b>13%</b>	<b>13%</b>	<b>14%</b>	<b>14%</b>
<b>Gender</b>	Male	13%	15%	14%	12%	14%	12%
	Female	14%	14%	13%	13%	14%	15%
<b>Age</b>	18-24	6%	*	*	*	*	*
	25-34	7%	*	*	*	*	*
	35-44	10%	*	*	*	*	*
	45-54	14%	*	*	*	*	*
	55-64	18%	20%	18%	*	17%	17%
	65-74	19%	*	*	*	*	*
	75+	27%	*	*	*	*	*
<b>Race</b>	White	13%	14%	12%	12%	13%	13%
	American Indian	22%	*	*	*	*	*
<b>Ethnicity</b>	Hispanic	15%	*	*	*	*	*
	Non-Hispanic	14%	15%	13%	13%	14%	14%
<b>Household Income</b>	Less than \$25,000	27%	28%	26%	*	28%	*
	\$25,000-\$49,999	12%	12%	12%	11%	12%	12%
	\$50,000+	6%	5%	6%	5%	7%	7%
<b>Education</b>	Less than High School, G.E.D.	27%	*	*	*	*	*
	High School, G.E.D.	16%	18%	15%	14%	17%	15%
	Some Post-High School	12%	13%	10%	11%	13%	13%
	College Graduate	6%	6%	7%	7%	5%	7%
<b>Employment Status</b>	Employed for Wages	8%	10%	7%	7%	9%	8%
	Self-employed	9%	*	*	*	*	*
	Unemployed	19%	*	*	*	*	*
	Homemaker	13%	*	*	*	*	*
	Student	4%	*	*	*	*	*
	Retired	22%	23%	22%	22%	22%	23%
	Unable to Work	60%	*	*	*	*	*
<b>Marital Status</b>	Married/Unmarried Couple	11%	11%	11%	11%	13%	11%
	Divorced/Separated	21%	*	*	*	*	*
	Widowed	27%	*	*	*	*	*
	Never Married	11%	*	*	*	*	*
<b>Home Ownership Status</b>	Own Home	12%	12%	12%	11%	13%	12%
	Rent Home	18%	23%	17%	16%	16%	*
<b>Children Status</b>	Children in Household (Ages 18-44)	8%	8%	7%	*	*	*
	No Children in Household (Ages 18-44)	8%	*	*	*	*	*
<b>Phone Status</b>	Landline	15%	15%	14%	15%	16%	17%
	Cell Phone	12%	*	12%	10%	13%	11%
<b>Pregnancy Status</b>	Pregnant (Ages 18-44)	7%	*	*	*	*	*
	Not Pregnant (Ages 18-44)	9%	*	*	*	*	*
<b>County</b>	Minnehaha	13%	*	*	*	*	*
	Pennington	15%	*	*	*	*	*
	Lincoln	10%	*	*	*	*	*
	Brown	15%	*	*	*	*	*
	Brookings	10%	*	*	*	*	*
	Codington	12%	*	*	*	*	*
	Meade	15%	*	*	*	*	*
	Lawrence	14%	*	*	*	*	*

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015

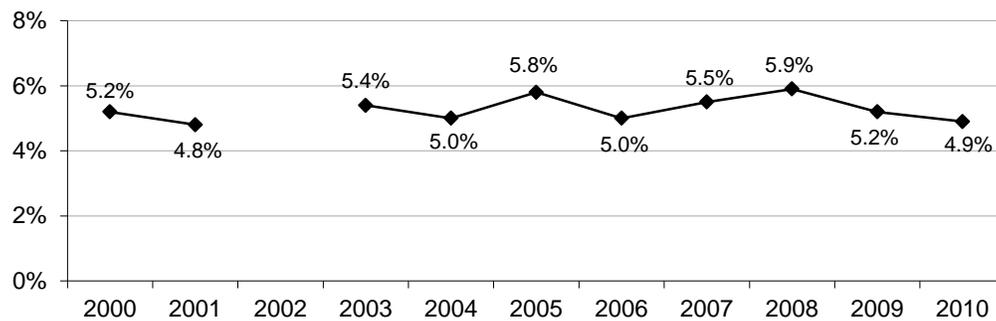
## **PHYSICAL HEALTH NOT GOOD**

**Definition:** Respondents who reported their physical health was not good for 30 days of the past 30, including physical illness and injury.

### **Prevalence of Physical Health Not Good for 30 Days of the Past 30**

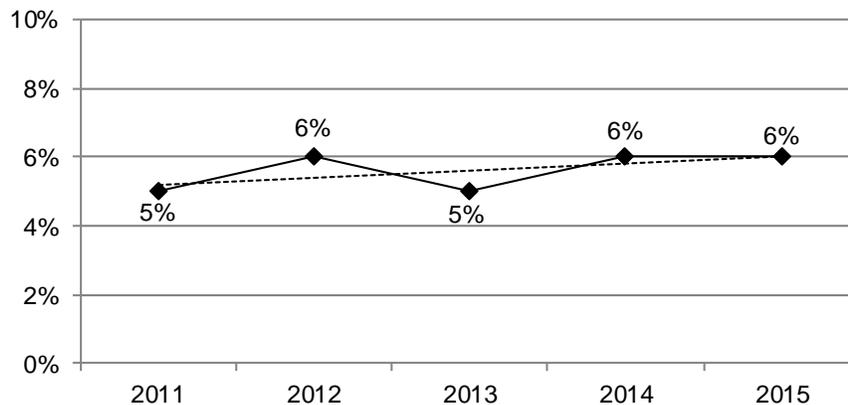
- South Dakota 6%
- There is no nationwide median for physical health not good

**Figure 68**  
**Percent of Respondents Reporting Physical Health Not Good for 30 Days of the Past 30, 2000-2001, and 2003-2010**



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2000-2001, and 2003-2010

**Figure 69**  
**Percent of Respondents Reporting Physical Health Not Good for 30 Days of the Past 30, 2011-2015**



Note: Beginning in 2011, the CDC began using a different methodology to weight the data; therefore, data prior to 2011 cannot be compared to data since 2011.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015

**Table 49**  
**Respondents Who Reported Physical Health Not Good for 30 Days of the Past 30, 2011-2015**

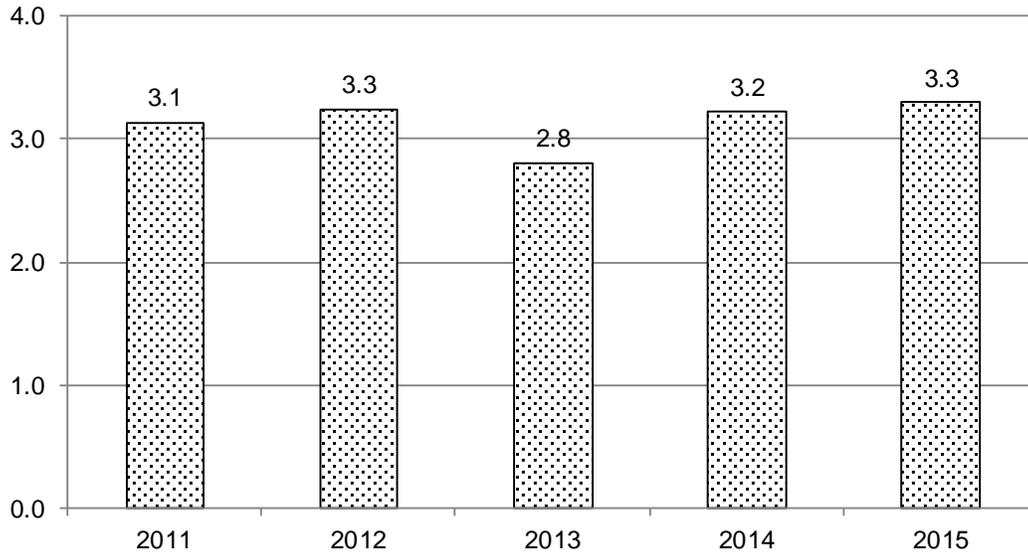
		2011-2015	2011	2012	2013	2014	2015
<b>Total</b>		<b>6%</b>	<b>5%</b>	<b>6%</b>	<b>5%</b>	<b>6%</b>	<b>6%</b>
<b>Gender</b>	Male	5%	5%	6%	4%	5%	5%
	Female	6%	6%	6%	6%	6%	7%
<b>Age</b>	18-24	2%	*	*	*	*	*
	25-34	2%	*	*	*	*	*
	35-44	4%	*	*	*	*	*
	45-54	6%	*	*	*	*	*
	55-64	7%	8%	8%	*	8%	8%
	65-74	9%	*	*	*	*	*
	75+	12%	*	*	*	*	*
<b>Race</b>	White	5%	5%	6%	5%	5%	6%
	American Indian	9%	*	*	*	*	*
<b>Ethnicity</b>	Hispanic	6%	*	*	*	*	*
	Non-Hispanic	6%	5%	6%	5%	6%	6%
<b>Household Income</b>	Less than \$25,000	11%	11%	14%	*	9%	*
	\$25,000-\$49,999	5%	5%	4%	3%	6%	5%
	\$50,000+	3%	2%	3%	2%	3%	4%
<b>Education</b>	Less than High School, G.E.D.	10%	*	*	*	*	*
	High School, G.E.D.	6%	5%	7%	5%	7%	7%
	Some Post-High School	5%	6%	5%	5%	4%	7%
	College Graduate	3%	3%	4%	3%	3%	3%
<b>Employment Status</b>	Employed for Wages	3%	2%	3%	2%	2%	3%
	Self-employed	3%	*	*	*	*	*
	Unemployed	7%	*	*	*	*	*
	Homemaker	7%	*	*	*	*	*
	Student	3%	*	*	*	*	*
	Retired	9%	9%	11%	8%	9%	8%
	Unable to Work	37%	*	*	*	*	*
<b>Marital Status</b>	Married/Unmarried Couple	5%	4%	5%	4%	5%	6%
	Divorced/Separated	10%	*	*	*	*	*
	Widowed	13%	*	*	*	*	*
	Never Married	3%	*	*	*	*	*
<b>Home Ownership Status</b>	Own Home	5%	5%	6%	5%	5%	5%
	Rent Home	7%	8%	7%	6%	7%	*
<b>Children Status</b>	Children in Household (Ages 18-44)	3%	*	2%	*	*	*
	No Children in Household (Ages 18-44)	2%	*	*	*	*	*
<b>Phone Status</b>	Landline	7%	6%	7%	6%	7%	8%
	Cell Phone	5%	*	5%	4%	5%	5%
<b>Pregnancy Status</b>	Pregnant (Ages 18-44)	2%	*	*	*	*	*
	Not Pregnant (Ages 18-44)	3%	*	*	*	*	*
<b>County</b>	Minnehaha	5%	*	*	*	*	*
	Pennington	7%	*	*	*	*	*
	Lincoln	4%	*	*	*	*	*
	Brown	7%	*	*	*	*	*
	Brookings	4%	*	*	*	*	*
	Codington	6%	*	*	*	*	*
	Meade	8%	*	*	*	*	*
	Lawrence	7%	*	*	*	*	*

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015

Figure 70, below, shows the average number of days all respondents stated their physical health was not good for the past 30 days. For the past five years the average number of days has remained steady.

**Figure 70**  
**Average Number of Days Respondents' Physical Health Was Not Good in the Past 30 Days, 2011-2015**



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015

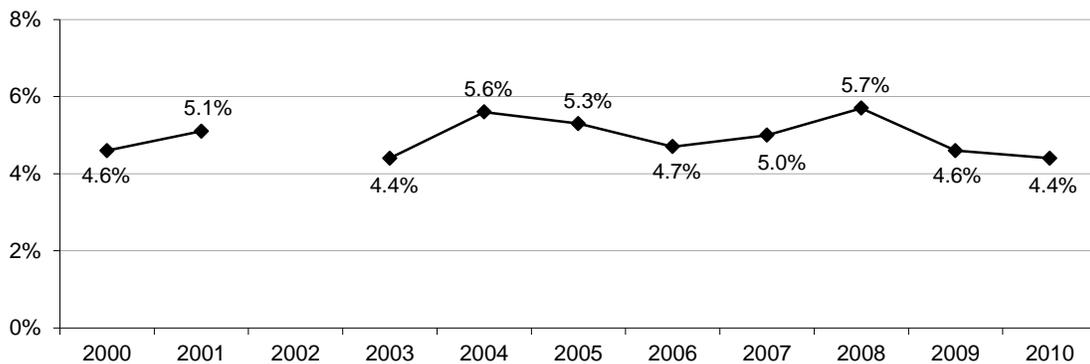
## **MENTAL HEALTH NOT GOOD**

**Definition:** Respondents who report their mental health was not good for 20 to 30 days of the past 30, including stress, depression, and problems with emotions.

### **Prevalence of Mental Health Not Good for 20-30 Days of the Past 30**

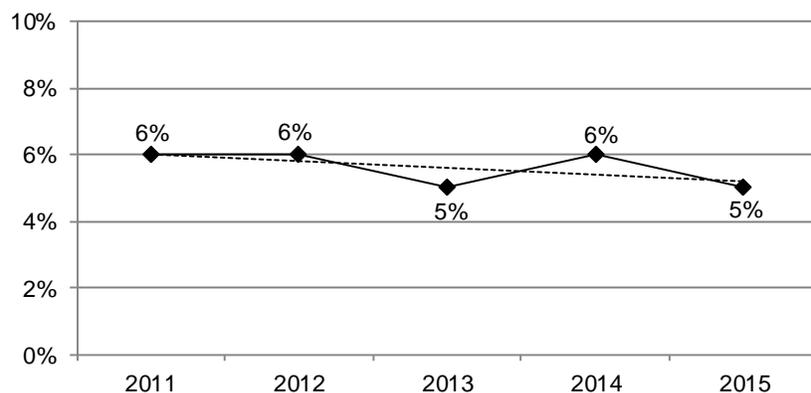
- South Dakota 5%
- There is no nationwide median for poor mental health

**Figure 71**  
**Percent of Respondents Stating Mental Health Not Good for 20-30 Days of the Past 30, 2000-2001, and 2003-2010**



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2000-2001, and 2003-2010

**Figure 72**  
**Percent of Respondents Stating Mental Health Not Good for 20-30 Days of the Past 30, 2011-2015**



Note: Beginning in 2011, the CDC began using a different methodology to weight the data; therefore, data prior to 2011 cannot be compared to data since 2011.  
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015

**Table 50**  
**Respondents Who Stated Mental Health Not Good for 20-30 Days of the Past 30, 2011-2015**

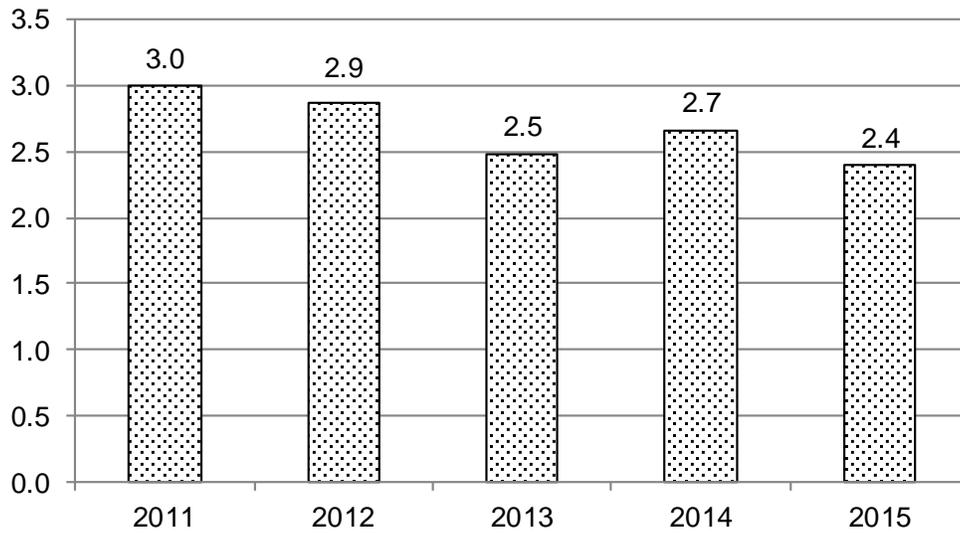
		2011-2015	2011	2012	2013	2014	2015
<b>Total</b>		5%	6%	6%	5%	6%	5%
<b>Gender</b>	Male	4%	5%	6%	4%	5%	3%
	Female	6%	8%	6%	6%	6%	6%
<b>Age</b>	18-24	6%	*	*	*	*	*
	25-34	6%	*	*	*	*	*
	35-44	6%	*	*	*	*	*
	45-54	6%	*	*	*	*	*
	55-64	5%	5%	*	*	5%	4%
	65-74	4%	*	*	*	*	*
	75+	3%	*	*	*	*	*
<b>Race</b>	White	5%	6%	5%	5%	5%	4%
	American Indian	8%	*	*	*	*	*
<b>Ethnicity</b>	Hispanic	7%	*	*	*	*	*
	Non-Hispanic	5%	6%	6%	5%	5%	5%
<b>Household Income</b>	Less than \$25,000	10%	11%	11%	*	11%	*
	\$25,000-\$49,999	5%	5%	6%	4%	4%	4%
	\$50,000+	3%	3%	4%	2%	3%	3%
<b>Education</b>	Less than High School, G.E.D.	9%	*	*	*	*	*
	High School, G.E.D.	6%	7%	6%	4%	7%	5%
	Some Post-High School	6%	6%	6%	5%	6%	5%
	College Graduate	3%	3%	4%	3%	3%	3%
<b>Employment Status</b>	Employed for Wages	4%	5%	5%	4%	5%	3%
	Self-employed	4%	*	*	*	*	*
	Unemployed	11%	*	*	*	*	*
	Homemaker	6%	*	*	*	*	*
	Student	6%	*	*	*	*	*
	Retired	3%	3%	4%	2%	4%	3%
	Unable to Work	24%	*	*	*	*	*
<b>Marital Status</b>	Married/Unmarried Couple	4%	4%	5%	4%	4%	3%
	Divorced/Separated	10%	*	*	*	*	*
	Widowed	6%	*	*	*	*	*
	Never Married	7%	*	*	*	*	*
<b>Home Ownership Status</b>	Own Home	4%	4%	5%	4%	4%	3%
	Rent Home	9%	12%	9%	7%	7%	*
<b>Children Status</b>	Children in Household (Ages 18-44)	6%	*	6%	*	*	*
	No Children in Household (Ages 18-44)	6%	*	*	*	*	*
<b>Phone Status</b>	Landline	5%	6%	5%	5%	5%	5%
	Cell Phone	6%	*	7%	5%	6%	4%
<b>Pregnancy Status</b>	Pregnant (Ages 18-44)	8%	*	*	*	*	*
	Not Pregnant (Ages 18-44)	8%	*	*	*	*	*
<b>County</b>	Minnehaha	6%	*	*	*	*	*
	Pennington	7%	*	*	*	*	*
	Lincoln	5%	*	*	*	*	*
	Brown	6%	*	*	*	*	*
	Brookings	7%	*	*	*	*	*
	Codington	6%	*	*	*	*	*
	Meade	7%	*	*	*	*	*
	Lawrence	6%	*	*	*	*	*

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015

Figure 73, below, shows the average number of days all respondents stated their mental health was not good for the past 30 days. For the past five years the average number of days has been steady.

**Figure 73**  
**Average Number of Days Respondents' Mental Health Was Not Good in the Past 30 Days, 2011-2015**



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015

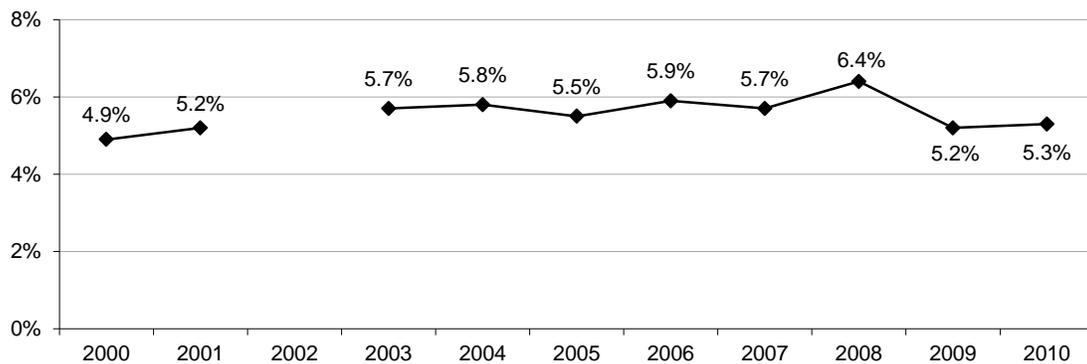
## USUAL ACTIVITIES UNATTAINABLE

**Definition:** Respondents who report poor physical or mental health kept them from doing their usual activities for 10 to 30 days of the past 30 days, such as self-care, work, or recreation.

### Prevalence of Usual Activities Unattainable for 10-30 Days of the Past 30

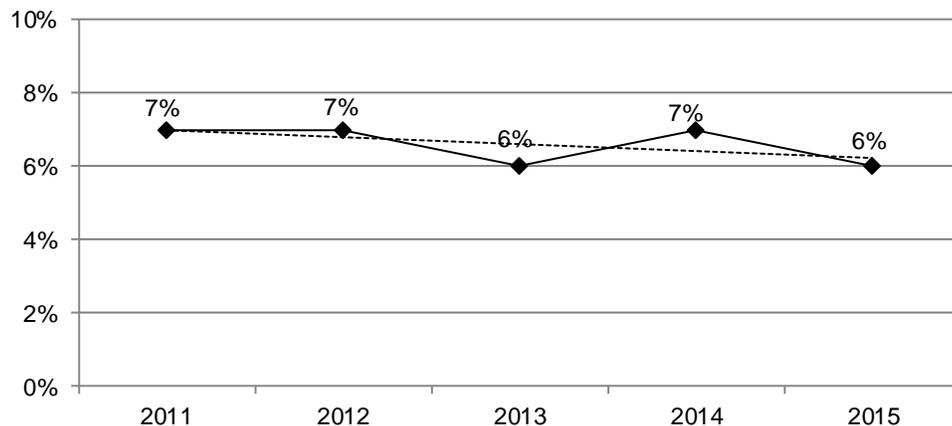
- South Dakota 6%
- There is no national median for usual activities unattainable for 10-30 days of the past 30

**Figure 74**  
**Percent of Respondents Reporting Usual Activities Unattainable for 10-30 Days of the Past 30, 2001, and 2003-2010**



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2000-2001, and 2003-2010

**Figure 75**  
**Percent of Respondents Reporting Usual Activities Unattainable for 10-30 Days of the Past 30, 2011-2015**



Note: Beginning in 2011, the CDC began using a different methodology to weight the data; therefore, data prior to 2011 cannot be compared to data since 2011.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015

**Table 51**  
**Respondents Who Stated Usual Activities Unattainable for 10-30 Days of the Past 30, 2011-2015**

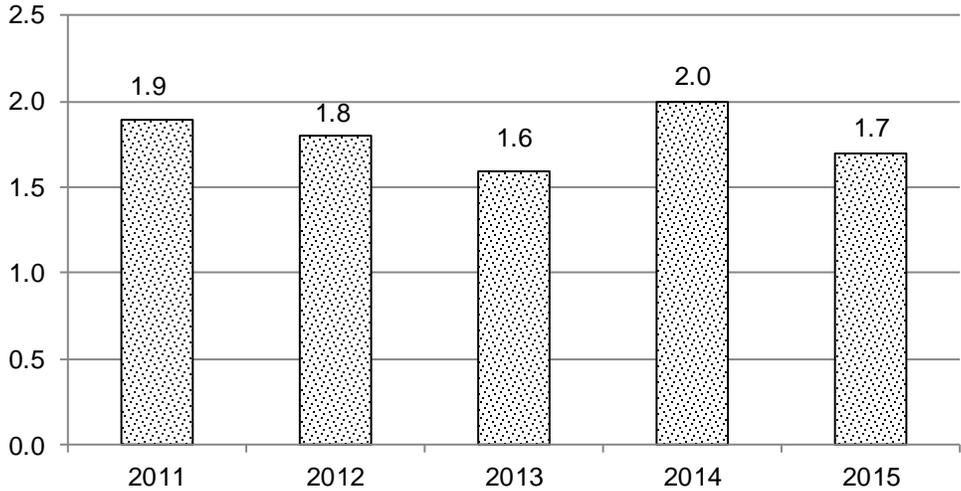
		2011-2015	2011	2012	2013	2014	2015
<b>Total</b>		<b>7%</b>	<b>7%</b>	<b>7%</b>	<b>6%</b>	<b>7%</b>	<b>6%</b>
<b>Gender</b>	Male	6%	6%	6%	5%	6%	5%
	Female	8%	8%	7%	7%	9%	8%
<b>Age</b>	18-24	4%	*	*	*	*	*
	25-34	5%	*	*	*	*	*
	35-44	6%	*	*	*	*	*
	45-54	8%	*	*	*	*	*
	55-64	9%	10%	8%	*	10%	9%
	65-74	8%	*	*	*	*	*
	75+	7%	*	*	*	*	*
<b>Race</b>	White	6%	7%	6%	5%	7%	6%
	American Indian	11%	*	*	*	*	*
<b>Ethnicity</b>	Hispanic	11%	*	*	*	*	*
	Non-Hispanic	7%	7%	6%	6%	7%	6%
<b>Household Income</b>	Less than \$25,000	13%	14%	15%	*	13%	*
	\$25,000-\$49,999	5%	6%	6%	3%	7%	6%
	\$50,000+	3%	2%	3%	3%	4%	3%
<b>Education</b>	Less than High School, G.E.D.	11%	*	*	*	*	*
	High School, G.E.D.	7%	8%	7%	5%	10%	7%
	Some Post-High School	7%	8%	6%	6%	6%	7%
	College Graduate	4%	3%	4%	4%	4%	3%
<b>Employment Status</b>	Employed for Wages	3%	3%	3%	3%	4%	3%
	Self-employed	4%	*	*	*	*	*
	Unemployed	14%	*	*	*	*	*
	Homemaker	6%	*	*	*	*	*
	Student	5%	*	*	*	*	*
	Retired	7%	7%	6%	6%	8%	7%
	Unable to Work	47%	*	*	*	*	*
<b>Marital Status</b>	Married/Unmarried Couple	6%	5%	5%	5%	7%	6%
	Divorced/Separated	11%	*	*	*	*	*
	Widowed	10%	*	*	*	*	*
	Never Married	6%	*	*	*	*	*
<b>Home Ownership Status</b>	Own Home	6%	5%	6%	5%	7%	6%
	Rent Home	9%	12%	9%	7%	8%	*
<b>Children Status</b>	Children in Household (Ages 18-44)	5%	7%	5%	*	*	*
	No Children in Household (Ages 18-44)	4%	*	*	*	*	*
<b>Phone Status</b>	Landline	7%	7%	7%	7%	8%	8%
	Cell Phone	6%	*	7%	5%	7%	5%
<b>Pregnancy Status</b>	Pregnant (Ages 18-44)	5%	*	*	*	*	*
	Not Pregnant (Ages 18-44)	6%	*	*	*	*	*
<b>County</b>	Minnehaha	7%	*	*	*	*	*
	Pennington	9%	*	*	*	*	*
	Lincoln	4%	*	*	*	*	*
	Brown	7%	*	*	*	*	*
	Brookings	5%	*	*	*	*	*
	Codington	5%	*	*	*	*	*
	Meade	8%	*	*	*	*	*
	Lawrence	8%	*	*	*	*	*

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015

Figure 76, below, shows the average number of days all respondents stated poor physical or mental health kept them from doing their usual activities in the past 30 days. In 2015, the average number of days was 1.7.

**Figure 76**  
**Average Number of Days Where Poor Physical or Mental Health Kept Respondents From Usual Activities in the Past 30 Days, 2011-2015**



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2015