

The following table shows the percent of those who are watching their salt intake for various health behaviors and conditions. For example, 77 percent of respondents who have angina or coronary heart disease are watching their salt intake, while 46 percent of respondents who do not have angina or coronary heart disease are watching their salt intake.

Prevalence of Watching Salt Intake for Selected Health Behaviors and Conditions, 2011-2014

	Watching Salt Intake
Participates in Leisure Time Exercise	49%
Does Not Participate in Leisure Time Exercise	44%
Current Smoker	43%
Former Smoker	56%
Never Smoked	45%
Uses Smokeless Tobacco	36%
Does Not Use Smokeless Tobacco	48%
Heard of "South Dakota Quitline"	47%
Not Heard of "South Dakota Quitline"	50%
Ever Diagnosed with Diabetes	67%
Never Diagnosed with Diabetes	46%
Has High Blood Pressure	65%
Does Not Have High Blood Pressure	41%
Has Health Insurance (18-64)	44%
Does Not Have Health Insurance (18-64)	41%
Employer Based Coverage (18-64)	42%
Private Health Plan (18-64)	41%
Medicare (18-64)	60%
Medicaid or Medical Assistance (18-64)	51%
The military, CHAMPUS, TriCare, or the VA (18-64)	42%
The Indian Health Service (18-64)	59%
Breast Exam Within Past Two Years	49%
No Breast Exam Within Past Two Years	45%
Mammogram Within Past Two Years (40+)	59%
No Mammogram Within Past Two Years (40+)	55%
Pap Smear Within Past Three Years	46%
No Pap Smear Within Past Three Years	39%
Blood Stool Test Within Past Two Years (50+)	65%
No Blood Stool Test Within Past Two Years (50+)	60%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	63%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	58%
PSA Test Within Past Two Years (40+)	60%
No PSA Test Within Past Two Years (40+)	53%
Had a Flu Shot in Past 12 Months (65+)	69%
Did Not Have a Flu Shot in Past 12 Months (65+)	53%
Ever Had a Pneumonia Shot (65+)	69%
Never Had a Pneumonia Shot (65+)	54%
Ever Had a Shingles Shot (50+)	64%
Never Had a Shingles Shot (50+)	59%
Previously Had Heart Attack	79%
Never Had Heart Attack	46%
Have Angina or Coronary Heart Disease	77%
Does Not Have Angina or Coronary Heart Disease	46%
Previously Had a Stroke	65%
Never Had a Stroke	47%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	57%
Never Diagnosed with Cancer	47%
Ever Diagnosed with Skin Cancer	59%
Never Diagnosed with Skin Cancer	47%

Prevalence of Watching Salt Intake for Selected Health Behaviors and Conditions, 2011-2014

	Watching Salt Intake
Uses Sun Block Most of the Time	53%
Does Not Use Sun Block Most of the Time	45%
Current Asthma	50%
Former Asthma	48%
Never Had Asthma	48%
Ever Diagnosed with Arthritis	60%
Never Diagnosed with Arthritis	43%
Ever Diagnosed with COPD	58%
Never Diagnosed with COPD	47%
Ever Diagnosed with Depression	47%
Never Diagnosed with Depression	48%
Ever Diagnosed with Kidney Disease	72%
Never Diagnosed with Kidney Disease	47%
Has Severe Vision Impairment	70%
Does Not Have Severe Vision Impairment	47%
Recent Increased Confusion/Memory Loss	57%
No Recent Increased Confusion/Memory Loss	48%
< 6 hours of sleep	48%
6+ hours of sleep	48%
Been to the Dentist in the Past Year	47%
Hasn't Been to the Dentist in the Past Year	49%
Always/Almost Always Wears Seat Belt	50%
Sometimes/Seldom/Never Wears Seat Belt	37%
Drank Alcohol in Past 30 Days	45%
Did Not Drink Alcohol in Past 30 Days	52%
Binge Drinker	37%
Not a Binge Drinker	50%
Heavy Drinker	42%
Not a Heavy Drinker	48%
Good/Very Good/Excellent Health Status	46%
Fair/Poor Health Status	61%
Physical Health Not Good for 0-29 Days of the Past 30	46%
Physical Health Not Good for 30 Days of the Past 30	67%
Mental Health Not Good for 0-19 Days of the Past 30	48%
Mental Health Not Good for 20-30 Days of the Past 30	47%
Usual Activities Unattainable for 0-9 Days of the Past 30	47%
Usual Activities Unattainable for 10-30 Days of the Past 30	62%
Has Physical, Mental, or Emotional Problems	60%
Does Not Have Physical, Mental, or Emotional Problems	45%
Has a Disability with Special Equipment Needed	64%
Does Not Have a Disability with Special Equipment Needed	46%
Injured in a Fall in Past 12 Months (45+)	69%
Not Injured in a Fall in Past 12 Months (45+)	58%
Ever Been Tested for HIV	46%
Never Been Tested for HIV	48%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2014