

The following table shows the percent of those who report their physical health is not good for 30 days of the past 30 days for various health behaviors and conditions. For example, 14 percent of respondents who have ever been diagnosed with cancer (excluding skin cancer) report their physical health is not good for 30 days of the past 30 days, while five percent of respondents who have never been diagnosed with cancer (excluding skin cancer) report their physical health is not good for 30 days of the past 30 days.

Physical Health Not Good for 30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2014

	Physical Health Not Good for 30 Days of the Past 30
Underweight (BMI < 18.5)	8%
Recommended Weight (BMI = 18.5-24.9)	5%
Overweight (BMI = 25.0-29.9)	5%
Obese - Class I (BMI = 30.0-34.9)	7%
Obese - Classes II & III (BMI = 35.0+)	9%
Participates in Leisure Time Exercise	4%
Does Not Participate in Leisure Time Exercise	11%
Watching Salt Intake	8%
Not Watching Salt Intake	4%
Current Smoker	8%
Former Smoker	7%
Never Smoked	4%
Uses Smokeless Tobacco	4%
Does Not Use Smokeless Tobacco	6%
Heard of "South Dakota Quitline"	5%
Not Heard of "South Dakota Quitline"	7%
Ever Diagnosed with Diabetes	14%
Never Diagnosed with Diabetes	5%
Has High Blood Pressure	10%
Does Not Have High Blood Pressure	4%
Has Health Insurance (18-64)	4%
Does Not Have Health Insurance (18-64)	4%
Employer Based Coverage (18-64)	3%
Private Health Plan (18-64)	2%
Medicare (18-64)	26%
Medicaid or Medical Assistance (18-64)	11%
The military, CHAMPUS, TriCare, or the VA (18-64)	9%
The Indian Health Service (18-64)	7%
Breast Exam Within Past Two Years	5%
No Breast Exam Within Past Two Years	7%
Mammogram Within Past Two Years (40+)	7%
No Mammogram Within Past Two Years (40+)	10%
Pap Smear Within Past Three Years	4%
No Pap Smear Within Past Three Years	7%
Blood Stool Test Within Past Two Years (50+)	11%
No Blood Stool Test Within Past Two Years (50+)	8%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	9%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	8%
PSA Test Within Past Two Years (40+)	9%
No PSA Test Within Past Two Years (40+)	6%
Had a Flu Shot in Past 12 Months (65+)	11%
Did Not Have a Flu Shot in Past 12 Months (65+)	10%
Ever Had a Pneumonia Shot (65+)	12%
Never Had a Pneumonia Shot (65+)	7%
Ever Had a Shingles Shot (50+)	9%
Never Had a Shingles Shot (50+)	8%

Physical Health Not Good for 30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2014

	Physical Health Not Good for 30 Days of the Past 30
Previously Had Heart Attack	18%
Never Had Heart Attack	5%
Have Angina or Coronary Heart Disease	22%
Does Not Have Angina or Coronary Heart Disease	5%
Previously Had a Stroke	21%
Never Had a Stroke	5%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	14%
Never Diagnosed with Cancer	5%
Ever Diagnosed with Skin Cancer	9%
Never Diagnosed with Skin Cancer	5%
Uses Sun Block Most of the Time	4%
Does Not Use Sun Block Most of the Time	5%
Current Asthma	13%
Former Asthma	6%
Never Had Asthma	5%
Ever Diagnosed with Arthritis	14%
Never Diagnosed with Arthritis	3%
Ever Diagnosed with COPD	24%
Never Diagnosed with COPD	4%
Ever Diagnosed with Depression	12%
Never Diagnosed with Depression	4%
Ever Diagnosed with Kidney Disease	20%
Never Diagnosed with Kidney Disease	5%
Has Severe Vision Impairment	23%
Does Not Have Severe Vision Impairment	5%
Recent Increased Confusion/Memory Loss	22%
No Recent Increased Confusion/Memory Loss	5%
< 6 hours of sleep	15%
6+ hours of sleep	4%
Been to the Dentist in the Past Year	5%
Hasn't Been to the Dentist in the Past Year	8%
Always/Almost Always Wears Seat Belt	5%
Sometimes/Seldom/Never Wears Seat Belt	6%
Drank Alcohol in Past 30 Days	3%
Did Not Drink Alcohol in Past 30 Days	9%
Binge Drinker	3%
Not a Binge Drinker	6%
Heavy Drinker	4%
Not a Heavy Drinker	6%
Good/Very Good/Excellent Health Status	2%
Fair/Poor Health Status	28%
Mental Health Not Good for 0-19 Days of the Past 30	4%
Mental Health Not Good for 20-30 Days of the Past 30	25%
Usual Activities Unattainable for 0-9 Days of the Past 30	3%
Usual Activities Unattainable for 10-30 Days of the Past 30	45%
Has Physical, Mental, or Emotional Problems	20%
Does Not Have Physical, Mental, or Emotional Problems	2%
Has a Disability with Special Equipment Needed	32%
Does Not Have a Disability with Special Equipment Needed	3%
Injured in a Fall in Past 12 Months (45+)	25%
Not Injured in a Fall in Past 12 Months (45+)	6%
Ever Been Tested for HIV	6%
Never Been Tested for HIV	5%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2014