

The following table shows the percent of those who are heavy drinkers for various health behaviors and conditions. For example, 13 percent of respondents who use smokeless tobacco are heavy drinkers, while five percent of respondents who do not use smokeless tobacco are heavy drinkers.

Prevalence of Heavy Drinking for Selected Health Behaviors and Conditions, 2011-2014

	Heavy Drinker
Underweight (BMI < 18.5)	4%
Recommended Weight (BMI = 18.5-24.9)	6%
Overweight (BMI = 25.0-29.9)	6%
Obese - Class I (BMI = 30.0-34.9)	5%
Obese - Classes II & III (BMI = 35.0+)	5%
Watching Salt Intake	4%
Not Watching Salt Intake	5%
Participates in Leisure Time Exercise	5%
Does Not Participate in Leisure Time Exercise	6%
Current Smoker	12%
Former Smoker	5%
Never Smoked	3%
Uses Smokeless Tobacco	13%
Does Not Use Smokeless Tobacco	5%
Heard of "South Dakota Quitline"	5%
Not Heard of "South Dakota Quitline"	3%
Ever Diagnosed with Diabetes	3%
Never Diagnosed with Diabetes	6%
Has High Blood Pressure	6%
Does Not Have High Blood Pressure	5%
Has Health Insurance (18-64)	6%
Does Not Have Health Insurance (18-64)	7%
Employer Based Coverage (18-64)	5%
Private Health Plan (18-64)	6%
Medicare (18-64)	6%
Medicaid or Medical Assistance (18-64)	2%
The military, CHAMPUS, TriCare, or the VA (18-64)	6%
The Indian Health Service (18-64)	9%
Breast Exam Within Past Two Years	5%
No Breast Exam Within Past Two Years	5%
Mammogram Within Past Two Years (40+)	4%
No Mammogram Within Past Two Years (40+)	5%
Pap Smear Within Past Three Years	5%
No Pap Smear Within Past Three Years	6%
Blood Stool Test Within Past Two Years (50+)	5%
No Blood Stool Test Within Past Two Years (50+)	5%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	4%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	6%
PSA Test Within Past Two Years (40+)	4%
No PSA Test Within Past Two Years (40+)	7%
Had a Flu Shot in Past 12 Months (65+)	2%
Did Not Have a Flu Shot in Past 12 Months (65+)	4%
Ever Had a Pneumonia Shot (65+)	2%
Never Had a Pneumonia Shot (65+)	4%
Ever Had a Shingles Shot (50+)	3%
Never Had a Shingles Shot (50+)	6%
Previously Had Heart Attack	5%
Never Had Heart Attack	6%
Have Angina or Coronary Heart Disease	5%
Does Not Have Angina or Coronary Heart Disease	6%

Prevalence of Heavy Drinking for Selected Health Behaviors and Conditions, 2011-2014

	Heavy Drinker
Previously Had a Stroke	2%
Never Had a Stroke	6%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	3%
Never Diagnosed with Cancer	6%
Ever Diagnosed with Skin Cancer	5%
Never Diagnosed with Skin Cancer	6%
Uses Sun Block Most of the Time	4%
Does Not Use Sun Block Most of the Time	5%
Current Asthma	6%
Former Asthma	6%
Never Had Asthma	5%
Ever Diagnosed with Arthritis	5%
Never Diagnosed with Arthritis	6%
Ever Diagnosed with COPD	7%
Never Diagnosed with COPD	5%
Ever Diagnosed with Depression	6%
Never Diagnosed with Depression	5%
Ever Diagnosed with Kidney Disease	3%
Never Diagnosed with Kidney Disease	6%
Has Severe Vision Impairment	7%
Does Not Have Severe Vision Impairment	5%
Recent Increased Confusion/Memory Loss	6%
No Recent Increased Confusion/Memory Loss	5%
< 6 hours of sleep	7%
6+ hours of sleep	5%
Been to the Dentist in the Past Year	5%
Hasn't Been to the Dentist in the Past Year	7%
Always/Almost Always Wears Seat Belt	5%
Sometimes/Seldom/Never Wears Seat Belt	10%
Drank Alcohol in Past 30 Days	10%
Did Not Drink Alcohol in Past 30 Days	0%
Binge Drinker	23%
Not a Binge Drinker	1%
Good/Very Good/Excellent Health Status	6%
Fair/Poor Health Status	5%
Physical Health Not Good for 0-29 Days of the Past 30	6%
Physical Health Not Good for 30 Days of the Past 30	5%
Mental Health Not Good for 0-19 Days of the Past 30	5%
Mental Health Not Good for 20-30 Days of the Past 30	9%
Usual Activities Unattainable for 0-9 Days of the Past 30	5%
Usual Activities Unattainable for 10-30 Days of the Past 30	6%
Has Physical, Mental, or Emotional Problems	5%
Does Not Have Physical, Mental, or Emotional Problems	6%
Has a Disability with Special Equipment Needed	4%
Does Not Have a Disability with Special Equipment Needed	6%
Injured in a Fall in Past 12 Months (45+)	7%
Not Injured in a Fall in Past 12 Months (45+)	5%
Ever Been Tested for HIV	7%
Never Been Tested for HIV	5%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2014