

The following table shows the percent of those who have fair or poor health for various health behaviors and conditions. For example, 28 percent of respondents who have arthritis have fair or poor health, while nine percent of respondents who do not have arthritis have fair or poor health.

**Fair or Poor Health Status for Selected Health Behaviors and Conditions, 2011-2014**

	<b>Fair/Poor Health Status</b>
Underweight (BMI < 18.5)	17%
Recommended Weight (BMI = 18.5-24.9)	10%
Overweight (BMI = 25.0-29.9)	12%
Obese - Class I (BMI = 30.0-34.9)	16%
Obese - Classes II & III (BMI = 35.0+)	26%
Participates in Leisure Time Exercise	10%
Does Not Participate in Leisure Time Exercise	24%
Watching Salt Intake	18%
Not Watching Salt Intake	10%
Current Smoker	20%
Former Smoker	17%
Never Smoked	9%
Uses Smokeless Tobacco	13%
Does Not Use Smokeless Tobacco	14%
Heard of "South Dakota Quitline"	12%
Not Heard of "South Dakota Quitline"	16%
Ever Diagnosed with Diabetes	38%
Never Diagnosed with Diabetes	11%
Has High Blood Pressure	24%
Does Not Have High Blood Pressure	9%
Has Health Insurance (18-64)	10%
Does Not Have Health Insurance (18-64)	16%
Employer Based Coverage (18-64)	7%
Private Health Plan (18-64)	5%
Medicare (18-64)	46%
Medicaid or Medical Assistance (18-64)	29%
The military, CHAMPUS, TriCare, or the VA (18-64)	18%
The Indian Health Service (18-64)	17%
Breast Exam Within Past Two Years	12%
No Breast Exam Within Past Two Years	17%
Mammogram Within Past Two Years (40+)	15%
No Mammogram Within Past Two Years (40+)	21%
Pap Smear Within Past Three Years	10%
No Pap Smear Within Past Three Years	15%
Blood Stool Test Within Past Two Years (50+)	24%
No Blood Stool Test Within Past Two Years (50+)	18%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	19%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	19%
PSA Test Within Past Two Years (40+)	18%
No PSA Test Within Past Two Years (40+)	16%
Had a Flu Shot in Past 12 Months (65+)	24%
Did Not Have a Flu Shot in Past 12 Months (65+)	19%
Ever Had a Pneumonia Shot (65+)	25%
Never Had a Pneumonia Shot (65+)	16%
Ever Had a Shingles Shot (50+)	20%
Never Had a Shingles Shot (50+)	19%
Previously Had Heart Attack	40%
Never Had Heart Attack	12%

**Fair or Poor Health Status for Selected Health Behaviors and Conditions, 2011-2014**

	<b>Fair/Poor Health Status</b>
Have Angina or Coronary Heart Disease	44%
Does Not Have Angina or Coronary Heart Disease	12%
Previously Had a Stroke	47%
Never Had a Stroke	13%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	30%
Never Diagnosed with Cancer	12%
Ever Diagnosed with Skin Cancer	23%
Never Diagnosed with Skin Cancer	13%
Uses Sun Block Most of the Time	11%
Does Not Use Sun Block Most of the Time	13%
Current Asthma	31%
Former Asthma	13%
Never Had Asthma	12%
Ever Diagnosed with Arthritis	28%
Never Diagnosed with Arthritis	9%
Ever Diagnosed with COPD	52%
Never Diagnosed with COPD	11%
Ever Diagnosed with Depression	28%
Never Diagnosed with Depression	11%
Ever Diagnosed with Kidney Disease	43%
Never Diagnosed with Kidney Disease	13%
Has Severe Vision Impairment	45%
Does Not Have Severe Vision Impairment	12%
Recent Increased Confusion/Memory Loss	46%
No Recent Increased Confusion/Memory Loss	12%
< 6 hours of sleep	29%
6+ hours of sleep	12%
Been to the Dentist in the Past Year	10%
Hasn't Been to the Dentist in the Past Year	21%
Always/Almost Always Wears Seat Belt	13%
Sometimes/Seldom/Never Wears Seat Belt	16%
Drank Alcohol in Past 30 Days	9%
Did Not Drink Alcohol in Past 30 Days	20%
Binge Drinker	8%
Not a Binge Drinker	15%
Heavy Drinker	11%
Not a Heavy Drinker	14%
Physical Health Not Good for 0-29 Days of the Past 30	10%
Physical Health Not Good for 30 Days of the Past 30	67%
Mental Health Not Good for 0-19 Days of the Past 30	11%
Mental Health Not Good for 20-30 Days of the Past 30	45%
Usual Activities Unattainable for 0-9 Days of the Past 30	10%
Usual Activities Unattainable for 10-30 Days of the Past 30	60%
Has Physical, Mental, or Emotional Problems	39%
Does Not Have Physical, Mental, or Emotional Problems	7%
Has a Disability with Special Equipment Needed	47%
Does Not Have a Disability with Special Equipment Needed	11%
Injured in a Fall in Past 12 Months (45+)	34%
Not Injured in a Fall in Past 12 Months (45+)	16%
Ever Been Tested for HIV	14%
Never Been Tested for HIV	13%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2014