

The following table shows the percent of those who have depression for various health behaviors and conditions. For example, 25 percent of respondents who currently smoke have depression, while 12 percent of respondents who have never smoked have depression.

**Prevalence of Depression for Selected Health Behaviors and Conditions, 2011-2014**

	<b>Ever Diagnosed with Depression</b>
Underweight (BMI < 18.5)	21%
Recommended Weight (BMI = 18.5-24.9)	15%
Overweight (BMI = 25.0-29.9)	13%
Obese - Class I (BMI = 30.0-34.9)	16%
Obese - Classes II & III (BMI = 35.0+)	26%
Watching Salt Intake	17%
Not Watching Salt Intake	18%
Participates in Leisure Time Exercise	14%
Does Not Participate in Leisure Time Exercise	20%
Current Smoker	25%
Former Smoker	16%
Never Smoked	12%
Uses Smokeless Tobacco	16%
Does Not Use Smokeless Tobacco	16%
Heard of "South Dakota Quitline"	17%
Not Heard of "South Dakota Quitline"	11%
Ever Diagnosed with Diabetes	22%
Never Diagnosed with Diabetes	15%
Has High Blood Pressure	18%
Does Not Have High Blood Pressure	15%
Has Health Insurance (18-64)	16%
Does Not Have Health Insurance (18-64)	23%
Employer Based Coverage (18-64)	14%
Private Health Plan (18-64)	10%
Medicare (18-64)	46%
Medicaid or Medical Assistance (18-64)	32%
The military, CHAMPUS, TriCare, or the VA (18-64)	27%
The Indian Health Service (18-64)	17%
Breast Exam Within Past Two Years	20%
No Breast Exam Within Past Two Years	22%
Mammogram Within Past Two Years (40+)	18%
No Mammogram Within Past Two Years (40+)	21%
Pap Smear Within Past Three Years	21%
No Pap Smear Within Past Three Years	16%
Blood Stool Test Within Past Two Years (50+)	18%
No Blood Stool Test Within Past Two Years (50+)	14%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	15%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	14%
PSA Test Within Past Two Years (40+)	11%
No PSA Test Within Past Two Years (40+)	11%
Had a Flu Shot in Past 12 Months (65+)	13%
Did Not Have a Flu Shot in Past 12 Months (65+)	11%
Ever Had a Pneumonia Shot (65+)	13%
Never Had a Pneumonia Shot (65+)	10%
Ever Had a Shingles Shot (50+)	12%
Never Had a Shingles Shot (50+)	15%
Previously Had Heart Attack	20%
Never Had Heart Attack	15%



**Prevalence of Depression for Selected Health Behaviors and Conditions, 2011-2014**

	<b>Ever Diagnosed with Depression</b>
Have Angina or Coronary Heart Disease	23%
Does Not Have Angina or Coronary Heart Disease	15%
Previously Had a Stroke	26%
Never Had a Stroke	15%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	22%
Never Diagnosed with Cancer	15%
Ever Diagnosed with Skin Cancer	16%
Never Diagnosed with Skin Cancer	16%
Uses Sun Block Most of the Time	15%
Does Not Use Sun Block Most of the Time	16%
Current Asthma	31%
Former Asthma	24%
Never Had Asthma	14%
Ever Diagnosed with Arthritis	25%
Never Diagnosed with Arthritis	13%
Ever Diagnosed with COPD	36%
Never Diagnosed with COPD	15%
Ever Diagnosed with Kidney Disease	31%
Never Diagnosed with Kidney Disease	15%
Has Severe Vision Impairment	33%
Does Not Have Severe Vision Impairment	15%
Recent Increased Confusion/Memory Loss	48%
No Recent Increased Confusion/Memory Loss	14%
< 6 hours of sleep	30%
6+ hours of sleep	14%
Been to the Dentist in the Past Year	14%
Hasn't Been to the Dentist in the Past Year	21%
Always/Almost Always Wears Seat Belt	16%
Sometimes/Seldom/Never Wears Seat Belt	16%
Drank Alcohol in Past 30 Days	14%
Did Not Drink Alcohol in Past 30 Days	19%
Binge Drinker	14%
Not a Binge Drinker	16%
Heavy Drinker	18%
Not a Heavy Drinker	16%
Good/Very Good/Excellent Health Status	13%
Fair/Poor Health Status	32%
Physical Health Not Good for 0-29 Days of the Past 30	14%
Physical Health Not Good for 30 Days of the Past 30	34%
Mental Health Not Good for 0-19 Days of the Past 30	13%
Mental Health Not Good for 20-30 Days of the Past 30	58%
Usual Activities Unattainable for 0-9 Days of the Past 30	13%
Usual Activities Unattainable for 10-30 Days of the Past 30	48%
Has Physical, Mental, or Emotional Problems	31%
Does Not Have Physical, Mental, or Emotional Problems	12%
Has a Disability with Special Equipment Needed	32%
Does Not Have a Disability with Special Equipment Needed	14%
Injured in a Fall in Past 12 Months (45+)	33%
Not Injured in a Fall in Past 12 Months (45+)	13%
Ever Been Tested for HIV	24%
Never Been Tested for HIV	13%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2014