

# Physical Activity

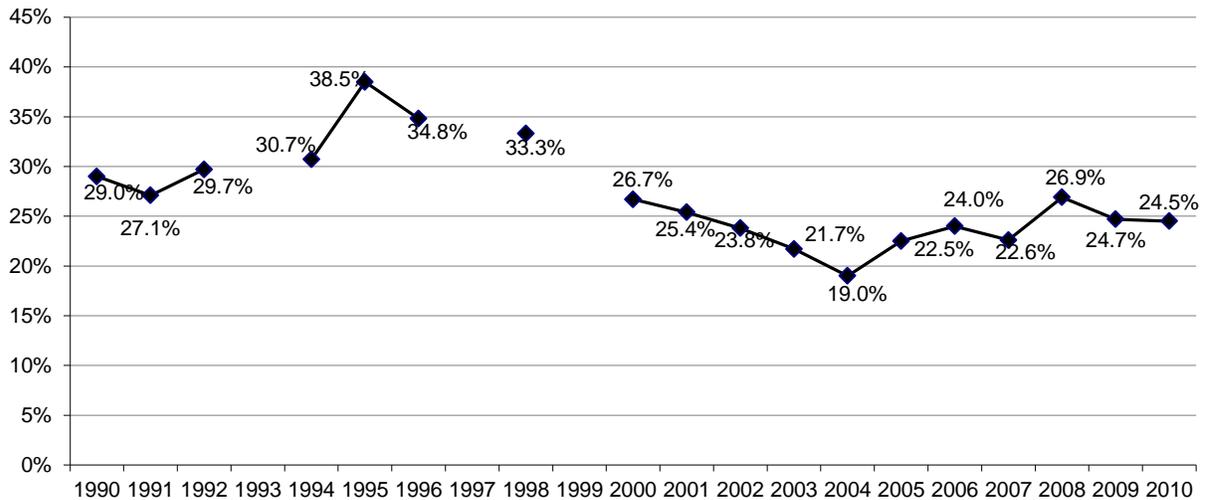
## NO LEISURE TIME PHYSICAL ACTIVITY

**Definition:** Respondents who report no leisure time physical activity or exercise during the past 30 days other than the respondent's regular job.

### Prevalence of No Leisure Time Physical Activity

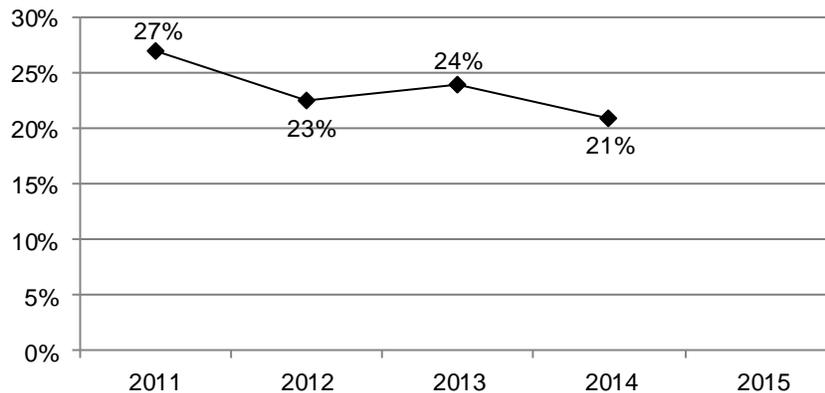
- South Dakota 21%

**Figure 7**  
**Percent of Respondents Who Reported No Leisure Time Physical Activity, 1990-1992, 1994-1996, 1998, and 2000-2010**



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 1990-1992, 1994-1996, 1998 and 2000-2010

**Figure 8**  
**Percent of Respondents Who Reported No Leisure Time Physical Activity, 2011-2014**



Note: Beginning in 2011, the CDC began using a different methodology to weight the data, therefore current data estimates cannot be compared to previous years.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2014

**Table 7**  
**Respondents Who Reported No Leisure Time Physical Activity, 2011-2014**

		2011-2014	2011	2012	2013	2014
<b>Total</b>		<b>24%</b>	<b>27%</b>	<b>23%</b>	<b>24%</b>	<b>21%</b>
<b>Gender</b>	Male	25%	29%	24%	26%	20%
	Female	22%	25%	21%	22%	23%
<b>Age</b>	18-24	14%	*	*	*	*
	25-34	19%	*	*	*	*
	35-44	22%	*	*	*	*
	45-54	24%	*	*	*	*
	55-64	26%	30%	29%	*	22%
	65-74	30%	*	*	*	*
<b>Race</b>	White	23%	26%	22%	24%	21%
	American Indian	24%	*	*	*	*
<b>Ethnicity</b>	Hispanic	22%	*	*	*	*
	Non-Hispanic	24%	27%	23%	24%	21%
<b>Household Income</b>	Less than \$25,000	30%	33%	31%	*	27%
	\$25,000-\$49,999	26%	31%	24%	26%	24%
	\$50,000+	17%	20%	16%	19%	14%
<b>Education</b>	Less than High School, G.E.D.	37%	*	*	*	*
	High School, G.E.D.	29%	32%	29%	29%	26%
	Some Post-High School	21%	26%	17%	22%	19%
	College Graduate	14%	18%	13%	14%	12%
<b>Employment Status</b>	Employed for Wages	21%	23%	19%	22%	18%
	Self-employed	30%	*	*	*	*
	Unemployed	23%	*	*	*	*
	Homemaker	22%	*	*	*	*
	Student	9%	*	*	*	*
	Retired	28%	30%	31%	25%	25%
<b>Marital Status</b>	Unable to Work	42%	*	*	*	*
	Married/Unmarried Couple	23%	27%	21%	23%	20%
	Divorced/Separated	27%	*	*	*	*
	Widowed	35%	*	*	*	*
<b>Home Ownership Status</b>	Never Married	21%	*	*	*	*
	Own Home	23%	27%	23%	24%	19%
<b>Children Status</b>	Rent Home	26%	30%	22%	*	26%
	Children in Household (Ages 18-44)	19%	*	15%	*	*
<b>Phone Status</b>	No Children in Household (Ages 18-44)	17%	*	*	*	*
	Landline	25%	27%	25%	26%	22%
<b>Pregnancy Status</b>	Cell Phone	21%	*	19%	22%	21%
	Pregnant (Ages 18-44)	22%	*	*	*	*
<b>County</b>	Not Pregnant (Ages 18-44)	17%	*	*	*	*
	Minnehaha	23%	*	*	*	*
	Pennington	22%	*	*	*	*
	Lincoln	20%	*	*	*	*
	Brown	24%	*	*	*	*
	Brookings	18%	*	*	*	*
	Codington	25%	*	*	*	*
	Meade	21%	*	*	*	*
Lawrence	18%	*	*	*	*	

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2014