

The following table shows the percent of those who are overweight (BMI 25+) for various health behaviors and conditions. For example, 87 percent of respondents who have ever been diagnosed with diabetes are overweight, while 64 percent of respondents who have never been diagnosed with diabetes are overweight.

Overweight Prevalence for Selected Health Behaviors and Conditions, 2011-2014

	Overweight (BMI = 25+)
Participates in Leisure Time Exercise	64%
Does Not Participate in Leisure Time Exercise	71%
Watching Salt Intake	71%
Not Watching Salt Intake	60%
Current Smoker	60%
Former Smoker	74%
Never Smoked	64%
Uses Smokeless Tobacco	75%
Does Not Use Smokeless Tobacco	65%
Heard of "South Dakota Quitline"	66%
Not Heard of "South Dakota Quitline"	69%
Ever Diagnosed with Diabetes	87%
Never Diagnosed with Diabetes	64%
Has High Blood Pressure	81%
Does Not Have High Blood Pressure	59%
Has Health Insurance (18-64)	66%
Does Not Have Health Insurance (18-64)	63%
Employer Based Coverage (18-64)	66%
Private Health Plan (18-64)	64%
Medicare (18-64)	73%
Medicaid or Medical Assistance (18-64)	63%
The military, CHAMPUS, TriCare, or the VA (18-64)	68%
The Indian Health Service (18-64)	74%
Breast Exam Within Past Two Years	60%
No Breast Exam Within Past Two Years	56%
Mammogram Within Past Two Years (40+)	65%
No Mammogram Within Past Two Years (40+)	58%
Pap Smear Within Past Three Years	57%
No Pap Smear Within Past Three Years	50%
Blood Stool Test Within Past Two Years (50+)	74%
No Blood Stool Test Within Past Two Years (50+)	71%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	72%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	71%
PSA Test Within Past Two Years (40+)	80%
No PSA Test Within Past Two Years (40+)	78%
Had a Flu Shot in Past 12 Months (65+)	72%
Did Not Have a Flu Shot in Past 12 Months (65+)	66%
Ever Had a Pneumonia Shot (65+)	71%
Never Had a Pneumonia Shot (65+)	67%
Ever Had a Shingles Shot (50+)	70%
Never Had a Shingles Shot (50+)	73%
Previously Had Heart Attack	77%
Never Had Heart Attack	65%
Have Angina or Coronary Heart Disease	78%
Does Not Have Angina or Coronary Heart Disease	65%
Previously Had a Stroke	71%
Never Had a Stroke	65%

Overweight Prevalence for Selected Health Behaviors and Conditions, 2011-2014

	Overweight (BMI = 25+)
Ever Diagnosed with Cancer (Excluding Skin Cancer)	68%
Never Diagnosed with Cancer	66%
Ever Diagnosed with Skin Cancer	69%
Never Diagnosed with Skin Cancer	65%
Uses Sun Block Most of the Time	62%
Does Not Use Sun Block Most of the Time	67%
Current Asthma	72%
Former Asthma	63%
Never Had Asthma	65%
Ever Diagnosed with Arthritis	75%
Never Diagnosed with Arthritis	62%
Ever Diagnosed with COPD	68%
Never Diagnosed with COPD	66%
Ever Diagnosed with Depression	68%
Never Diagnosed with Depression	65%
Ever Diagnosed with Kidney Disease	78%
Never Diagnosed with Kidney Disease	65%
Has Severe Vision Impairment	67%
Does Not Have Severe Vision Impairment	66%
Recent Increased Confusion/Memory Loss	70%
No Recent Increased Confusion/Memory Loss	67%
< 6 hours of sleep	67%
6+ hours of sleep	66%
Been to the Dentist in the Past Year	65%
Hasn't Been to the Dentist in the Past Year	67%
Always/Almost Always Wears Seat Belt	65%
Sometimes/Seldom/Never Wears Seat Belt	70%
Drank Alcohol in Past 30 Days	66%
Did Not Drink Alcohol in Past 30 Days	66%
Binge Drinker	65%
Not a Binge Drinker	66%
Heavy Drinker	61%
Not a Heavy Drinker	66%
Good/Very Good/Excellent Health Status	64%
Fair/Poor Health Status	73%
Physical Health Not Good for 0-29 Days of the Past 30	65%
Physical Health Not Good for 30 Days of the Past 30	70%
Mental Health Not Good for 0-19 Days of the Past 30	66%
Mental Health Not Good for 20-30 Days of the Past 30	65%
Usual Activities Unattainable for 0-9 Days of the Past 30	65%
Usual Activities Unattainable for 10-30 Days of the Past 30	70%
Has Physical, Mental, or Emotional Problems	72%
Does Not Have Physical, Mental, or Emotional Problems	64%
Has a Disability with Special Equipment Needed	73%
Does Not Have a Disability with Special Equipment Needed	65%
Injured in a Fall in Past 12 Months (45+)	73%
Not Injured in a Fall in Past 12 Months (45+)	71%
Ever Been Tested for HIV	65%
Never Been Tested for HIV	66%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2014