

# Television Viewing

**Definition:** Respondents who answered “2 or more hours per day” to the question “On an average week day, how many hours do you watch TV?”

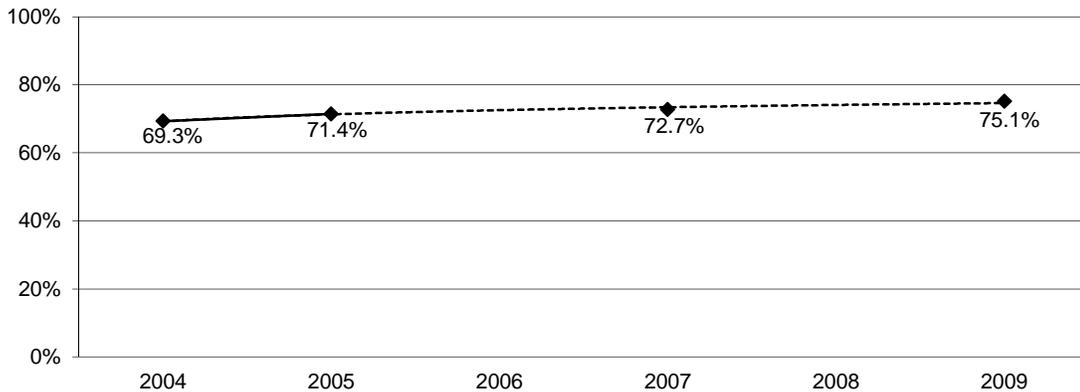
## Prevalence of Two or More Hours of TV Watched Per Day

- South Dakota 74%
- There is no nationwide median for two or more hours of TV watched per day.

## Healthy People 2020 Objective

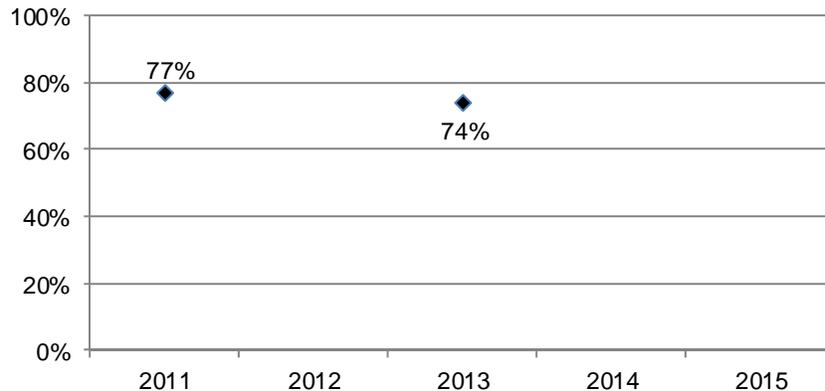
There was no stated Healthy People 2020 Objective for two or more hours of TV watched per day.

**Figure 104**  
**Respondents Who Watched Two or More Hours of TV Per Day, 2004-2005, 2007, and 2009**



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2004-2005, 2007, and 2009

**Figure 105**  
**Respondents Who Watched Two or More Hours of TV Per Day, 2011 and 2013**



Note: Beginning in 2011, the CDC began using a different methodology to weight the data, therefore current data estimates cannot be compared to previous years.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011 and 2013

<b>Table 93</b>				
<b>Respondents Who Watched Two or More Hours of TV Per Day, 2011 and 2013</b>				
		<b>2011-2013</b>	<b>2011</b>	<b>2013</b>
<b>Total</b>		<b>75%</b>	<b>77%</b>	<b>74%</b>
<b>Gender</b>	Male	76%	78%	74%
	Female	74%	75%	74%
<b>Age</b>	18-34	65%	*	*
	35-44	63%	*	*
	45-54	77%	*	*
	55-64	82%	84%	*
	65-74	90%	*	*
	75+	91%	*	*
<b>Race</b>	White	75%	77%	74%
	American Indian	82%	*	*
<b>Ethnicity</b>	Hispanic	65%	*	*
	Non-Hispanic	75%	77%	74%
<b>Household Income</b>	Less than \$15,000	76%	*	*
	\$15,000-\$24,999	82%	*	*
	\$25,000-\$34,999	78%	*	*
	\$35,000-\$49,999	79%	*	*
	\$50,000-\$74,999	73%	*	*
	\$75,000+	67%	*	*
<b>Education</b>	Less than High School, G.E.D.	78%	*	*
	High School, G.E.D.	80%	81%	78%
	Some Post-High School	76%	79%	72%
	College Graduate	66%	66%	66%
<b>Employment Status</b>	Employed for Wages	71%	72%	70%
	Self-employed	70%	*	*
	Unemployed	83%	*	*
	Homemaker	78%	*	*
	Student	55%	*	*
	Retired	92%	91%	93%
	Unable to Work	82%	*	*
<b>Marital Status</b>	Married/Unmarried Couple	75%	76%	73%
	Divorced/Separated	75%	*	*
	Widowed	90%	*	*
	Never Married	71%	*	*
<b>Home Ownership Status</b>	Own Home	75%	76%	73%
	Rent Home	80%	*	*
<b>Children Status</b>	Children in Household (Ages 18-44)	63%	*	*
	No Children in Household (Ages 18-44)	67%	*	*
<b>Phone Status</b>	Landline	78%	77%	80%
	Cell Phone	66%	-	66%
<b>Pregnancy Status</b>	Pregnant (Ages 18-44)	*	*	*
	Not Pregnant (Ages 18-44)	63%	*	*

Note: \*Results based on sample sizes less than 100 have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011 and 2013

### **Further Analysis**

The following data show the percentages of those who watched two or more hours of TV per day for various health behaviors and conditions. For example, 90 percent of respondents who have previously had a stroke watched two or more hours of TV per day, while 75 percent of respondents who have not had a stroke watched two or more hours of TV per day.

**Table 94**  
**Watched Two or More Hours of TV Per Day for Selected Health Behaviors and Conditions, 2011-2013**

<b>Health Behavior or Condition</b>	<b>% 2+ Hours TV Viewing Per Day</b>
Underweight (BMI < 18.5)	76%
Recommended (BMI = 18.5-24.9)	68%
Overweight (BMI = 25.0-29.9)	78%
Obese - Class I (BMI = 30.0-34.9)	80%
Obese - Classes II & III (BMI = 35.0+)	80%
Leisure Time Exercise	72%
No Leisure Time Exercise	83%
Met Physical Activity Recommendations	71%
Did Not Meet Physical Activity Recommendations	79%
2+ Servings of Fruit per Day	73%
< 2 Servings of Fruit per Day	76%
3+ Servings of Vegetables per Day	64%
< 3 Servings of Vegetables per Day	76%
5+ Servings of Fruits and Vegetables per Day	67%
< 5 Servings of Fruits and Vegetables per Day	76%
Current Smoker	79%
Former Smoker	81%
Never Smoked	71%
Smokeless Tobacco	77%
No Smokeless Tobacco	75%
Heard of "South Dakota QuitLine"	72%
Not Heard of "South Dakota QuitLine"	79%
Diabetes	87%
No Diabetes	74%
High Blood Pressure	84%
No High Blood Pressure	71%
High Blood Cholesterol	84%
No High Blood Cholesterol	73%
Health Insurance (18-64)	71%
No Health Insurance (18-64)	74%
Employer Based Coverage (18-64)	69%
Private Health Plan (18-64)	69%
Medicare (18-64)	79%
Medicaid or Medical Assistance (18-64)	77%
The Military, CHAMPUS, TriCare, or the VA (18-64)	80%
The Indian Health Service (18-64)	81%
Flu Shot (65+)	92%
No Flu Shot (65+)	88%
Pneumonia Shot (65+)	92%
No Pneumonia Shot (65+)	87%
Previously Had Heart Attack	88%
Never Had Heart Attack	74%
Have Angina or Coronary Heart Disease	88%
Do Not Have Angina or Coronary Heart Disease	74%
Previously Had a Stroke	90%
Never Had a Stroke	75%
Cancer	87%
No Cancer	73%
Skin Cancer	86%
No Skin Cancer	74%

**Table 94 (continued)  
Watched Two or More Hours of TV Per Day for Selected Health  
Behaviors and Conditions, 2011-2013**

<b>Health Behavior or Condition</b>	<b>% 2+ Hours TV Viewing Per Day</b>
Current Asthma	77%
Former Asthma	75%
Never Had Asthma	75%
Arthritis	86%
No Arthritis	71%
COPD	86%
No COPD	74%
Depression	77%
No Depression	75%
Kidney Disease	88%
No Kidney Disease	75%
Severe Vision Impairment	79%
No Severe Vision Impairment	73%
Recent Increased Confusion/Memory Loss	79%
No Recent Increased Confusion/Memory Loss	73%
< 6 Hours of Sleep	69%
6+ Hours of Sleep	74%
Always/Almost Always Wear Seat Belt	74%
Sometimes/Seldom/Never Wear Seat Belt	80%
Drank Alcohol in Past 30 Days	74%
Did Not Drink Alcohol in Past 30 Days	77%
Binge Drinker	73%
Not a Binge Drinker	76%
Heavy Drinker	77%
Not a Heavy Drinker	75%
Good/Very Good/Excellent Health Status	74%
Fair/Poor Health Status	85%
Physical Health Not Good for 0-29 Days of the Past 30	74%
Physical Health Not Good for 30 Days of the Past 30	84%
Mental Health Not Good for 0-19 Days of the Past 30	75%
Mental Health Not Good for 20-30 Days of the Past 30	77%
Usual Activities Unattainable for 0-9 Days of the Past 30	75%
Usual Activities Unattainable for 10-30 Days of the Past 30	80%
Physical, Mental, or Emotional Problems	82%
No Physical, Mental, or Emotional Problems	73%
Disability with Special Equipment Needed	85%
No Disability with Special Equipment Needed	74%
Been Tested for HIV (18-64)	70%
Never Been Tested for HIV (18-64)	76%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013