

Cardiovascular Disease

PREVIOUSLY HAD A HEART ATTACK

Definition: Respondents who answered “yes” to the question: “Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?”

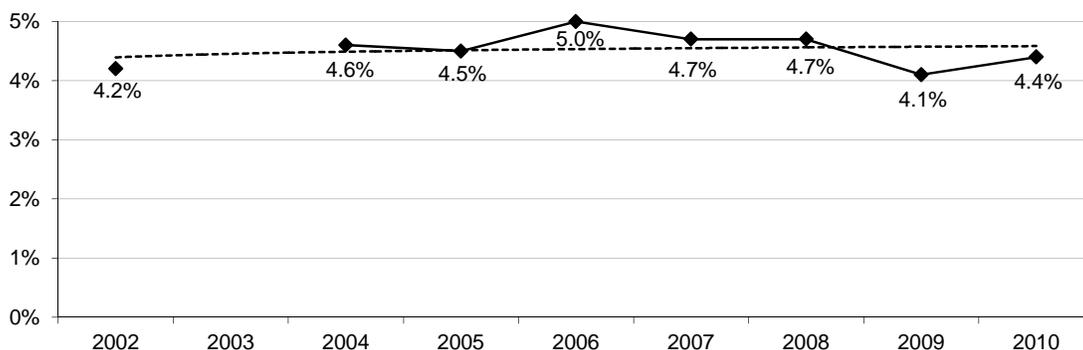
Prevalence of previously had a heart attack

- South Dakota 5%
- Nationwide median 4%

Healthy People 2020 Objective

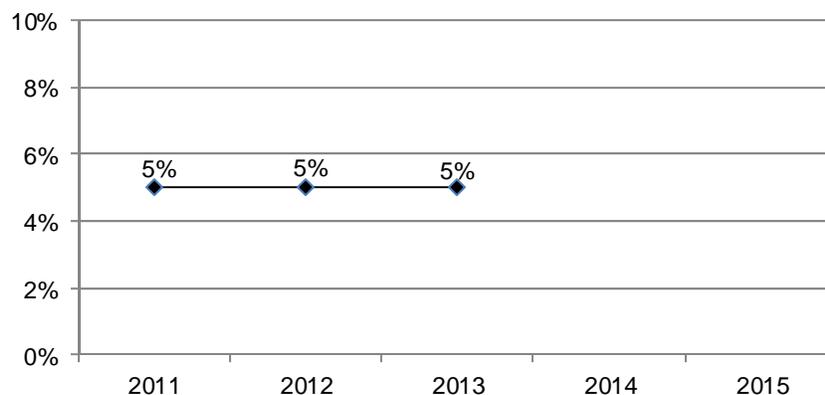
There was no comparable stated Healthy People 2020 Objective for previously had a heart attack.

Figure 43
Percent of Respondents Who Previously Had a Heart Attack, 2002, and 2004-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2002, and 2004-2010

Figure 44
Percent of Respondents Who Previously Had a Heart Attack, 2011-2013



Note: Beginning in 2011, the CDC began using a different methodology to weight the data, therefore current data estimates cannot be compared to previous years.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013

Table 41
Respondents Who Previously Had a Heart Attack, 2011-2013

		2011-2013	2011	2012	2013
Total		5%	5%	5%	5%
Gender	Male	7%	7%	7%	7%
	Female	3%	3%	2%	3%
Age	18-34	1%	*	*	*
	35-44	1%	*	*	*
	45-54	3%	*	*	*
	55-64	7%	8%	6%	*
	65-74	13%	*	*	*
75+	18%	*	*	*	
Race	White	5%	5%	5%	5%
	American Indian	6%	*	*	*
Ethnicity	Hispanic	3%	*	*	*
	Non-Hispanic	5%	5%	5%	5%
Household Income	Less than \$15,000	7%	*	*	*
	\$15,000-\$24,999	8%	*	*	*
	\$25,000-\$34,999	5%	*	*	*
	\$35,000-\$49,999	6%	*	*	*
	\$50,000-\$74,999	3%	*	*	*
	\$75,000+	3%	3%	2%	*
Education	Less than High School, G.E.D.	10%	*	*	*
	High School, G.E.D.	6%	7%	5%	6%
	Some Post-High School	4%	3%	4%	4%
	College Graduate	3%	3%	3%	4%
Employment Status	Employed for Wages	2%	2%	2%	2%
	Self-employed	4%	*	*	*
	Unemployed	5%	*	*	*
	Homemaker	2%	*	*	*
	Student	0%	*	*	*
	Retired	14%	16%	12%	14%
Unable to Work	15%	*	*	*	
Marital Status	Married/Unmarried Couple	5%	5%	4%	5%
	Divorced/Separated	7%	*	*	*
	Widowed	13%	*	*	*
	Never Married	1%	*	*	*
Home Ownership Status	Own Home	5%	5%	5%	6%
	Rent Home	4%	5%	4%	4%
Children Status	Children in Household (Ages 18-44)	1%	1%	1%	*
	No Children in Household (Ages 18-44)	1%	*	*	*
Phone Status	Landline	6%	6%	6%	7%
	Cell Phone	3%	*	3%	3%
Pregnancy Status	Pregnant (Ages 18-44)	0.3%	*	*	*
	Not Pregnant (Ages 18-44)	1%	*	*	*

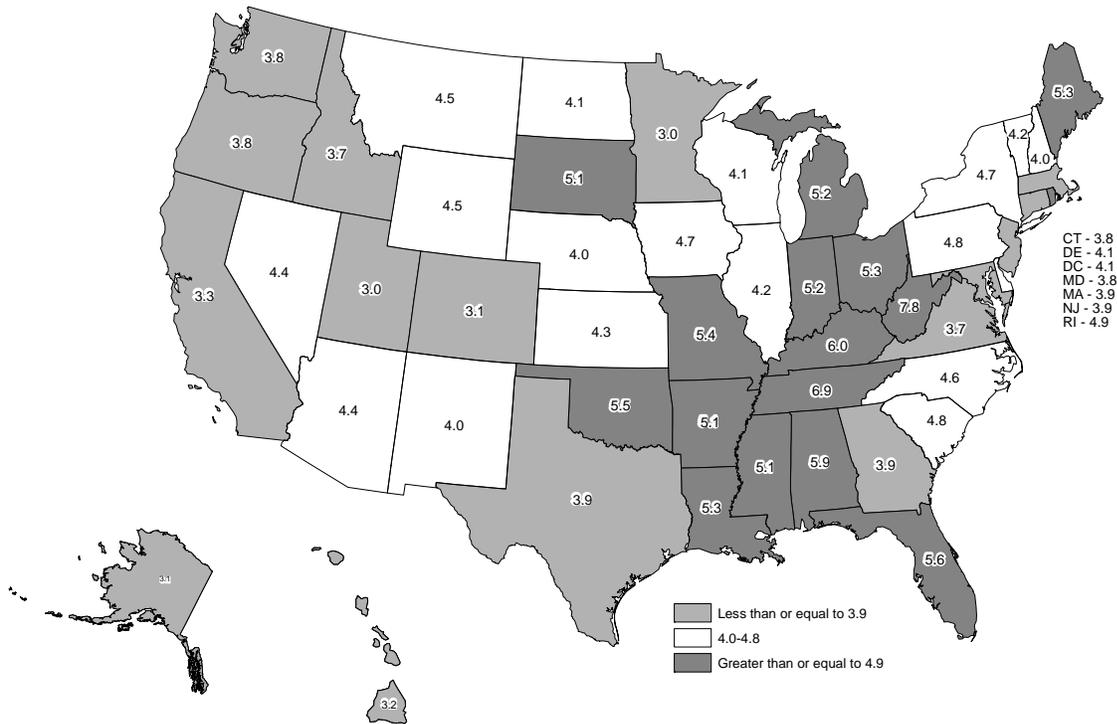
Note: *Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013

National Statistics

The national median for respondents who previously had a heart attack was 4.3 percent, as shown in Figure 45 on the next page. South Dakota had 5.1 percent of respondents who have previously had a heart attack. Minnesota and Utah had the lowest percent of respondents who previously had a heart attack with 3.0 percent, while West Virginia had the highest with 7.8 percent.

Figure 45
Nationally, Respondents Who Previously Had a Heart Attack, 2013



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013

Further Analysis

The following data show the percent of those who previously had a heart attack for various health behaviors and conditions. For example, 21 percent of respondents who have kidney disease have had a heart attack, while five percent of respondents who do not have kidney disease have had a heart attack.

Health Behavior or Condition	% Previous Heart Attack
Underweight (BMI < 18.5)	3%
Recommended (BMI = 18.5-24.9)	3%
Overweight (BMI = 25.0-29.9)	6%
Obese - Class I (BMI = 30.0-34.9)	7%
Obese - Classes II & III (BMI = 35.0+)	6%
Leisure Time Exercise	4%
No Leisure Time Exercise	7%
Met Physical Activity Recommendations	5%
Did Not Meet Physical Activity Recommendations	5%
2+ Servings of Fruit per Day	5%
< 2 Servings of Fruit per Day	5%
3+ Servings of Vegetables per Day	4%
< 3 Servings of Vegetables per Day	5%
5+ Servings of Fruits and Vegetables per Day	4%
< 5 Servings of Fruits and Vegetables per Day	5%

**Table 42 (continued)
Previously Had a Heart Attack for Selected Health Behaviors and
Conditions, 2011-2013**

Health Behavior or Condition	% Previous Heart Attack
Current Smoker	5%
Former Smoker	8%
Never Smoked	3%
Smokeless Tobacco	3%
No Smokeless Tobacco	5%
Heard of "South Dakota QuitLine"	5%
Not Heard of "South Dakota QuitLine"	7%
Diabetes	17%
No Diabetes	4%
High Blood Pressure	11%
No High Blood Pressure	2%
High Blood Cholesterol	11%
No High Blood Cholesterol	4%
Health Insurance (18-64)	2%
No Health Insurance (18-64)	2%
Employer Based Coverage (18-64)	2%
Private Health Plan (18-64)	1%
Medicare (18-64)	9%
Medicaid or Medical Assistance (18-64)	3%
The Military, CHAMPUS, TriCare, or the VA (18-64)	6%
The Indian Health Service (18-64)	3%
Flu Shot (65+)	16%
No Flu Shot (65+)	12%
Pneumonia Shot (65+)	18%
No Pneumonia Shot (65+)	9%
Have Angina or Coronary Heart Disease	51%
Do Not Have Angina or Coronary Heart Disease	3%
Previously Had a Stroke	25%
Never Had a Stroke	4%
Cancer	13%
No Cancer	4%
Skin Cancer	13%
No Skin Cancer	4%
Current Asthma	8%
Former Asthma	5%
Never Had Asthma	5%
Arthritis	10%
No Arthritis	3%
COPD	16%
No COPD	4%
Depression	7%
No Depression	5%
Kidney Disease	21%
No Kidney Disease	5%
Severe Vision Impairment	18%
No Severe Vision Impairment	5%
Recent Increased Confusion/Memory Loss	15%
No Recent Increased Confusion/Memory Loss	5%
< 6 Hours of Sleep	7%
6+ Hours of Sleep	5%

Table 42 (continued)	
Previously Had a Heart Attack for Selected Health Behaviors and Conditions, 2011-2013	
Health Behavior or Condition	% Previous Heart Attack
Always/Almost Always Wear Seat Belt	5%
Sometimes/Seldom/Never Wear Seat Belt	6%
Drank Alcohol in Past 30 Days	3%
Did Not Drink Alcohol in Past 30 Days	7%
Binge Drinker	2%
Not a Binge Drinker	6%
Heavy Drinker	4%
Not a Heavy Drinker	5%
Good/Very Good/Excellent Health Status	3%
Fair/Poor Health Status	15%
Physical Health Not Good for 0-29 Days of the Past 30	4%
Physical Health Not Good for 30 Days of the Past 30	16%
Mental Health Not Good for 0-19 Days of the Past 30	5%
Mental Health Not Good for 20-30 Days of the Past 30	6%
Usual Activities Unattainable for 0-9 Days of the Past 30	4%
Usual Activities Unattainable for 10-30 Days of the Past 30	11%
Physical, Mental, or Emotional Problems	11%
No Physical, Mental, or Emotional Problems	3%
Disability with Special Equipment Needed	17%
No Disability with Special Equipment Needed	4%
< 2 Hours of TV per Day	3%
2+ Hours of TV per Day	6%
Been Tested for HIV (18-64)	4%
Never Been Tested for HIV (18-64)	5%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013

Table 43, on the next page, displays the respondents' opinions on the signs and symptoms of a heart attack. The majority of respondents answered 'yes' when asked if chest pain or discomfort was a symptom of a heart attack.

Table 43			
Respondents' Opinions on the Signs and Symptoms of a Heart Attack , 2011-2013			
		2011	2013
Pain or discomfort in the jaw, neck, or back	Yes	64%	66%
	No	23%	21%
	Don't know/Not Sure	14%	13%
Feeling weak, lightheaded, or faint	Yes	73%	73%
	No	16%	15%
	Don't know/Not Sure	12%	12%
Chest pain or discomfort	Yes	97%	96%
	No	2%	3%
	Don't know/Not Sure	1%	1%
Sudden trouble seeing in one or both eyes	Yes	36%	34%
	No	35%	37%
	Don't know/Not Sure	29%	28%
Pain or discomfort in the arms or shoulder	Yes	91%	91%
	No	5%	5%
	Don't know/Not Sure	4%	4%
Shortness of breath	Yes	88%	90%
	No	7%	5%
	Don't know/Not Sure	5%	5%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013

The following table displays the respondents' opinions on the first thing they would do if they thought someone was having a heart attack. Over three-fourths of the respondents in both years stated they would call 911 first while between seven and eight percent stated they would take them to the hospital.

Table 44		
Respondents' Opinions on What They Would Do if They Thought Someone was Having a Heart Attack , 2011-2013		
	2011	2013
Call 911	86%	84%
Take them to the hospital	7%	8%
Do something else	6%	7%
Call their spouse or a family member	1%	1%
Tell them to call their doctor	0.4%	0.6%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013

ANGINA OR CORONARY HEART DISEASE

Definition: Respondents who answered “yes” to the question: “Has a doctor, nurse, or other health professional ever told you that you have angina or coronary heart disease?”

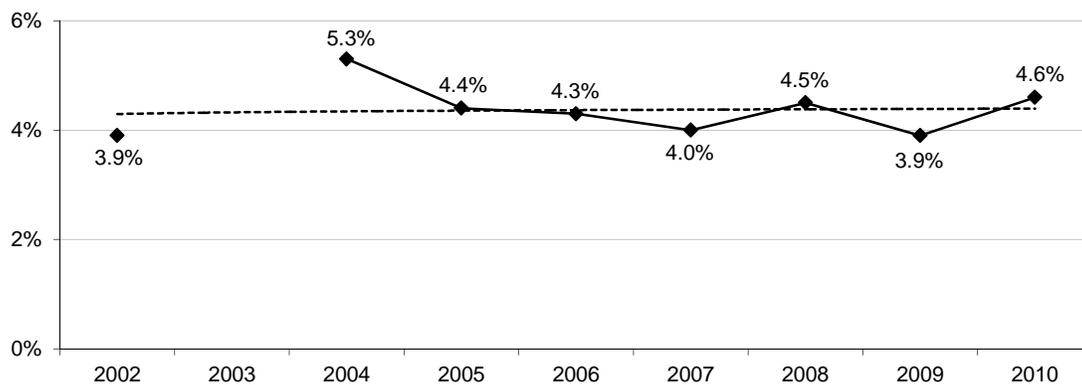
Prevalence of angina or coronary heart disease

- South Dakota 5%
- Nationwide median 4%

Healthy People 2020 Objective

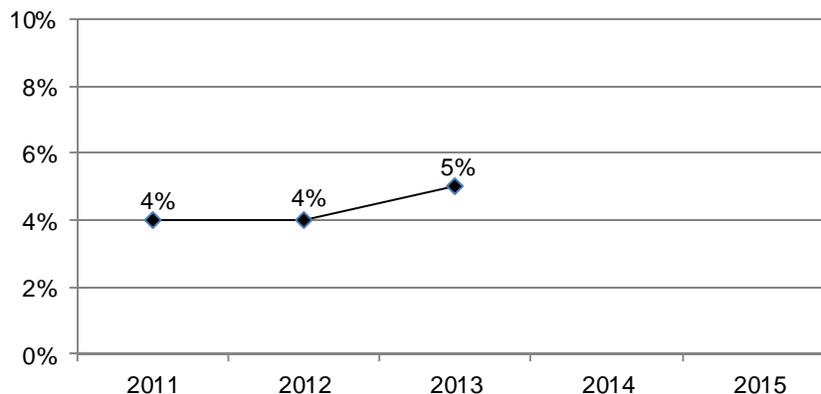
There was no comparable Healthy People 2020 Objective for having angina or coronary heart disease.

Figure 46
Percent of Respondents Who Have Angina or Coronary Heart Disease, 2002, and 2004-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2002, and 2004-2010

Figure 47
Percent of Respondents Who Have Angina or Coronary Heart Disease, 2011-2013



Note: Beginning in 2011, the CDC began using a different methodology to weight the data, therefore current data estimates cannot be compared to previous years.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013

Table 45
Respondents Who Have Angina or Coronary Artery Disease, 2011-2013

		2011-2013	2011	2012	2013
Total		4%	4%	4%	5%
Gender	Male	5%	5%	5%	6%
	Female	3%	3%	3%	4%
Age	18-34	0.3%	*	*	*
	35-44	1%	*	*	*
	45-54	3%	*	*	*
	55-64	7%	8%	6%	*
	65-74	11%	*	*	*
	75+	14%	*	*	*
Race	White	4%	4%	4%	5%
	American Indian	4%	*	*	*
Ethnicity	Hispanic	4%	*	*	*
	Non-Hispanic	4%	4%	4%	5%
Household Income	Less than \$15,000	6%	*	*	*
	\$15,000-\$24,999	6%	*	*	*
	\$25,000-\$34,999	4%	*	*	*
	\$35,000-\$49,999	6%	*	*	*
	\$50,000-\$74,999	3%	*	*	*
	\$75,000+	3%	3%	2%	*
Education	Less than High School, G.E.D.	6%	*	*	*
	High School, G.E.D.	5%	6%	5%	4%
	Some Post-High School	4%	3%	3%	5%
	College Graduate	3%	3%	4%	2%
Employment Status	Employed for Wages	2%	2%	2%	2%
	Self-employed	3%	*	*	*
	Unemployed	3%	*	*	*
	Homemaker	1%	*	*	*
	Student	0.3%	*	*	*
	Retired	12%	12%	12%	13%
	Unable to Work	13%	*	*	*
Marital Status	Married/Unmarried Couple	4%	4%	4%	5%
	Divorced/Separated	5%	*	*	*
	Widowed	12%	*	*	*
	Never Married	1%	*	*	*
Home Ownership Status	Own Home	5%	4%	4%	5%
	Rent Home	4%	4%	3%	4%
Children Status	Children in Household (Ages 18-44)	1%	1%	1%	*
	No Children in Household (Ages 18-44)	1%	*	*	*
Phone Status	Landline	5%	5%	5%	6%
	Cell Phone	2%	*	2%	3%
Pregnancy Status	Pregnant (Ages 18-44)	0%	*	*	*
	Not Pregnant (Ages 18-44)	1%	*	*	*

Note: *Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013

National Statistics

The national median for respondents who have angina or coronary heart disease was 4.1 percent, as shown in Figure 48 on the next page. South Dakota had 4.6 percent of respondents who have angina or coronary heart disease. Colorado and the District of Columbia had the lowest percent of respondents who have angina or coronary heart disease with 2.6 percent, while West Virginia had the highest with 7.5 percent.

Figure 48
Nationally, Respondents Who Have Angina or Coronary Heart Disease, 2013



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013

Further Analysis

The following data show the percent of those who have angina or coronary heart disease for various health behaviors and conditions. For example, eight percent of respondents who stated they were a former smoker have angina or coronary heart disease, while three percent of respondents who stated they never smoked have angina or coronary heart disease.

Health Behavior or Condition	% with Heart Disease
Underweight (BMI < 18.5)	4%
Recommended (BMI = 18.5-24.9)	3%
Overweight (BMI = 25.0-29.9)	5%
Obese - Class I (BMI = 30.0-34.9)	6%
Obese - Classes II & III (BMI = 35.0+)	6%
Leisure Time Exercise	4%
No Leisure Time Exercise	7%
Met Physical Activity Recommendations	4%
Did Not Meet Physical Activity Recommendations	5%
2+ Servings of Fruit per Day	5%
< 2 Servings of Fruit per Day	4%
3+ Servings of Vegetables per Day	5%
< 3 Servings of Vegetables per Day	4%
5+ Servings of Fruits and Vegetables per Day	5%
< 5 Servings of Fruits and Vegetables per Day	4%

**Table 46 (continued)
Have Angina or Coronary Heart Disease for Selected Health
Behaviors and Conditions, 2011-2013**

Health Behavior or Condition	% with Heart Disease
Current Smoker	4%
Former Smoker	8%
Never Smoked	3%
Smokeless Tobacco	3%
No Smokeless Tobacco	4%
Heard of "South Dakota QuitLine"	4%
Not Heard of "South Dakota QuitLine"	6%
Diabetes	16%
No Diabetes	3%
High Blood Pressure	11%
No High Blood Pressure	2%
High Blood Cholesterol	12%
No High Blood Cholesterol	2%
Health Insurance (18-64)	2%
No Health Insurance (18-64)	2%
Employer Based Coverage (18-64)	2%
Private Health Plan (18-64)	0.5%
Medicare (18-64)	12%
Medicaid or Medical Assistance (18-64)	2%
The Military, CHAMPUS, TriCare, or the VA (18-64)	4%
The Indian Health Service (18-64)	1%
Flu Shot (65+)	14%
No Flu Shot (65+)	10%
Pneumonia Shot (65+)	15%
No Pneumonia Shot (65+)	9%
Previously Had Heart Attack	46%
Never Had Heart Attack	2%
Previously Had a Stroke	15%
Never Had a Stroke	4%
Cancer	11%
No Cancer	3%
Skin Cancer	12%
No Skin Cancer	4%
Current Asthma	6%
Former Asthma	4%
Never Had Asthma	4%
Arthritis	10%
No Arthritis	2%
COPD	14%
No COPD	4%
Depression	6%
No Depression	4%
Kidney Disease	20%
No Kidney Disease	4%
Severe Vision Impairment	14%
No Severe Vision Impairment	4%
Recent Increased Confusion/Memory Loss	15%
No Recent Increased Confusion/Memory Loss	4%
< 6 Hours of Sleep	10%
6+ Hours of Sleep	4%

Table 46 (continued)	
Have Angina or Coronary Heart Disease for Selected Health Behaviors and Conditions, 2011-2013	
Health Behavior or Condition	% with Heart Disease
Always/Almost Always Wear Seat Belt	4%
Sometimes/Seldom/Never Wear Seat Belt	5%
Drank Alcohol in Past 30 Days	3%
Did Not Drink Alcohol in Past 30 Days	6%
Binge Drinker	2%
Not a Binge Drinker	5%
Heavy Drinker	4%
Not a Heavy Drinker	4%
Good/Very Good/Excellent Health Status	3%
Fair/Poor Health Status	14%
Physical Health Not Good for 0-29 Days of the Past 30	3%
Physical Health Not Good for 30 Days of the Past 30	18%
Mental Health Not Good for 0-19 Days of the Past 30	4%
Mental Health Not Good for 20-30 Days of the Past 30	7%
Usual Activities Unattainable for 0-9 Days of the Past 30	4%
Usual Activities Unattainable for 10-30 Days of the Past 30	12%
Physical, Mental, or Emotional Problems	11%
No Physical, Mental, or Emotional Problems	3%
Disability with Special Equipment Needed	17%
No Disability with Special Equipment Needed	3%
< 2 Hours of TV per Day	2%
2+ Hours of TV per Day	6%
Been Tested for HIV (18-64)	3%
Never Been Tested for HIV (18-64)	5%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013

PREVIOUSLY HAD A STROKE

Definition: Respondents who answered “yes” to the question: “Has a doctor, nurse, or other health professional ever told you that you had a stroke?”

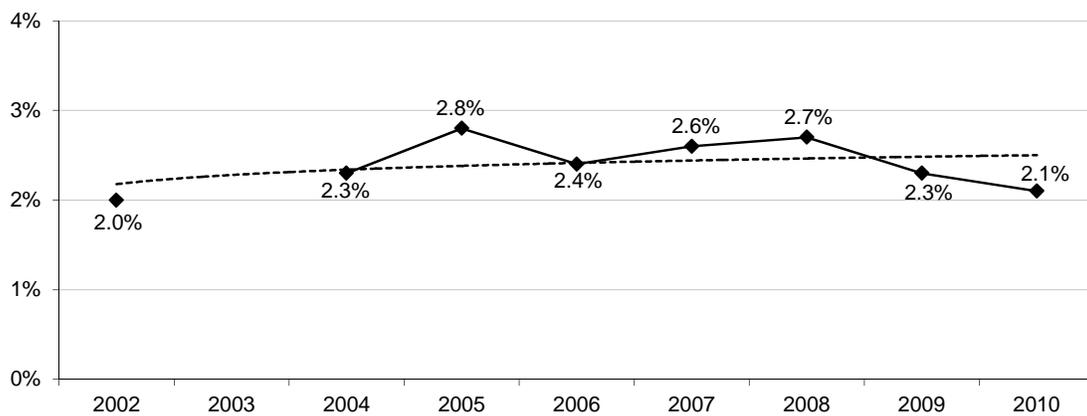
Prevalence of previously had a stroke

- South Dakota 3%
- Nationwide median 3%

Healthy People 2020 Objective

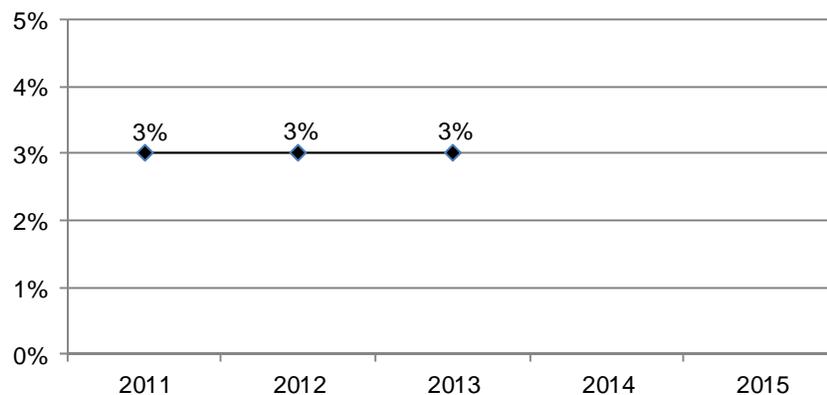
There was no comparable Healthy People 2020 Objective for previously had a stroke.

Figure 49
Percent of Respondents Who Have Previously Had a Stroke, 2002, and 2004-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2002, and 2004-2010

Figure 50
Percent of Respondents Who Have Previously Had a Stroke, 2011-2013



Note: Beginning in 2011, the CDC began using a different methodology to weight the data, therefore current data estimates cannot be compared to previous years.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013

Table 47
Respondents Who Previously Had a Stroke, 2011-2013

		2011-2013	2011	2012	2013
Total		3%	3%	3%	3%
Gender	Male	2%	2%	2%	3%
	Female	3%	3%	3%	3%
Age	18-34	1%	*	*	*
	35-44	1%	*	*	*
	45-54	1%	*	*	*
	55-64	3%	3%	3%	*
	65-74	6%	*	*	*
	75+	10%	*	*	*
Race	White	3%	3%	3%	3%
	American Indian	3%	*	*	*
Ethnicity	Hispanic	2%	*	*	*
	Non-Hispanic	3%	3%	3%	3%
Household Income	Less than \$15,000	7%	*	*	*
	\$15,000-\$24,999	5%	*	*	*
	\$25,000-\$34,999	2%	*	*	*
	\$35,000-\$49,999	2%	*	*	*
	\$50,000-\$74,999	1%	*	*	*
	\$75,000+	1%	1%	1%	*
Education	Less than High School, G.E.D.	5%	*	*	*
	High School, G.E.D.	3%	2%	3%	3%
	Some Post-High School	2%	3%	2%	2%
	College Graduate	1%	1%	1%	2%
Employment Status	Employed for Wages	1%	1%	1%	1%
	Self-employed	1%	*	*	*
	Unemployed	2%	*	*	*
	Homemaker	3%	*	*	*
	Student	0.3%	*	*	*
	Retired	7%	7%	7%	8%
	Unable to Work	13%	*	*	*
Marital Status	Married/Unmarried Couple	2%	2%	2%	2%
	Divorced/Separated	5%	*	*	*
	Widowed	9%	*	*	*
	Never Married	1%	*	*	*
Home Ownership Status	Own Home	2%	2%	3%	3%
	Rent Home	4%	5%	3%	4%
Children Status	Children in Household (Ages 18-44)	1%	1%	1%	*
	No Children in Household (Ages 18-44)	1%	*	*	*
Phone Status	Landline	3%	3%	3%	4%
	Cell Phone	2%	*	1%	2%
Pregnancy Status	Pregnant (Ages 18-44)	0%	*	*	*
	Not Pregnant (Ages 18-44)	1%	*	*	*

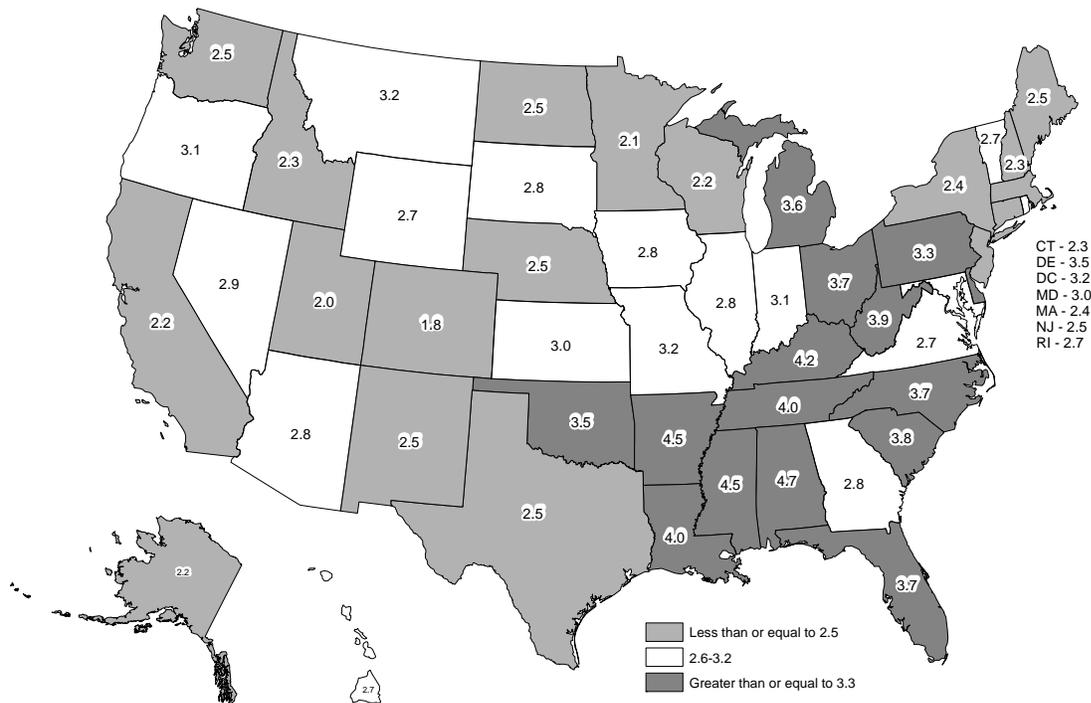
Note: *Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013

National Statistics

The national median for respondents who previously had a stroke was 2.8 percent, as shown in Figure 51 on the next page. South Dakota had 2.8 percent of respondents who previously had a stroke. Colorado had the lowest percent of respondents who previously had a stroke with 1.8 percent, while Alabama had the highest with 4.7 percent.

Figure 51
Nationally, Respondents Who Previously Had a Stroke, 2013



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013

Further Analysis

The following data show the percent of those who previously had a stroke for various health behaviors and conditions. For example, nine percent of respondents who stated they have diabetes previously had a stroke, while two percent of respondents who stated they do not have diabetes previously had a stroke.

Health Behavior or Condition	% Had Stroke
Underweight (BMI < 18.5)	3%
Recommended (BMI = 18.5-24.9)	2%
Overweight (BMI = 25.0-29.9)	3%
Obese - Class I (BMI = 30.0-34.9)	3%
Obese - Classes II & III (BMI = 35.0+)	3%
Leisure Time Exercise	2%
No Leisure Time Exercise	4%
Met Physical Activity Recommendations	2%
Did Not Meet Physical Activity Recommendations	3%
2+ Servings of Fruit per Day	3%
< 2 Servings of Fruit per Day	2%
3+ Servings of Vegetables per Day	2%
< 3 Servings of Vegetables per Day	3%

**Table 48 (continued)
Previously Had a Stroke for Selected Health Behaviors and
Conditions, 2011-2013**

Health Behavior or Condition	% Had Stroke
5+ Servings of Fruits and Vegetables per Day	2%
< 5 Servings of Fruits and Vegetables per Day	3%
Current Smoker	3%
Former Smoker	4%
Never Smoked	2%
Smokeless Tobacco	1%
No Smokeless Tobacco	3%
Heard of "South Dakota QuitLine"	2%
Not Heard of "South Dakota QuitLine"	6%
Diabetes	9%
No Diabetes	2%
High Blood Pressure	6%
No High Blood Pressure	1%
High Blood Cholesterol	6%
No High Blood Cholesterol	2%
Health Insurance (18-64)	1%
No Health Insurance (18-64)	1%
Employer Based Coverage (18-64)	1%
Private Health Plan (18-64)	0.5%
Medicare (18-64)	10%
Medicaid or Medical Assistance (18-64)	5%
The Military, CHAMPUS, TriCare, or the VA (18-64)	2%
The Indian Health Service (18-64)	3%
Flu Shot (65+)	9%
No Flu Shot (65+)	6%
Pneumonia Shot (65+)	9%
No Pneumonia Shot (65+)	6%
Previously Had Heart Attack	14%
Never Had Heart Attack	2%
Have Angina or Coronary Heart Disease	10%
Do Not Have Angina or Coronary Heart Disease	2%
Cancer	7%
No Cancer	2%
Skin Cancer	8%
No Skin Cancer	2%
Current Asthma	5%
Former Asthma	4%
Never Had Asthma	2%
Arthritis	6%
No Arthritis	2%
COPD	10%
No COPD	2%
Depression	5%
No Depression	2%
Kidney Disease	13%
No Kidney Disease	2%
Severe Vision Impairment	16%
No Severe Vision Impairment	2%
Recent Increased Confusion/Memory Loss	9%
No Recent Increased Confusion/Memory Loss	3%

**Table 48 (continued)
Previously Had a Stroke for Selected Health Behaviors and
Conditions, 2011-2013**

Health Behavior or Condition	% Had Stroke
< 6 Hours of Sleep	3%
6+ Hours of Sleep	3%
Always/Almost Always Wear Seat Belt	3%
Sometimes/Seldom/Never Wear Seat Belt	3%
Drank Alcohol in Past 30 Days	2%
Did Not Drink Alcohol in Past 30 Days	4%
Binge Drinker	1%
Not a Binge Drinker	3%
Heavy Drinker	1%
Not a Heavy Drinker	3%
Good/Very Good/Excellent Health Status	2%
Fair/Poor Health Status	9%
Physical Health Not Good for 0-29 Days of the Past 30	2%
Physical Health Not Good for 30 Days of the Past 30	11%
Mental Health Not Good for 0-19 Days of the Past 30	2%
Mental Health Not Good for 20-30 Days of the Past 30	6%
Usual Activities Unattainable for 0-9 Days of the Past 30	2%
Usual Activities Unattainable for 10-30 Days of the Past 30	9%
Physical, Mental, or Emotional Problems	7%
No Physical, Mental, or Emotional Problems	1%
Disability with Special Equipment Needed	12%
No Disability with Special Equipment Needed	2%
< 2 Hours of TV per Day	1%
2+ Hours of TV per Day	3%
Been Tested for HIV (18-64)	2%
Never Been Tested for HIV (18-64)	3%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2013