

Healthy South Dakota

HEARD OF THE HEALTHY SOUTH DAKOTA PROGRAM

Definition: Respondents who say they have heard about the South Dakota Department of Health program called Healthy South Dakota that encourages South Dakotans to be physically active, eat healthy, and live healthier lives.

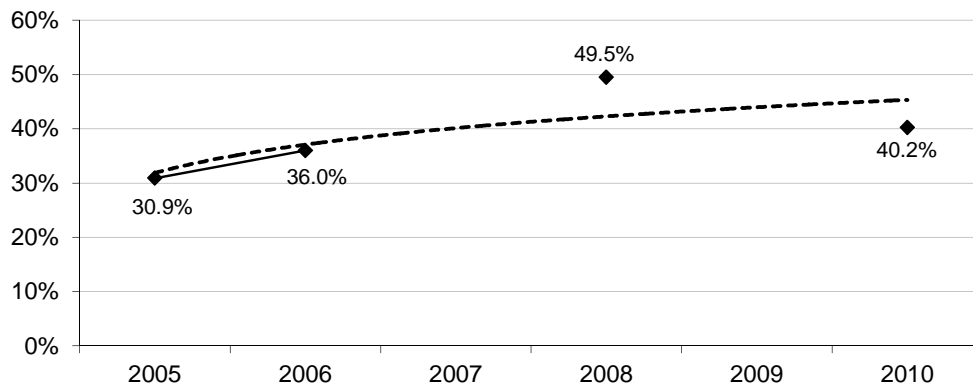
Prevalence of Respondents Who Have Heard of the Healthy South Dakota Program

- South Dakota 43%
- There is no nationwide median for the *Healthy South Dakota* program

Healthy People 2020 Objective

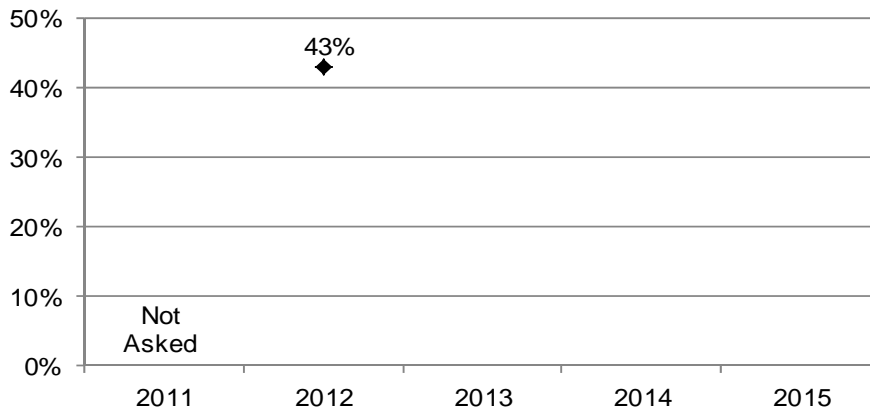
There was no stated Healthy People 2020 Objective for respondents who have heard of the Healthy South Dakota program.

Figure 130
Percent of Respondents Who Have Heard of the Healthy South Dakota Program, 2005-2006, 2008, and 2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2005-2006, 2008, and 2010

Figure 131
Percent of Respondents Who Have Heard of the Healthy South Dakota Program, 2011-2012



Note: Beginning in 2011, the CDC began using a different methodology to weight the data, therefore current data estimates cannot be compared to previous years.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

		2012
Total		43%
Gender	Male	38%
	Female	49%
Age	18-44	42%
	45-64	44%
	65+	46%
Race	White	44%
	American Indian	45%
Ethnicity	Hispanic	32%
	Non-Hispanic	44%
Household Income	Less than \$25,000	39%
	\$25,000-\$49,999	43%
	\$50,000+	48%
Education	High School, G.E.D., or Less	40%
	Some Post-High School	44%
	College Graduate	49%
Employment Status	Employed for Wages	46%
	Self-employed	34%
	Unemployed	38%
	Homemaker	49%
	Student	37%
	Retired	46%
	Unable to Work	35%
Marital Status	Married/Unmarried Couple	46%
	Divorced/Separated	39%
	Widowed	45%
	Never Married	38%
Home Ownership Status	Own Home	44%
	Rent Home	41%
Children Status	Children in Household (Ages 18-44)	45%
	No Children in Household (Ages 18-44)	36%
Phone Status	Landline	45%
	Cell Phone	41%
Pregnancy Status	Pregnant (Ages 18-44)	*
	Not Pregnant (Ages 18-44)	48%

Note: *Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012

Further Analysis

The following data show the percentages of those who have heard of the *Healthy South Dakota* program for various health behaviors and conditions. For example, 38 percent of respondents who have kidney disease have heard of the *Healthy South Dakota* program, while 44 percent of respondents who do not have kidney disease have heard of the *Healthy South Dakota* program.

Health Behavior or Condition	% Heard of <i>Healthy South Dakota</i> Program
Underweight (BMI < 18.5)	*
Recommended (BMI = 18.5-24.9)	45%
Overweight (BMI = 25.0-29.9)	42%
Obese - Class I (BMI = 30.0-34.9)	43%
Obese - Classes II & III (BMI = 35.0+)	42%

Table 91 (continued)
Heard of the *Healthy South Dakota* Program for Selected Health Behaviors and Conditions, 2012

Health Behavior or Condition	% Heard of <i>Healthy South Dakota</i> Program
Leisure Time Exercise	46%
No Leisure Time Exercise	36%
Current Smoker	39%
Former Smoker	42%
Never Smoked	46%
Smokeless Tobacco	37%
No Smokeless Tobacco	44%
Diabetes	41%
No Diabetes	44%
High Blood Pressure	44%
No High Blood Pressure	43%
Health Insurance (18-64)	44%
No Health Insurance (18-64)	28%
Employer Based Coverage (18-64)	47%
Private Health Plan (18-64)	38%
Medicare (18-64)	40%
Medicaid or Medical Assistance (18-64)	47%
The Military, CHAMPUS, TriCare, or the VA (18-64)	40%
The Indian Health Service (18-64)	38%
Breast Exam Within Past Two Years	53%
No Breast Exam Within Past Two Years	38%
Mammogram Within Past Two Years (40+)	51%
No Mammogram Within Past Two Years (40+)	44%
Pap Smear Within Past Three Years	51%
No Pap Smear Within Past Three Years	44%
Blood Stool Test Within Past Two Years (50+)	46%
No Blood Stool Test Within Past Two Years (50+)	46%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	48%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	41%
PSA Test Within the Past Two Years (40+)	45%
No PSA Test Within the Past Two Years (40+)	36%
Flu Shot (65+)	49%
No Flu Shot (65+)	40%
Pneumonia Shot (65+)	48%
No Pneumonia Shot (65+)	43%
Previously Had Heart Attack	37%
Never Had Heart Attack	44%
Have Angina or Coronary Heart Disease	39%
Do Not Have Angina or Coronary Heart Disease	44%
Previously Had a Stroke	42%
Never Had a Stroke	44%
Cancer	46%
No Cancer	43%
Skin Cancer	48%
No Skin Cancer	43%
Current Asthma	42%
Former Asthma	50%
Never Had Asthma	43%
Arthritis	45%
No Arthritis	43%
COPD	44%
No COPD	43%
Depression	40%
No Depression	44%

Table 91 (continued)
Heard of the *Healthy South Dakota* Program for Selected Health Behaviors and Conditions, 2012

Health Behavior or Condition	% Have Heard of <i>Healthy South Dakota</i> Program
Kidney Disease	38%
No Kidney Disease	44%
Vision Impairment	39%
No Vision Impairment	44%
Been to the Dentist in the Past Year	46%
Haven't Been to the Dentist in the Past Year	38%
Always/Almost Always Wear Seat Belt	45%
Sometimes/Seldom/Never Wear Seat Belt	37%
Drank Alcohol in Past 30 Days	44%
Did Not Drink Alcohol in Past 30 Days	42%
Binge Drinker	38%
Not a Binge Drinker	45%
Heavy Drinker	38%
Not a Heavy Drinker	44%
< 3 Sweetened Beverages per Day	44%
3+ Sweetened Beverages per Day	35%
Good/Very Good/Excellent Health Status	44%
Fair/Poor Health Status	39%
Physical Health Not Good for 0-29 Days of the Past 30	44%
Physical Health Not Good for 30 Days of the Past 30	37%
Mental Health Not Good for 0-19 Days of the Past 30	44%
Mental Health Not Good for 20-30 Days of the Past 30	31%
Usual Activities Unattainable for 0-9 Days of the Past 30	44%
Usual Activities Unattainable for 10-30 Days of the Past 30	37%
Physical, Mental, or Emotional Problems	37%
No Physical, Mental, or Emotional Problems	45%
Disability with Special Equipment Needed	40%
No Disability with Special Equipment Needed	44%
Injured in a Fall in Past 12 Months (45+)	41%
Not Injured in a Fall in Past 12 Months (45+)	46%
Been Tested for HIV (18-64)	45%
Never Been Tested for HIV (18-64)	43%

Note: *Results based on sample sizes less than 100 have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012