General Health Status

FAIR OR POOR HEALTH STATUS

Definition: Fair or Poor Health Status is defined as respondents who report having fair or poor health from possible response choices of "excellent", "very good", "good", "fair", or "poor".
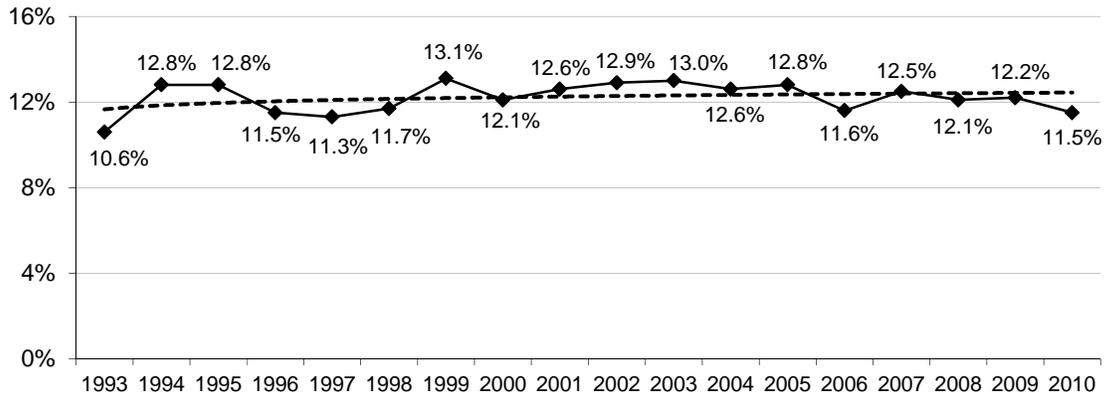
Prevalence of Fair or Poor Health Status

o   South Dakota 13%
o   Nationwide median 17%

Healthy People 2020 Objective

There was no stated Healthy People 2020 Objective for fair or poor health status.

Figure 115
Percent of Respondents Reporting Fair or Poor Health Status, 1993-2010

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 1993-2010

Figure 116
Percent of Respondents Reporting Fair or Poor Health Status, 2011-2012
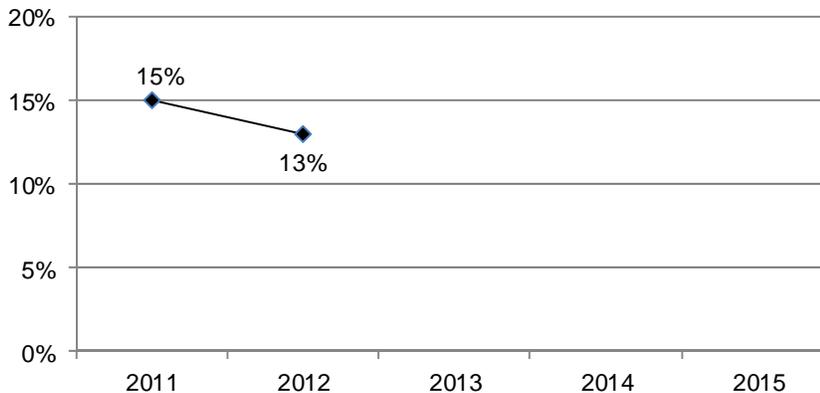
Note: Beginning in 2011, the CDC began using a different methodology to weight the data, therefore current data estimates cannot be compared to previous years.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

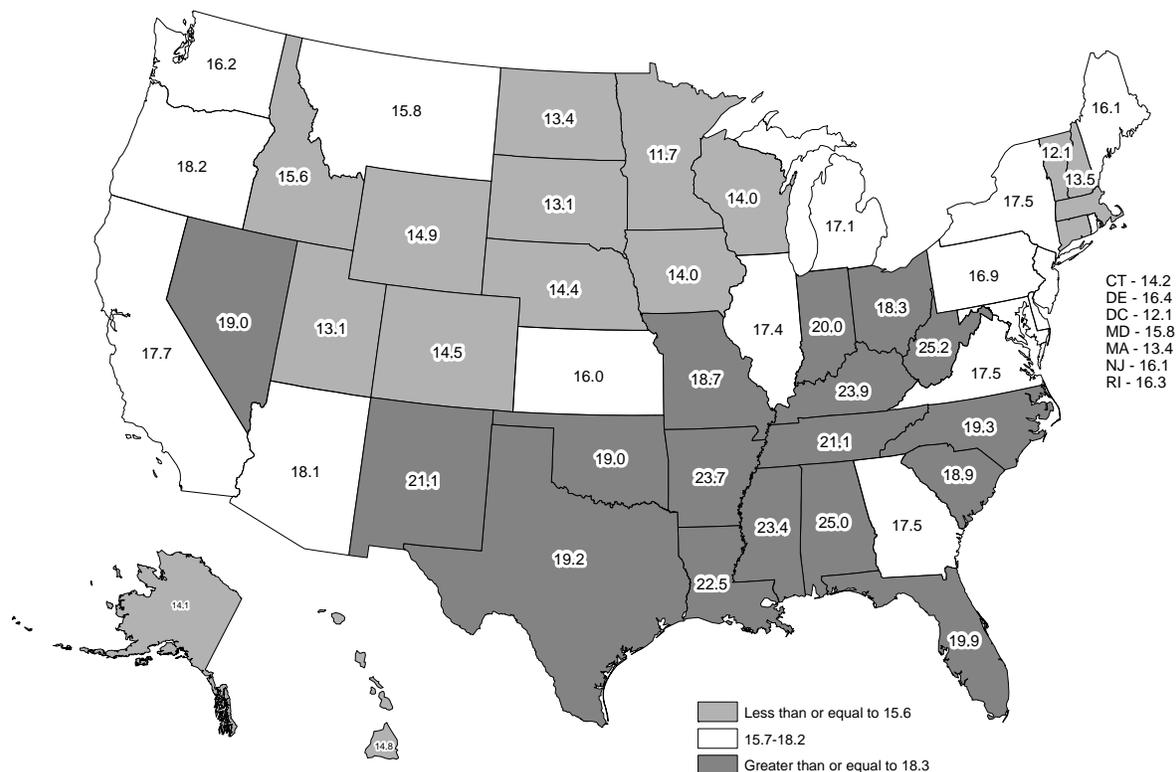| Table 78 Respondents Reporting Fair or Poor Health Status, 2011-2012		2011-2012	2011	2012
Total		**14%**	**15%**	**13%**
Gender	Male	14%	15%	14%
	Female	13%	14%	13%
Age	18-44	8%	9%	8%
	45-64	16%	17%	14%
	65+	23%	24%	23%
Race	White	13%	14%	12%
	American Indian	21%	*	*
Ethnicity	Hispanic	16%	*	*
	Non-Hispanic	14%	15%	13%
Household Income	Less than $25,000	27%	28%	26%
	$25,000-$49,999	12%	12%	12%
	$50,000+	6%	5%	6%
Education	High School, G.E.D., or Less	19%	20%	19%
	Some Post-High School	12%	13%	10%
	College Graduate	7%	6%	7%
Employment Status	Employed for Wages	8%	10%	7%
	Self-employed	9%	*	*
	Unemployed	21%	*	*
	Homemaker	11%	*	*
	Student	5%	*	*
	Retired	23%	23%	22%
	Unable to Work	60%	*	*
Marital Status	Married/Unmarried Couple	11%	11%	11%
	Divorced/Separated	23%	*	*
	Widowed	26%	*	*
	Never Married	13%	*	*
Home Ownership Status	Own Home	12%	12%	12%
	Rent Home	20%	23%	17%
Children Status	Children in Household (Ages 18-44)	8%	*	*
	No Children in Household (Ages 18-44)	9%	*	*
Phone Status	Landline	14%	15%	14%
	Cell Phone	12%	*	*
Pregnancy Status	Pregnant (Ages 18-44)	8%	*	*
	Not Pregnant (Ages 18-44)	9%	*	*

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

National Statistics

The national median for respondents who reported fair or poor health status was 16.9 percent, as shown in Figure 117 on the next page. South Dakota had 13.1 percent of respondents who reported fair or poor health status. Minnesota had the lowest percent of respondents who reported fair or poor health status with 11.7 percent, while West Virginia had the highest with 25.2 percent.

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Figure 117
Nationally, Respondents Who Reported Fair or Poor Health Status, 2012

CT - 14.2
DE - 16.4
DC - 12.1
MD - 15.8
MA - 13.4
NJ - 16.1
RI - 16.3

Less than or equal to 15.6
15.7-18.2
Greater than or equal to 18.3

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012

Further Analysis

The following data show the percent of those with fair or poor health for various health behaviors and conditions. For example, 26 percent of respondents who do not engage in leisure time physical activity report fair or poor health, while 10 percent of respondents who engage in leisure time physical activity report fair or poor health.

Table 79 Fair or Poor Health Status for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Fair/Poor Health**
Underweight (BMI < 18.5)	20%
Recommended (BMI = 18.5-24.9)	11%
Overweight (BMI = 25.0-29.9)	11%
Obese - Class I (BMI = 30.0-34.9)	18%
Obese - Classes II & III (BMI = 35.0+)	26%
Leisure Time Exercise	10%
No Leisure Time Exercise	26%
Current Smoker	19%
Former Smoker	17%
Never Smoked	10%
Smokeless Tobacco	15%
No Smokeless Tobacco	14%
Diabetes	38%
No Diabetes	12%

Table 79 (continued) Fair or Poor Health Status for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Fair/Poor Health**
High Blood Pressure	24%
No High Blood Pressure	9%
Health Insurance (18-64)	11%
No Health Insurance (18-64)	19%
Employer Based Coverage (18-64)	7%
Private Health Plan (18-64)	5%
Medicare (18-64)	53%
Medicaid or Medical Assistance (18-64)	28%
The Military, CHAMPUS, TriCare, or the VA (18-64)	22%
The Indian Health Service (18-64)	17%
Breast Exam Within Past Two Years	11%
No Breast Exam Within Past Two Years	17%
Mammogram Within Past Two Years (40+)	14%
No Mammogram Within Past Two Years (40+)	19%
Pap Smear Within Past Three Years	9%
No Pap Smear Within Past Three Years	18%
Blood Stool Test Within Past Two Years (50+)	23%
No Blood Stool Test Within Past Two Years (50+)	18%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	19%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	19%
PSA Test Within the Past Two Years (40+)	17%
No PSA Test Within the Past Two Years (40+)	16%
Flu Shot (65+)	25%
No Flu Shot (65+)	18%
Pneumonia Shot (65+)	27%
No Pneumonia Shot (65+)	15%
Previously Had Heart Attack	42%
Never Had Heart Attack	12%
Have Angina or Coronary Heart Disease	45%
Do Not Have Angina or Coronary Heart Disease	12%
Previously Had a Stroke	51%
Never Had a Stroke	13%
Cancer	26%
No Cancer	12%
Skin Cancer	22%
No Skin Cancer	13%
Current Asthma	31%
Former Asthma	12%
Never Had Asthma	12%
Arthritis	29%
No Arthritis	9%
COPD	53%
No COPD	12%
Depression	30%
No Depression	11%
Kidney Disease	38%
No Kidney Disease	13%
Vision Impairment	29%
No Vision Impairment	11%
Been to the Dentist in the Past Year	10%
Haven't Been to the Dentist in the Past Year	21%
Always/Almost Always Wear Seat Belt	13%
Sometimes/Seldom/Never Wear Seat Belt	17%
Drank Alcohol in Past 30 Days	9%
Did Not Drink Alcohol in Past 30 Days	20%

Table 79 (continued) Fair or Poor Health Status for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Fair/Poor Health**
Binge Drinker	9%
Not a Binge Drinker	15%
Heavy Drinker	12%
Not a Heavy Drinker	14%
< 3 Sweetened Beverages per Day	13%
3+ Sweetened Beverages per Day	18%
Physical Health Not Good for 0-29 Days of the Past 30	10%
Physical Health Not Good for 30 Days of the Past 30	67%
Mental Health Not Good for 0-19 Days of the Past 30	12%
Mental Health Not Good for 20-30 Days of the Past 30	44%
Usual Activities Unattainable for 0-9 Days of the Past 30	10%
Usual Activities Unattainable for 10-30 Days of the Past 30	60%
Physical, Mental, or Emotional Problems	38%
No Physical, Mental, or Emotional Problems	7%
Disability with Special Equipment Needed	49%
No Disability with Special Equipment Needed	11%
Heard of "Healthy South Dakota" Program	12%
Not Heard of "Healthy South Dakota" Program	14%
Injured in a Fall in Past 12 Months (45+)	31%
Not Injured in a Fall in Past 12 Months (45+)	16%
Been Tested for HIV (18-64)	14%
Never Been Tested for HIV (18-64)	13%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

PHYSICAL HEALTH NOT GOOD

Definition: Respondents who reported their physical health was not good for 30 days of the past 30, including physical illness and injury.
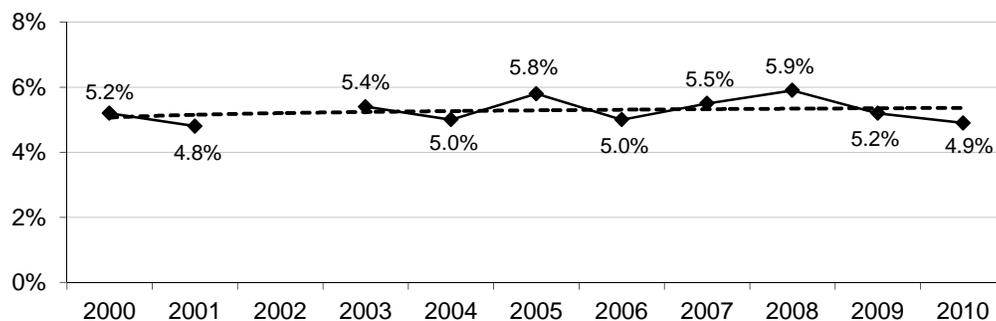
Prevalence of Physical Health Not Good for 30 Days of the Past 30

o   South Dakota 6%
o   There is no nationwide median for physical health not good for 30 days of the past 30 days

Healthy People 2020 Objective

There was no stated Healthy People 2020 Objective for physical health not good for 30 days of the past 30 days.

Figure 118
Percent of Respondents Reporting Physical Health Not Good for
30 Days of the Past 30, 2000-2001, and 2003-2010

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health,
             2000-2001, and 2003-2010

Figure 119
Percent of Respondents Reporting Physical Health Not Good for
30 Days of the Past 30, 2011-2012
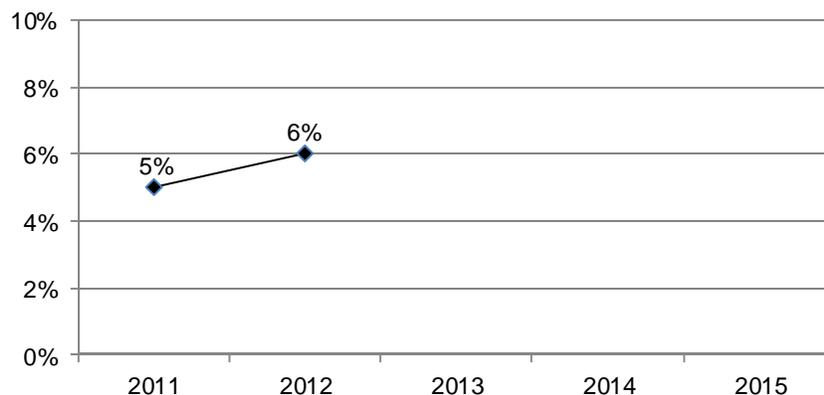
Note: Beginning in 2011, the CDC began using a different methodology to weight the data, therefore current data estimates cannot be compared to previous years.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

Table 80
Respondents Who Reported Physical Health Not Good for 30 Days of the Past 30, 2011-2012

		2011-2012	2011	2012
Total		**6%**	**5%**	**6%**
Gender	Male	5%	5%	6%
	Female	6%	6%	6%
Age	18-44	3%	3%	2%
	45-64	7%	7%	7%
	65+	11%	9%	12%
Race	White	6%	5%	6%
	American Indian	9%	*	*
Ethnicity	Hispanic	5%	*	*
	Non-Hispanic	6%	5%	6%
Household Income	Less than $25,000	12%	11%	14%
	$25,000-$49,999	4%	5%	4%
	$50,000+	3%	2%	3%
Education	High School, G.E.D., or Less	7%	6%	8%
	Some Post-High School	5%	6%	5%
	College Graduate	3%	3%	4%
Employment Status	Employed for Wages	2%	2%	3%
	Self-employed	3%	*	*
	Unemployed	8%	*	*
	Homemaker	6%	*	*
	Student	1%	*	*
	Retired	10%	9%	11%
	Unable to Work	38%	*	*
Marital Status	Married/Unmarried Couple	5%	4%	5%
	Divorced/Separated	10%	*	*
	Widowed	15%	*	*
	Never Married	4%	*	*
Home Ownership Status	Own Home	5%	5%	6%
	Rent Home	7%	8%	7%
Children Status	Children in Household (Ages 18-44)	2%	*	*
	No Children in Household (Ages 18-44)	3%	*	*
Phone Status	Landline	6%	6%	7%
	Cell Phone	4%	*	*
Pregnancy Status	Pregnant (Ages 18-44)	6%	*	*
	Not Pregnant (Ages 18-44)	2%	*	*

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

Further Analysis

The following data show the percent of those with physical health not good for 30 days of the past 30 for various health behaviors and conditions. For example, 16 percent of respondents with diabetes reported physical health not good for 30 days of the past 30, while 5 percent of respondents without diabetes reported physical health not good for 30 days of the past 30.

Table 81
Physical Health Not Good for 30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2012

Health Behavior or Condition	% Physical Health Not Good
Underweight (BMI < 18.5)	10%
Recommended (BMI = 18.5-24.9)	4%
Overweight (BMI = 25.0-29.9)	5%
Obese - Class I (BMI = 30.0-34.9)	7%
Obese - Classes II & III (BMI = 35.0+)	10%
Leisure Time Exercise	4%
No Leisure Time Exercise	11%

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Table 81 (continued) Physical Health Not Good for 30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Physical Health Not Good**
Current Smoker	8%
Former Smoker	7%
Never Smoked	4%
Smokeless Tobacco	4%
No Smokeless Tobacco	6%
Diabetes	16%
No Diabetes	5%
High Blood Pressure	10%
No High Blood Pressure	4%
Health Insurance (18-64)	5%
No Health Insurance (18-64)	5%
Employer Based Coverage (18-64)	3%
Private Health Plan (18-64)	2%
Medicare (18-64)	30%
Medicaid or Medical Assistance (18-64)	12%
The Military, CHAMPUS, TriCare, or the VA (18-64)	11%
The Indian Health Service (18-64)	6%
Breast Exam Within Past Two Years	5%
No Breast Exam Within Past Two Years	8%
Mammogram Within Past Two Years (40+)	8%
No Mammogram Within Past Two Years (40+)	10%
Pap Smear Within Past Three Years	4%
No Pap Smear Within Past Three Years	8%
Blood Stool Test Within Past Two Years (50+)	10%
No Blood Stool Test Within Past Two Years (50+)	9%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	10%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	9%
PSA Test Within the Past Two Years (40+)	8%
No PSA Test Within the Past Two Years (40+)	8%
Flu Shot (65+)	12%
No Flu Shot (65+)	8%
Pneumonia Shot (65+)	12%
No Pneumonia Shot (65+)	8%
Previously Had Heart Attack	19%
Never Had Heart Attack	5%
Have Angina or Coronary Heart Disease	25%
Do Not Have Angina or Coronary Heart Disease	5%
Previously Had a Stroke	25%
Never Had a Stroke	5%
Cancer	11%
No Cancer	5%
Skin Cancer	9%
No Skin Cancer	5%
Current Asthma	13%
Former Asthma	6%
Never Had Asthma	5%
Arthritis	14%
No Arthritis	3%
COPD	23%
No COPD	5%
Depression	13%
No Depression	4%
Kidney Disease	22%
No Kidney Disease	5%

Table 81 (continued) Physical Health Not Good for 30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Physical Health Not Good**
Vision Impairment	14%
No Vision Impairment	4%
Been to the Dentist in the Past Year	5%
Haven't Been to the Dentist in the Past Year	9%
Always/Almost Always Wear Seat Belt	6%
Sometimes/Seldom/Never Wear Seat Belt	6%
Drank Alcohol in Past 30 Days	3%
Did Not Drink Alcohol in Past 30 Days	9%
Binge Drinker	3%
Not a Binge Drinker	6%
Heavy Drinker	5%
Not a Heavy Drinker	6%
< 3 Sweetened Beverages per Day	6%
3+ Sweetened Beverages per Day	7%
Good/Very Good/Excellent Health Status	2%
Fair/Poor Health Status	29%
Mental Health Not Good for 0-19 Days of the Past 30	4%
Mental Health Not Good for 20-30 Days of the Past 30	26%
Usual Activities Unattainable for 0-9 Days of the Past 30	3%
Usual Activities Unattainable for 10-30 Days of the Past 30	43%
Physical, Mental, or Emotional Problems	20%
No Physical, Mental, or Emotional Problems	2%
Disability with Special Equipment Needed	33%
No Disability with Special Equipment Needed	4%
Heard of "Healthy South Dakota" Program	5%
Not Heard of "Healthy South Dakota" Program	7%
Injured in a Fall in Past 12 Months (45+)	25%
Not Injured in a Fall in Past 12 Months (45+)	7%
Been Tested for HIV (18-64)	7%
Never Been Tested for HIV (18-64)	5%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

MENTAL HEALTH NOT GOOD

Definition: Respondents who report their mental health was not good for 20 to 30 days of the past 30, including stress, depression, and problems with emotions.
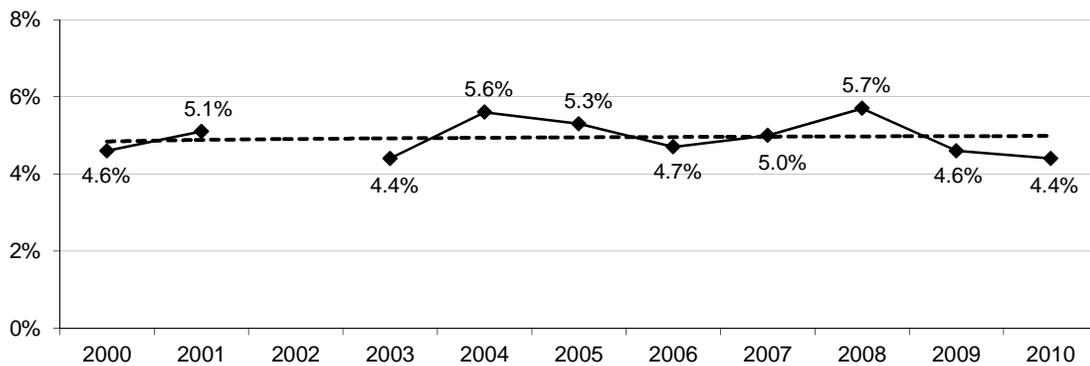
Prevalence of Mental Health Not Good for 20-30 Days of the Past 30

o South Dakota 6%
o There is no nationwide median for mental health not good for 20 to 30 days of the past 30 days
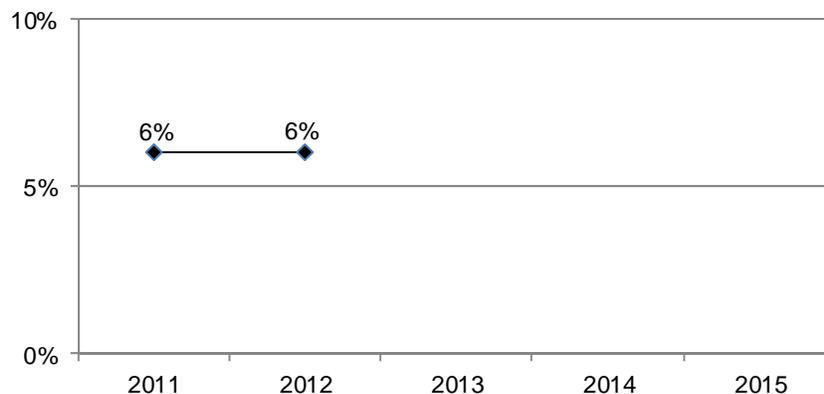
Healthy People 2020 Objective

There was no stated Healthy People 2020 Objective for mental health not good for 20 to 30 days of the past 30 days.

Figure 120
Percent of Respondents Stating Mental Health Not Good for 20-30 Days of the Past 30, 2000-2001, and 2003-2010

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2000-2001, and 2003-2010

Figure 121
Percent of Respondents Stating Mental Health Not Good for 20-30 Days of the Past 30, 2011-2012

Note: Beginning in 2011, the CDC began using a different methodology to weight the data, therefore current data estimates cannot be compared to previous years.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

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Table 82 Respondents Who Stated Mental Health Not Good for 20-30 Days of the Past 30, 2011-2012		2011-2012	2011	2012
Total		**6%**	**6%**	**6%**
Gender	Male	5%	5%	6%
	Female	7%	8%	6%
Age	18-44	7%	8%	6%
	45-64	7%	6%	8%
	65+	3%	3%	3%
Race	White	6%	6%	5%
	American Indian	10%	*	*
Ethnicity	Hispanic	10%	*	*
	Non-Hispanic	6%	6%	6%
Household Income	Less than $25,000	11%	11%	11%
	$25,000-$49,999	5%	5%	6%
	$50,000+	3%	3%	4%
Education	High School, G.E.D., or Less	8%	8%	7%
	Some Post-High School	6%	6%	6%
	College Graduate	4%	3%	4%
Employment Status	Employed for Wages	5%	5%	5%
	Self-employed	5%	*	*
	Unemployed	12%	*	*
	Homemaker	6%	*	*
	Student	8%	*	*
	Retired	3%	3%	4%
	Unable to Work	26%	*	*
Marital Status	Married/Unmarried Couple	4%	4%	5%
	Divorced/Separated	14%	*	*
	Widowed	7%	*	*
	Never Married	7%	*	*
Home Ownership Status	Own Home	4%	4%	5%
	Rent Home	11%	12%	9%
Children Status	Children in Household (Ages 18-44)	7%	*	*
	No Children in Household (Ages 18-44)	8%	*	*
Phone Status	Landline	6%	6%	5%
	Cell Phone	8%	*	*
Pregnancy Status	Pregnant (Ages 18-44)	3%	*	*
	Not Pregnant (Ages 18-44)	9%	*	*

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

Further Analysis

The following data show the percent of those who state their mental health was not good for 20 to 30 days of the past 30 for various health behaviors and conditions. For example, 13 percent of respondents who are current smokers say their mental health was not good for 20 to 30 days of the past 30, while 4 percent of respondents who have never smoked say their mental health was not good for 20 to 30 days of the past 30.

Table 83 Mental Health Not Good for 20-30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Mental Health Not Good**
Underweight (BMI < 18.5)	10%
Recommended (BMI = 18.5-24.9)	6%
Overweight (BMI = 25.0-29.9)	5%
Obese - Class I (BMI = 30.0-34.9)	7%
Obese - Classes II & III (BMI = 35.0+)	11%

Table 83 (continued) Mental Health Not Good for 20-30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Mental Health Not Good**
Leisure Time Exercise	5%
No Leisure Time Exercise	8%
Current Smoker	13%
Former Smoker	5%
Never Smoked	4%
Smokeless Tobacco	4%
No Smokeless Tobacco	6%
Diabetes	8%
No Diabetes	6%
High Blood Pressure	7%
No High Blood Pressure	6%
Health Insurance (18-64)	6%
No Health Insurance (18-64)	12%
Employer Based Coverage (18-64)	4%
Private Health Plan (18-64)	4%
Medicare (18-64)	23%
Medicaid or Medical Assistance (18-64)	16%
The Military, CHAMPUS, TriCare, or the VA (18-64)	11%
The Indian Health Service (18-64)	7%
Breast Exam Within Past Two Years	5%
No Breast Exam Within Past Two Years	8%
Mammogram Within Past Two Years (40+)	4%
No Mammogram Within Past Two Years (40+)	10%
Pap Smear Within Past Three Years	5%
No Pap Smear Within Past Three Years	6%
Blood Stool Test Within Past Two Years (50+)	5%
No Blood Stool Test Within Past Two Years (50+)	6%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	5%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	8%
PSA Test Within the Past Two Years (40+)	4%
No PSA Test Within the Past Two Years (40+)	7%
Flu Shot (65+)	3%
No Flu Shot (65+)	3%
Pneumonia Shot (65+)	3%
No Pneumonia Shot (65+)	3%
Previously Had Heart Attack	7%
Never Had Heart Attack	6%
Have Angina or Coronary Heart Disease	10%
Do Not Have Angina or Coronary Heart Disease	6%
Previously Had a Stroke	14%
Never Had a Stroke	6%
Cancer	7%
No Cancer	6%
Skin Cancer	3%
No Skin Cancer	6%
Current Asthma	12%
Former Asthma	8%
Never Had Asthma	6%
Arthritis	10%
No Arthritis	5%
COPD	16%
No COPD	6%

Table 83 (continued) Mental Health Not Good for 20-30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Mental Health Not Good**
Depression	23%
No Depression	3%
Kidney Disease	9%
No Kidney Disease	6%
Vision Impairment	13%
No Vision Impairment	5%
Been to the Dentist in the Past Year	5%
Haven't Been to the Dentist in the Past Year	10%
Always/Almost Always Wear Seat Belt	6%
Sometimes/Seldom/Never Wear Seat Belt	8%
Drank Alcohol in Past 30 Days	6%
Did Not Drink Alcohol in Past 30 Days	7%
Binge Drinker	7%
Not a Binge Drinker	6%
Heavy Drinker	8%
Not a Heavy Drinker	6%
< 3 Sweetened Beverages per Day	6%
3+ Sweetened Beverages per Day	11%
Good/Very Good/Excellent Health Status	4%
Fair/Poor Health Status	20%
Physical Health Not Good for 0-29 Days of the Past 30	5%
Physical Health Not Good for 30 Days of the Past 30	29%
Usual Activities Unattainable for 0-9 Days of the Past 30	4%
Usual Activities Unattainable for 10-30 Days of the Past 30	35%
Physical, Mental, or Emotional Problems	14%
No Physical, Mental, or Emotional Problems	4%
Disability with Special Equipment Needed	16%
No Disability with Special Equipment Needed	5%
Heard of "Healthy South Dakota" Program	4%
Not Heard of "Healthy South Dakota" Program	7%
Injured in a Fall in Past 12 Months (45+)	15%
Not Injured in a Fall in Past 12 Months (45+)	5%
Been Tested for HIV (18-64)	10%
Never Been Tested for HIV (18-64)	5%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

USUAL ACTIVITIES UNATTAINABLE

Definition: Respondents who report poor physical or mental health kept them from doing their usual activities for 10 to 30 days of the past 30 days, such as self-care, work, or recreation.
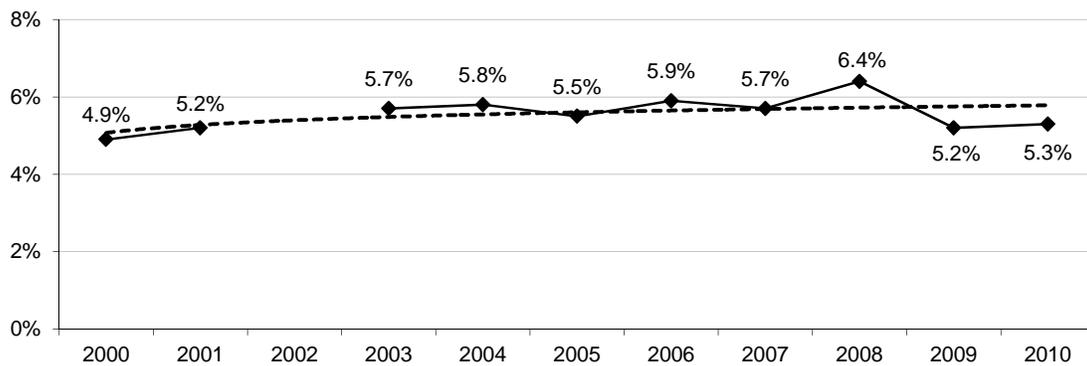
Prevalence of Usual Activities Unattainable for 10-30 Days of the Past 30

o   South Dakota 7%
o   There is no nationwide median for usual activities unattainable for 10 through 30 days of the past 30 days
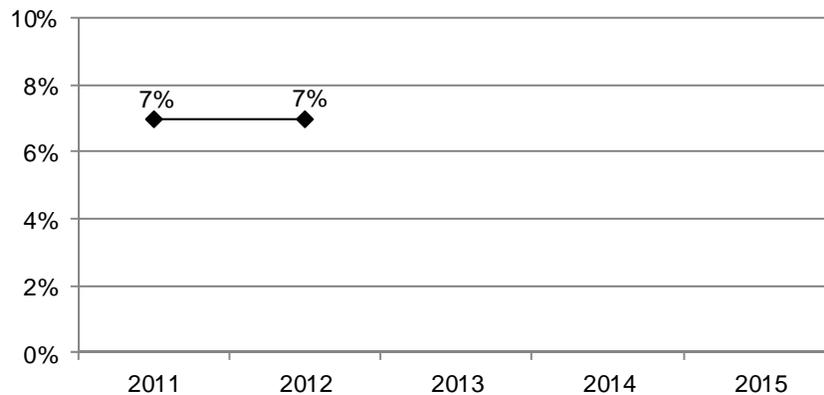
Healthy People 2020 Objective

There was no stated Healthy People 2020 Objective for usual activities unattainable for 10 through 30 days of the past 30 days.

Figure 122
Percent of Respondents Reporting Usual Activities Unattainable for 10-30 Days of the Past 30, 2001, and 2003-2010

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2000-2001, and 2003-2010

Figure 123
Percent of Respondents Reporting Usual Activities Unattainable for 10-30 Days of the Past 30, 2011-2012

Note: Beginning in 2011, the CDC began using a different methodology to weight the data, therefore current data estimates cannot be compared to previous years.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

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Table 84 Respondents Who Stated Usual Activities Unattainable for 10-30 Days of the Past 30, 2011-2012		2011-2012	2011	2012
Total		**7%**	**7%**	**7%**
Gender	Male	6%	6%	6%
	Female	8%	8%	7%
Age	18-44	6%	6%	5%
	45-64	8%	8%	8%
	65+	7%	8%	7%
Race	White	6%	7%	6%
	American Indian	13%	*	*
Ethnicity	Hispanic	10%	*	*
	Non-Hispanic	7%	7%	6%
Household Income	Less than $25,000	14%	14%	15%
	$25,000-$49,999	6%	6%	6%
	$50,000+	3%	2%	3%
Education	High School, G.E.D., or Less	9%	9%	9%
	Some Post-High School	7%	8%	6%
	College Graduate	4%	3%	4%
Employment Status	Employed for Wages	3%	3%	3%
	Self-employed	4%	*	*
	Unemployed	16%	*	*
	Homemaker	6%	*	*
	Student	5%	*	*
	Retired	7%	7%	6%
	Unable to Work	50%	*	*
Marital Status	Married/Unmarried Couple	5%	5%	5%
	Divorced/Separated	14%	*	*
	Widowed	11%	*	*
	Never Married	7%	*	*
Home Ownership Status	Own Home	6%	5%	6%
	Rent Home	10%	12%	9%
Children Status	Children in Household (Ages 18-44)	6%	*	*
	No Children in Household (Ages 18-44)	6%	*	*
Phone Status	Landline	7%	7%	7%
	Cell Phone	7%	*	*
Pregnancy Status	Pregnant (Ages 18-44)	5%	*	*
	Not Pregnant (Ages 18-44)	7%	*	*

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

Further Analysis

The following data show the percent of those stating that usual activities were unattainable for 10-30 days of the past 30 for various health behaviors and conditions. For example, 12 percent of respondents who currently smoke report that their usual activities were unattainable for 10-30 days of the past 30, while 4 percent of respondents who have never smoked report that their usual activities were unattainable for 10-30 days of the past 30.

Table 85 Usual Activities Unattainable for 10-30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Usual Activities Unattainable**
Underweight (BMI < 18.5)	9%
Recommended (BMI = 18.5-24.9)	6%
Overweight (BMI = 25.0-29.9)	6%
Obese - Class I (BMI = 30.0-34.9)	7%
Obese - Classes II & III (BMI = 35.0+)	12%

Table 85 Usual Activities Unattainable for 10-30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Usual Activities Unattainable**
Leisure Time Exercise	6%
No Leisure Time Exercise	11%
Current Smoker	12%
Former Smoker	8%
Never Smoked	4%
Smokeless Tobacco	8%
No Smokeless Tobacco	7%
Diabetes	14%
No Diabetes	6%
High Blood Pressure	9%
No High Blood Pressure	6%
Health Insurance (18-64)	7%
No Health Insurance (18-64)	8%
Employer Based Coverage (18-64)	3%
Private Health Plan (18-64)	4%
Medicare (18-64)	46%
Medicaid or Medical Assistance (18-64)	23%
The Military, CHAMPUS, TriCare, or the VA (18-64)	13%
The Indian Health Service (18-64)	11%
Breast Exam Within Past Two Years	6%
No Breast Exam Within Past Two Years	10%
Mammogram Within Past Two Years (40+)	8%
No Mammogram Within Past Two Years (40+)	8%
Pap Smear Within Past Three Years	6%
No Pap Smear Within Past Three Years	6%
Blood Stool Test Within Past Two Years (50+)	12%
No Blood Stool Test Within Past Two Years (50+)	7%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	7%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	9%
PSA Test Within the Past Two Years (40+)	7%
No PSA Test Within the Past Two Years (40+)	7%
Flu Shot (65+)	8%
No Flu Shot (65+)	7%
Pneumonia Shot (65+)	8%
No Pneumonia Shot (65+)	5%
Previously Had Heart Attack	16%
Never Had Heart Attack	6%
Have Angina or Coronary Heart Disease	19%
Do Not Have Angina or Coronary Heart Disease	6%
Previously Had a Stroke	24%
Never Had a Stroke	6%
Cancer	11%
No Cancer	6%
Skin Cancer	8%
No Skin Cancer	7%
Current Asthma	18%
Former Asthma	7%
Never Had Asthma	6%
Arthritis	14%
No Arthritis	5%
COPD	28%
No COPD	6%

Table 85 (continued) Usual Activities Unattainable for 10-30 Days of the Past 30 for Selected Health Behaviors and Conditions, 2011-2012	
Health Behavior or Condition	**% Usual Activities Unattainable**
Depression	22%
No Depression	4%
Kidney Disease	21%
No Kidney Disease	7%
Vision Impairment	15%
No Vision Impairment	5%
Been to the Dentist in the Past Year	5%
Haven't Been to the Dentist in the Past Year	10%
Always/Almost Always Wear Seat Belt	7%
Sometimes/Seldom/Never Wear Seat Belt	8%
Drank Alcohol in Past 30 Days	5%
Did Not Drink Alcohol in Past 30 Days	10%
Binge Drinker	6%
Not a Binge Drinker	7%
Heavy Drinker	8%
Not a Heavy Drinker	7%
< 3 Sweetened Beverages per Day	7%
3+ Sweetened Beverages per Day	11%
Good/Very Good/Excellent Health Status	3%
Fair/Poor Health Status	30%
Physical Health Not Good for 0-29 Days of the Past 30	4%
Physical Health Not Good for 30 Days of the Past 30	52%
Mental Health Not Good for 0-19 Days of the Past 30	5%
Mental Health Not Good for 20-30 Days of the Past 30	38%
Physical, Mental, or Emotional Problems	25%
No Physical, Mental, or Emotional Problems	2%
Disability with Special Equipment Needed	29%
No Disability with Special Equipment Needed	5%
Heard of "Healthy South Dakota" Program	6%
Not Heard of "Healthy South Dakota" Program	7%
Injured in a Fall in Past 12 Months (45+)	23%
Not Injured in a Fall in Past 12 Months (45+)	6%
Been Tested for HIV (18-64)	10%
Never Been Tested for HIV (18-64)	6%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012