
Depression

DEPRESSION

Definition: Respondents who were told by a doctor, nurse, or health professional that they had some form of depression.

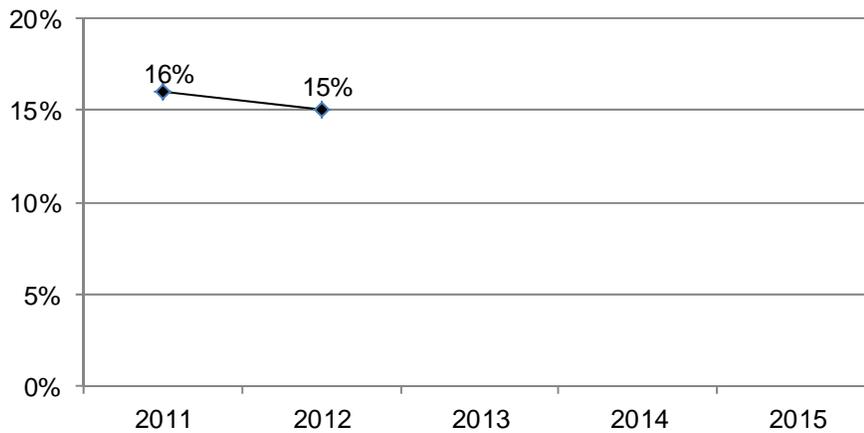
Prevalence of Depression

- South Dakota 15%
- Nationwide median 18%

Healthy People 2020 Objective

There was no comparable Healthy People 2020 Objective for having depression.

Figure 93
Percent of Respondents Who Were Told They Have Depression, 2011-2012



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

Table 60				
Respondents Who Were Told They Have Depression, 2011-2012				
		2011-2012	2011	2012
Total		16%	16%	15%
Gender	Male	12%	12%	12%
	Female	20%	21%	19%
Age	18-44	16%	17%	15%
	45-64	18%	18%	17%
	65+	13%	13%	12%
Race	White	16%	16%	15%
	American Indian	18%	*	*
Ethnicity	Hispanic	18%	*	*
	Non-Hispanic	16%	16%	15%
Household Income	Less than \$25,000	24%	25%	24%
	\$25,000-\$49,999	16%	15%	16%
	\$50,000+	11%	12%	10%
Education	High School, G.E.D., or Less	16%	16%	16%
	Some Post-High School	18%	19%	17%
	College Graduate	12%	12%	13%
Employment Status	Employed for Wages	14%	15%	14%
	Self-employed	9%	*	*
	Unemployed	27%	*	*
	Homemaker	16%	*	*
	Student	16%	*	*
	Retired	12%	11%	13%
	Unable to Work	51%	*	*
Marital Status	Married/Unmarried Couple	13%	13%	12%
	Divorced/Separated	30%	*	*
	Widowed	17%	*	*
	Never Married	18%	*	*
Home Ownership Status	Own Home	13%	13%	13%
	Rent Home	22%	23%	21%
Children Status	Children in Household (Ages 18-44)	14%	*	*
	No Children in Household (Ages 18-44)	19%	*	*
Phone Status	Landline	15%	15%	13%
	Cell Phone	19%	*	*
Pregnancy Status	Pregnant (Ages 18-44)	13%	*	*
	Not Pregnant (Ages 18-44)	20%	*	*

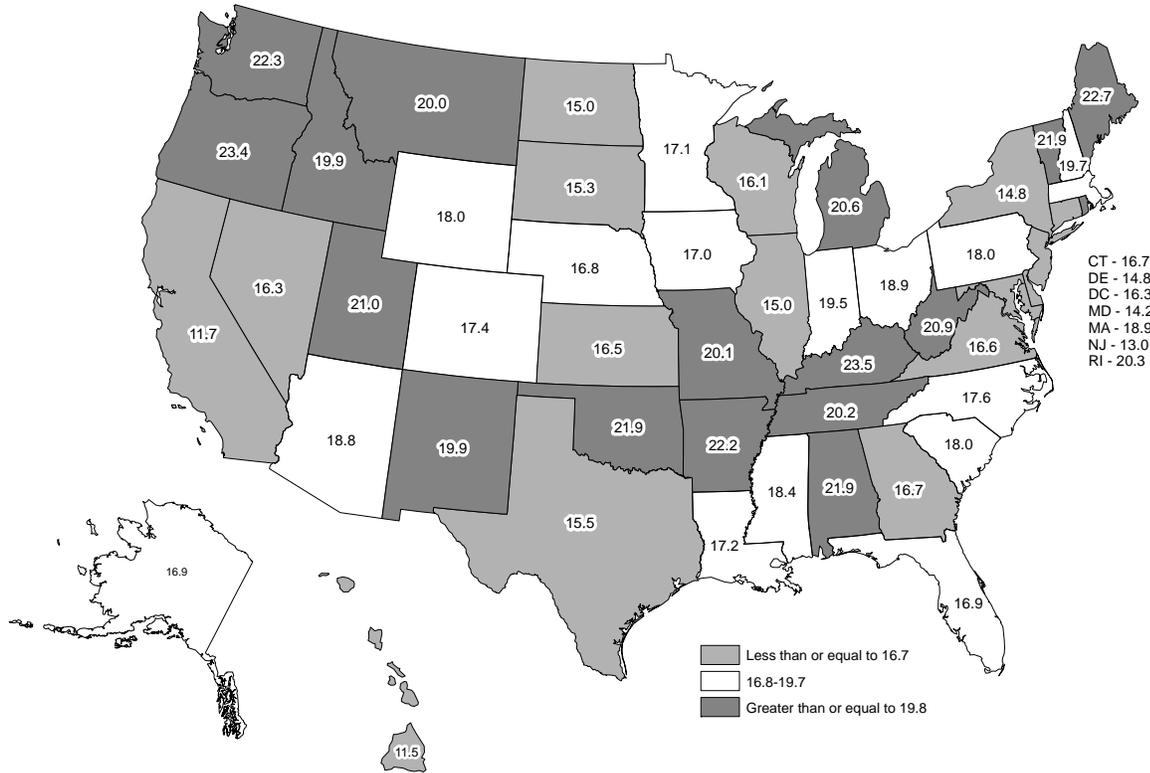
Note: *Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012

National Statistics

The national median for respondents who have depression was 18.0 percent, as shown on the following page in Figure 94. South Dakota had 15.3 percent of respondents with depression. Hawaii had the lowest percent of respondents with depression at 11.5 percent, while Kentucky had the highest with 23.5 percent.

Figure 94
Nationally, Respondents Who Were Told They Have Depression, 2012



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012

Further Analysis

The following data show the percent of those who have depression for various health behaviors and conditions. For example, 25 percent of respondents who are current smokers have depression, while 11 percent of respondents who have never smoked have depression.

Health Behavior or Condition	% with Depression
Underweight (BMI < 18.5)	22%
Recommended (BMI = 18.5-24.9)	16%
Overweight (BMI = 25.0-29.9)	13%
Obese - Class I (BMI = 30.0-34.9)	17%
Obese - Classes II & III (BMI = 35.0+)	25%
Leisure Time Exercise	15%
No Leisure Time Exercise	20%
Current Smoker	25%
Former Smoker	17%
Never Smoked	11%
Smokeless Tobacco	17%
No Smokeless Tobacco	16%
Diabetes	24%
No Diabetes	15%
High Blood Pressure	19%
No High Blood Pressure	15%
Health Insurance (18-64)	16%
No Health Insurance (18-64)	22%

**Table 61 (continued)
Depression Prevalence for Selected Health Behaviors and
Conditions, 2011-2012**

Health Behavior or Condition	% with Depression
Employer Based Coverage (18-64)	13%
Private Health Plan (18-64)	10%
Medicare (18-64)	44%
Medicaid or Medical Assistance (18-64)	29%
The Military, CHAMPUS, TriCare, or the VA (18-64)	26%
The Indian Health Service (18-64)	17%
Breast Exam Within Past Two Years	18%
No Breast Exam Within Past Two Years	20%
Mammogram Within Past Two Years (40+)	18%
No Mammogram Within Past Two Years (40+)	21%
Pap Smear Within Past Three Years	20%
No Pap Smear Within Past Three Years	13%
Blood Stool Test Within Past Two Years (50+)	20%
No Blood Stool Test Within Past Two Years (50+)	14%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	14%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	17%
PSA Test Within the Past Two Years (40+)	12%
No PSA Test Within the Past Two Years (40+)	12%
Flu Shot (65+)	13%
No Flu Shot (65+)	12%
Pneumonia Shot (65+)	15%
No Pneumonia Shot (65+)	10%
Previously Had Heart Attack	22%
Never Had Heart Attack	15%
Have Angina or Coronary Heart Disease	24%
Do Not Have Angina or Coronary Heart Disease	15%
Previously Had a Stroke	32%
Never Had a Stroke	15%
Cancer	19%
No Cancer	15%
Skin Cancer	16%
No Skin Cancer	16%
Current Asthma	30%
Former Asthma	25%
Never Had Asthma	14%
Arthritis	27%
No Arthritis	13%
COPD	38%
No COPD	15%
Kidney Disease	30%
No Kidney Disease	16%
Vision Impairment	30%
No Vision Impairment	13%
Been to the Dentist in the Past Year	14%
Haven't Been to the Dentist in the Past Year	20%
Always/Almost Always Wear Seat Belt	16%
Sometimes/Seldom/Never Wear Seat Belt	17%
Drank Alcohol in Past 30 Days	15%
Did Not Drink Alcohol in Past 30 Days	18%
Binge Drinker	16%
Not a Binge Drinker	16%
Heavy Drinker	21%
Not a Heavy Drinker	16%

**Table 61 (continued)
Depression Prevalence for Selected Health Behaviors and
Conditions, 2011-2012**

Health Behavior or Condition	% with Depression
< 3 Sweetened Beverages per Day	15%
3+ Sweetened Beverages per Day	21%
Good/Very Good/Excellent Health Status	13%
Fair/Poor Health Status	34%
Physical Health Not Good for 0-29 Days of the Past 30	15%
Physical Health Not Good for 30 Days of the Past 30	36%
Mental Health Not Good for 0-19 Days of the Past 30	13%
Mental Health Not Good for 20-30 Days of the Past 30	57%
Usual Activities Unattainable for 0-9 Days of the Past 30	13%
Usual Activities Unattainable for 10-30 Days of the Past 30	51%
Physical, Mental, or Emotional Problems	31%
No Physical, Mental, or Emotional Problems	12%
Disability with Special Equipment Needed	34%
No Disability with Special Equipment Needed	15%
Heard of "Healthy South Dakota" Program	14%
Not Heard of "Healthy South Dakota" Program	16%
Injured in a Fall in Past 12 Months (45+)	32%
Not Injured in a Fall in Past 12 Months (45+)	13%
Been Tested for HIV (18-64)	23%
Never Been Tested for HIV (18-64)	14%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2012