

Conclusion

Poor health can often be attributed to a person's behavior and lifestyle. With this in mind, risk prevalence data collected by the Behavioral Risk Factor Surveillance System allows the South Dakota Department of Health (DOH) to identify populations at risk for poor health in the future. Therefore, intervention efforts can be designed to meet the unique needs of those who are at risk. By following the changes that develop over time, the DOH will be able to monitor the progress of these efforts. Table 96, below, is a summary of the **Healthy People 2020 National Health Objectives** that can be compared with data from this survey. The arrows indicate if South Dakota is higher or lower than the national objectives.

Table 96
Summary of Healthy People 2020 National Health Objectives

<u>Objective</u>	<u>South Dakota</u> 2020	<u>Healthy People</u> <u>Targets</u> 2020
<u>Overweight and Obesity</u>		
There was no comparable Healthy People 2020 Objective	None	None
<u>Physical Activity</u>		
Reduce the proportion of adults who engage in no leisure time physical activity	↓	32.6%
<u>Tobacco Use</u>		
Reduce the proportion of adults who smoke cigarettes	↑	19.0%
<u>Diabetes</u>		
There was no comparable Healthy People 2020 Objective	None	None
<u>Hypertension</u>		
Reduce the proportion of adults with hypertension	↑	26.9%
<u>Health Insurance</u>		
Decrease the proportion of adults not insured	↑	0.0%
Decrease the proportion of children not insured	↑	0.0%
<u>Colorectal Cancer Screening</u>		
There was no comparable Healthy People 2020 Objective	None	None
<u>Prostate Cancer</u>		
There was no comparable Healthy People 2020 Objective	None	None
<u>Immunization</u>		
Increase the percentage of noninstitutionalized adults age 65 years and older who are vaccinated annually against influenza	↓	90.0%
Increase the proportion of adults age 65 years and older who have been vaccinated against pneumococcal disease	↓	90.0%
<u>Cardiovascular Disease</u>		
There was no comparable Healthy People 2020 Objective	None	None
<u>Cancer</u>		
There was no comparable Healthy People 2020 Objective	None	None

**Table 96 (continued)
Summary of Healthy People 2020 National Health Objectives**

<u>Objective</u>	<u>South Dakota</u> 2020	<u>Healthy People</u> <u>Targets</u> 2020
<u>Asthma</u>		
There was no comparable Healthy People 2020 Objective	None	None
<u>Arthritis</u>		
There was no comparable Healthy People 2020 Objective	None	None
<u>COPD</u>		
There was no stated Healthy People 2020 Objective	None	None
<u>Depression</u>		
There was no stated Healthy People 2020 Objective	None	None
<u>Kidney Disease</u>		
There was no stated Healthy People 2020 Objective	None	None
<u>Vision Impairment</u>		
There was no stated Healthy People 2020 Objective	None	None
<u>Oral Health</u>		
There was no comparable Healthy People 2020 Objective	None	None
<u>Seat Belt Use</u>		
There was no stated Healthy People 2020 Objective	None	None
<u>Alcohol Use</u>		
Reduce the proportion of adults engaging in binge drinking during the past 30 days	↓	24.4%
<u>Sweetened Beverage Consumption</u>		
There was no stated Healthy People 2020 Objective	None	None
<u>General Health Status</u>		
There was no comparable Healthy People 2020 Objective	None	None
<u>Disability</u>		
There was no comparable Healthy People 2020 Objective	None	None
<u>Healthy South Dakota</u>		
There was no stated Healthy People 2020 Objective	None	None
<u>Falls</u>		
There was no stated Healthy People 2020 Objective	None	None
<u>HIV/AIDS</u>		
There was no comparable Healthy People 2020 Objective	None	None

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012