

Sweetened Beverage Consumption

Definition: Respondents who indicated they consumed at least three sweetened beverages per day based on the following two questions: “About how often do you drink regular soda or pop that contains sugar?” and “About how often do you drink sweetened fruit drinks, such as Kool-aid, cranberry juice, and lemonade?”

Prevalence of Sweetened Beverage Consumption

- South Dakota 6%
- There is no nationwide median for sweetened beverage consumption

Healthy People 2020 Objective

There was no stated Healthy People 2020 Objective for sweetened beverage consumption.

		# Resp.	% Who Consume Sweetened Beverages	95% CI	
				Lower	Upper
Total		6,874	6%	5%	7%
Gender	Male	2,652	8%	6%	11%
	Female	4,222	4%	2%	5%
Age	18-44	1,467	9%	7%	12%
	45-64	2,846	4%	3%	7%
	65+	2,524	1%	0%	2%
Race	White	5,934	5%	4%	7%
	American Indian	705	11%	6%	19%
Ethnicity	Hispanic	*	*	*	*
	Non-Hispanic	6,785	6%	5%	7%
Household Income	Less than \$25,000	1,590	7%	5%	10%
	\$25,000-\$49,999	1,759	6%	4%	11%
	\$50,000+	2,505	5%	3%	7%
Education	High School, G.E.D., or Less	2,690	7%	5%	10%
	Some Post-High School	1,916	6%	4%	9%
	College Graduate	2,258	3%	2%	5%
Employment Status	Employed for Wages	2,912	6%	4%	9%
	Self-employed	777	5%	3%	9%
	Unemployed	238	9%	4%	20%
	Homemaker	397	9%	3%	24%
	Student	*	*	*	*
	Retired	2,106	1%	1%	2%
	Unable to Work	338	7%	4%	12%
Marital Status	Married/Unmarried Couple	4,125	5%	4%	7%
	Divorced/Separated	862	6%	4%	11%
	Widowed	1,140	1%	0%	2%
	Never Married	738	9%	6%	14%
Home Ownership Status	Own Home	5,441	4%	3%	6%
	Rent Home	1,197	9%	6%	14%
Children Status	Children in Household (Ages 18-44)	1,108	8%	6%	12%
	No Children in Household (Ages 18-44)	359	11%	7%	17%

Note: *Results based on sample sizes less than 100 have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011