

Children's Dental Health Month

The following VHS videos are available on loan from the SDDA office. To reserve a video call 224-9133.

BRUSHING MAGIC: Dudley the Dinosaur uses magic to teach little sis Dee Dee all about brushing and flossing. For pre-school age audience. (6 minutes)

DUDLEY & DEE DEE IN NUTRITION LAND: Dudley and Dee Dee go on a trip to Nutrition Land, where they learn about the food groups and dental health. For grades 3-5. (6 minutes)

DUDLEY'S CLASSROOM ADVENTURE: This videotape takes kids on a fun-filled classroom adventure as Dudley the Dinosaur writes a report on a healthy mouth. Topics covered include diet, brushing, flossing, sealants, mouthguards and more. For lower elementary. (7 minutes)

DUDLEY'S VISIT TO THE DENTIST: This animated video takes Dudley the Dinosaur through a visit to the dentist. For children of all ages, this short video introduces dental instruments and what to expect at the dental office. For lower elementary. (6 minutes)

MELVIN'S MAGICAL MOUTH MUSEUM: Accompany students as Melvin, a magician, leads them around a dental museum and shows them that good oral health isn't magic, it just takes good oral habits. Stresses the importance of regular dental visits, daily brushing and flossing, healthy eating and the benefits of sealants. For lower elementary. (8 minutes)

MOUTHGUARDS: Parents and coaches give this video "Two thumbs up!" It encourages the use of mouthguards to help prevent injury during athletic contact sports. For Junior and Senior High. (5 minutes)

THE VIDEO PROJECT: Follow a group of middle school students as they produce a video of a dental visit. Illustrates how informed students can make smart choices to protect their teeth and overall health. For Junior High. (5 minutes)

WATCH YOUR MOUTH: This video discusses five important topics, including: essentials of good oral health; importance of good nutrition; risks of mouth jewelry; tobacco and oral health; and, use of mouthguards. For Junior and Senior High. (10 minutes)

Note: The National Children's Dental Health Month Committee has decided to "retire" some of our older videos due to lack of updated information. If you'd like, these "retired" videos are still available for loan.