

Healthy Minds, Stronger Communities



HEAD FORWARD
SOUTH DAKOTA

SPEARFISH REGIONAL BRAIN HEALTH EVENT

FREE Community Event

Saturday, November 7, 2026 | 9 a.m. – noon MT

Black Hills State University, Legacy Room

CHOOSE WHAT INTERESTS YOU

Explore local resources, participate in free health screenings, and attend educational presentations throughout the morning. Choose what interests you most and enjoy the event at your own pace.

Community Resources	Connect with local organizations and explore resources for brain health, healthy aging, dementia, caregiving, and community support.
Free Health Screenings	Take a few minutes for your health! Free screening opportunities may include blood pressure, blood glucose, and hearing, along with information to help you stay informed about your health.
Educational Presentations	Hear from local and statewide experts on brain health, dementia, caregiver support, and community resources.

PRESENTATION SCHEDULE

Time	Presentation
9:00-9:10 a.m.	Welcome & Healthy Brain Initiative Overview Kari Senger
9:10-9:40 a.m.	Supporting Brain Health in Our Community Michelle Kutner
9:45-10:15 a.m.	10 Warning Signs of Alzheimer's Disease Michelle Kutner
10:20-10:50 a.m.	"Now What?" Supporting Caregivers Through the Journey They Never Expected Jamie Mutter
11:00-11:30 a.m.	Dementia Risk: What Can We Change? Deb Kullerd
11:35-11:55 a.m.	From Awareness to Action: Introducing the Healthy Brain Community Toolkit Renee Robbins
11:55 a.m.-noon	Closing Remarks

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PRESENTER BIOGRAPHIES

Kari Senger, BS

Program Coordinator, Healthy Brain Initiative-Head Forward SD, Black Hills Special Services

Kari Senger works for Black Hills Special Services Cooperative, where she serves as the Coordinator for the SD Department of Health's Healthy Brain Initiative, Head Forward SD. She leads the South Dakota Healthy Brain Coalition, working with partners across the state to promote brain health, dementia risk reduction, early detection, and support for those impacted by dementia, including families and caregivers.

Michelle Kutner, MSW, CSW

State Program Director, Alzheimer's Association – South Dakota Chapter

Michelle Kutner is a licensed social worker and State Program Director for the Alzheimer's Association – South Dakota Chapter. She provides education and support for individuals and families affected by dementia, partners with volunteers across the state, and promotes lifelong brain health through education and community engagement.

Jamie Mutter

Caregiver Support Director, Black Hills Center for Aging

Jamie Mutter serves as Caregiver Support Director for Western South Dakota and is a Dementia Certified professional and trainer for Savvy Caregiver® and Powerful Tools for Caregivers. With 28 years as a special education teacher and five years as a Day Program Director with Black Hills Special Services, Jamie has dedicated her career to supporting individuals and families. Her own caregiving experience gives her firsthand understanding of the joys, challenges, and unexpected journey of caregiving.

Deborah Kullerd, MD

Highland Senior Solutions

Dr. Deborah Kullerd is board-certified in family medicine, geriatrics, hospice and palliative medicine. After 27 years of family medicine practice in Spearfish, she helped establish the Geriatric Palliative Care Team serving the Northern Black Hills. Drawing on her clinical and personal caregiving experiences, Dr. Kullerd is dedicated to helping older adults live with dignity, meaning, purpose, and independence while supporting the families who care for them.

Renee Robbins, BS, RRT, RPFT, CDP, CDES

Program Manager, South Dakota Foundation for Medical Care

Renee Robbins is a Program Manager at the South Dakota Foundation for Medical Care, serving as a project lead and key partner in South Dakota's Healthy Brain Initiative. In this role, she oversees the development of the Healthy Brain Community Toolkit and collaborates on statewide efforts focused on brain health promotion, dementia education, and caregiver support.