

Diseases Fact Sheet - Mpox

South Dakota Department of Health

Office of Disease Prevention Services - 605-773-3737 -(1-800-592-1861 in South Dakota only)

This material is provided for informational purposes only and is not a substitute for medical care. We are not able to answer personal medical questions. Please see your health care provider concerning appropriate care, treatment or other medical advice.

What is it?



Mpox, formerly known as monkeypox, is a rare disease caused by an *Orthopoxvirus*. Persons with Mpox typically report having close, sustained physical contact with other people who have Mpox. In the recent global outbreak, persons primarily impacted were gay, bisexual, or other men who have sex with men. Anyone who has been in close contact with someone who has Mpox can get the illness. **The risk to the general public is low.**

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Symptoms

- Rash that looks like pimples or blisters that can occur in the mouth, genital and anal areas, or other parts of the face and body like the hands, feet, and chest.
- Fever



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- Headache
- Muscle and backaches
- Chills
- Exhaustion
- Swollen Lymph Nodes

Case Counts

South Dakota 2023 Case Count: 0

South Dakota 2022 Case Count: 3

[U.S. Case Count](#) (CDC)

[CDC Mpox Website](#): Mpox disease information: symptoms, transmission, and treatment.

Prevention

Take the following steps to prevent Mpox:

- Avoid close skin-to-skin contact with people who have a rash that looks like Mpox
- Do not handle or touch materials such as bedding, towels, or clothing of a person with Mpox
- Wash your hands often with soap and water

CDC Resources:

- [Signs and Symptoms](#): Mpox symptoms usually start within 3 weeks of exposure to the virus. The illness typically lasts 2-4 weeks. Know the symptoms of Mpox and when to contact a healthcare professional.
- [How It Spreads](#)
- [Testing](#)
- [Prevention](#)
 - [How to Protect Yourself](#): Learn the 5 steps that can help you protect yourself from Mpox
 - [Safer Sex & Social Gatherings](#)
 - [Congregate Settings](#): Considerations for reducing Mpox transmission in congregated living settings
- [If You're a Close Contact](#)
- [If You Are Sick](#): Learn what you can do to [take care of yourself](#) as you recover and [prevent the spread](#) to others



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 - [Mpox Toolkit for Schools and Early Care and Education Programs](#)
 - [What You Need to Know about Mpox if You Are a Teen or Young Adult](#)