

POSITIVE RELATIONSHIPS

Healthy Relationships: Talking to Teens About Boundaries

This presentation explores the traits of healthy, unhealthy, and abusive relationships. It highlights the importance of setting boundaries and equips adults to recognize and address dating violence and boundary issues in adolescents.



11:00 AM CT

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FEATURED SPEAKER

Jazmin Gonzalaz, BS, Victim's Advocate, has been with Project Sister Family Services for three years. She began as a volunteer Sexual Assault Response Counselor, supporting survivors through the 24/7 hotline and in-person accompaniments. She was later bired as an Outreach Specialis

accompaniments. She was later hired as an Outreach Specialist, providing prevention education through community presentations, healthy relationship workshops, and self-defense classes. Today, as the Outreach Services Manager, Jazmin leads prevention efforts while continuing her commitment to supporting survivors and fostering healing and growth across generations.

POSITIVE EXPERIENCES + POSITIVE RELATIONSHIPS + POSITIVE ENVIRONMENTS = PYD



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