PYD POSITIVE YOUTH DEVELOPMENT

EDUCATIONAL SERIES

POSITIVE EXPERIENCES + POSITIVE RELATIONSHIPS + POSITIVE ENVIRONMENTS = PYD

2025/2026 PYD Webinar Series

POSITIVE EXPERIENCES

Social Media & Youth Mental Health: New Research & Practical Tips

Dr. Jane Harness, Child and Adolescent Psychiatrist and adjunct clinical assistant professor at the University of Michigan. Her research focuses on the complex influences of social and entertainment media on youth mental health. She has published numerous peer-reviewed papers on this topic and is passionate about sharing helpful information with the community.

Webinar Recording:
Social Media and Youth Mental Health: New Research and Practical Tips

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POSITIVE ENVIRONMENTS

Seeing Young People through Rose Colored Glasses

Lynn Bretl, MPP, Deputy Director of the Center of Healthy Youth Development at the University of Minnesota Medical School, led a presentation on the fundamentals of adolescent development. Attendees will explore how social determinants of health can influence a young person's ability to complete key developmental tasks and how applying this perspective can strengthen their capacity to support youth more effectively.

Webinar Recording: Seeing Young People through Rose Colored Glasses

POSITIVE RELATIONSHIPS

Healthy Relationships: Talking to Teens about Boundaries

Jazmin Gonzalaz, BS, is the Outreach Services Manager at Project Sister Family Services. She leads prevention efforts while continuing her commitment to supporting survivors and fostering healing.

Webinar Recording: Healthy Relationships: Talking to Teens About Boundaries

Learn more about PYD

CER health + wellbeing

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