

ARE YOU PREGNANT?

If so, you can receive
**Pregnancy Care
Program services.**

- ⊕ Check-ins with a registered nurse
- ⊕ Pregnancy education and support
- ⊕ Postpartum support for you and baby
- ⊕ Breastfeeding education and support
- ⊕ Referrals for a crib, car seat, and other local community resources

***Ask your medical provider today for
a Pregnancy Care Program referral
and we will contact you.***



SOUTH DAKOTA
DEPARTMENT OF HEALTH

**Schedule an appointment to
talk with a nurse today!**

For more information, scan the QR code or go to
doh.sd.gov/programs/pregnancy-care-program/



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*Ask your WIC staff for a
Pregnancy Care Program
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