Suicide in the United States

- Nearly 46,000 people died by suicide in 2020
  - This was about 1 death every 11 minutes
- Suicide was the 2nd leading cause of death for 10-14-year-olds and 25-34-year-olds
- For every suicide death, there were:
  - 8 emergency department visits related to suicide
  - 27 self-reported suicide attempts
  - 275 people who seriously considered suicide

Suicide in South Dakota

- Suicide was the 10th leading cause of death in South Dakota in 2021
  - And the leading cause of death among 10-29-year-olds
- South Dakota had the 7th highest suicide rate in the nation in 2021
- There were 202 suicide deaths in 2021, the highest count in South Dakota history
- 3 South Dakota counties rank in the top 1% highest suicide rates in the nation
- The American Indian suicide rate was 2.6 times higher than White suicide rate
- There were 1,801 nonfatal self-inflicted injury visits in 2021

Prevention Resources

- If you or someone you know is in crisis, please contact the 988 Suicide and Crisis Lifeline
  - Call or Text 988
  - Chat at 988lifeline.org
- Visit the South Dakota Suicide Prevention website: sdsuicideprevention.org
- Find treatment resources at dss.sd.gov/behavioralhealth or call 211
- Visit the Great Plains Tribal Chairmen’s Health Board website: bhr.gptchb.org