SUICIDE DATA AND RESOURCES

Suicide in the United States

- Nearly 46,000 people died by suicide in 2020
 - This was about 1 death every 11 minutes
- Suicide was the 2nd leading cause of death for 10-14-year-olds and 25-34-year-olds
- For every suicide death, there were:
 - o 8 emergency department visits related to suicide
 - o 27 self-reported suicide attempts
 - 275 people who seriously considered suicide

Suicide in South Dakota

- Suicide was the 10th leading cause of death in South Dakota in 2021
 - And the leading cause of death among 10-29-year-olds
- South Dakota had the 7th highest suicide rate in the nation in 2021
- There were 202 suicide deaths in 2021, the highest count in South Dakota history
- 3 South Dakota counties rank in the top 1% highest suicide rates in the nation
- The American Indian suicide rate was 2.6 times higher than White suicide rate
- There were **1,801** nonfatal self-inflicted injury visits in 2021

Prevention Resources

- If you or someone you know is in crisis, please contact the 988 Suicide and Crisis Lifeline
 - o Call or Text 988
 - Chat at 988lifeline.org
- Visit the South Dakota Suicide Prevention website: sdsuicideprevention.org
- Find treatment resources at dss.sd.gov/behavioralhealth or call 211
- Visit the Great Plains Tribal Chairmen's Health Board website: bhr.gptchb.org

SOUTH DAKOTA HEALTH

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