## **Ebola - Doffing PPE - N95 and Gown Checklist**

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HCW leaving the patient room
Signal to enter doffing area
HC worker inspects PPE for obvious signs of contamination (if so disinfect with EPA-designated wipe)
Disinfect gloves with EPA wipe or ABHR – Allow hands to dry
Enter doffing area
Trained Observer (required to be in CDC recommended PPE)
Use a checklist
Remind that you will be reviewing the steps aloud and to repeat back
Remind steps should be done slowly and methodically – look for any rips, tears or contaminants
Disinfect outer gloves
Alcohol based hand rub – Allow hands to dry
Remove outer apron (if used)
If necessary – Assistant to untie and then perform hand hygiene with ABHR – allow hands to dry
Or Break strap by pulling gently away from body - Roll from inside out - away from body and discard
Inspect for contamination, cuts or tears and use EPA disinfectant wipe if necessary
Disinfect outer gloves
Alcohol based hand rub – Allow hands to dry
Remove boot covers
Sit on chair designated and marked for "dirty"
Remove boot covers and discard (remove based on manufacturer's instructions)
Disinfect outer gloves
Alcohol based hand rub – Allow hands to dry
*Remove outer gloves (Be careful not to snap gloves)
Pinch glove and lift at the wrist
Roll down until the glove is completely off hand in a ball in the palm of the other hand
Slide finger down and inside outer glove on the other hand and pull it off until it's balled around the first glove.
Dispose of gloves
Inspect Inner gloves – Remove inner gloves only if compromised
Inspect both sides of inner gloves (if tear, hole or contamination - disinfect with ABHR or EPA wipe)
Compromised Remove (*as indicated above)
Perform hand hygiene with ABHR – Allow hands to dry
Don new pair of gloves to edge of sleeve
Disinfect Inner gloves
Alcohol based hand rub – Allow hands to dry
Remove Face Shield
Head tilted forward slightly, grab strap at temples and pull forward and over head (which will let the face shield
fall)
Dispose face shield
Disinfect Inner gloves
Alcohol based hand rub – Allow hands to dry
Remove Surgical Hood
Head tilted slightly, grasp at crown of the head, use one hand to pull hood forward away from the body and off
the head
Dispose of surgical hood
Disinfect Inner gloves
Alcohol based hand rub – Allow hands to dry
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Doffing N95 and Gown V1: 15 November 2014

http://www.cdc.gov/vhf/ebola/hcp/ppe-training/n95Respirator Gown/doffing 01.html



## **Ebola - Doffing PPE - N95 and Gown Checklist**

Remove Gown
Release gown tie
Grasp gown at hip area, pull gown down and away from sides of body
Roll gown away from body into tight ball
Dispose of Gown
Change Inner gloves
Use Alcohol based hand rub – Allow hands to dry
* Remove and discard inner gloves
Use Alcohol based hand rub - Careful with exposed skin – Allow to dry
Put on new pair of gloves
Remove N95 Respirator
Head tilted forward, two hands grab bottom strap; pull to sides and over head
Grab upper strap, pull to sides and over head
Dispose of N95
Disinfect Inner gloves
Use Alcohol based hand rub – Allow hands to dry
Disinfect shoes
Sit in chair designated as "clean" chair
Use EPA registered disinfectant wipe (top to bottom – include sole)
Disinfect Inner gloves
Use Alcohol based hand rub – Allow hands to dry
Remove gloves
* Remove gloves
Discard gloves
Perform hand hygiene
Use Alcohol based hand rub – Allow hands to dry
Inspect body for contamination
Check for rips, tears or contaminants on clothing
Exit Doffing area
Remove scrubs and shower
Name of Healthcare Personnel:
Date: Time:Patient Room#
Signature of Trained Observer:

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