

# PREVENT THE FLU, COLDS & Other Infectious Diseases

- ▶ GET YOUR FLU VACCINE
- ▶ Wash Your Hands Often With Soap & Water
- ▶ If You Cough or Sneeze, Cover Your Mouth
- ▶ Don't Touch Your Eyes, Nose or Mouth
- ▶ If You're Sick, Stay Home
- ▶ Use Hand Gel

