

## Ebola – Doffing PPE – N95 and Coverall Checklist

<b>HCW leaving the patient room</b>	
<input type="checkbox"/>	Signal to enter doffing area
<input type="checkbox"/>	HC worker inspects PPE for obvious signs of contamination (if so wipe with EPA-designated wipe)
<input type="checkbox"/>	Disinfect gloves with EPA wipe or Alcohol based hand rub - Allow hands to dry
<input type="checkbox"/>	Enter doffing area
<b>Trained Observer (required to be in CDC recommended PPE)</b>	
<input type="checkbox"/>	Use a checklist
<input type="checkbox"/>	Remind that you will be reviewing the steps aloud and to repeat back
<input type="checkbox"/>	Remind steps should be done slowly and methodically
<b>Disinfect outer gloves</b>	
<input type="checkbox"/>	Alcohol based hand rub – Allow hands to dry
<b>Remove outer apron (if used)</b>	
<input type="checkbox"/>	Gently pull from neck or have trained observer or assistant untie
<input type="checkbox"/>	Roll from inside out away from body and discard
<input type="checkbox"/>	Inspect for contamination, cuts or tears and use EPA disinfectant wipe if necessary
<input type="checkbox"/>	If assistant has helped use Alcohol based hand rub and allow to dry
<b>Disinfect outer gloves</b>	
<input type="checkbox"/>	Alcohol based hand rub – Allow hands to dry
<b>Remove boot/shoe covers * ONLY IF ON OUTSIDE OF COVERALL</b>	
<input type="checkbox"/>	Sit on chair designated and marked for “dirty”
<input type="checkbox"/>	Remove boot /shoe covers and discard (remove based on manufacturer’s instructions)
<input type="checkbox"/>	Disinfect Outer Gloves with alcohol based hand rub – Allow hands to dry
<b>*Remove outer gloves – Do not snap gloves and cause spray</b>	
<input type="checkbox"/>	Pinch glove and lift at the wrist
<input type="checkbox"/>	Rolled down until the glove is completely off hand in a ball in the palm of the other hand
<input type="checkbox"/>	Slide finger down and inside outer glove on other hand and pull it off until it's balled around the first glove.
<input type="checkbox"/>	Dispose of outer gloves
<b>Inspect Inner gloves</b>	
<input type="checkbox"/>	If no signs of tears, holes or contamination perform hand hygiene with ABHR – Allow hands to dry
<input type="checkbox"/>	Inspect both sides of gloves (if tear, hole or contamination – see next step)
<input type="checkbox"/>	<div style="display: flex; justify-content: space-between;"> <span>Compromised gloves</span> <span><input type="checkbox"/> Perform hand hygiene with ABHR or EPA wipe</span> </div> <div style="display: flex; justify-content: space-between;"> <span><input type="checkbox"/> Remove gloves</span> <span><input type="checkbox"/> Perform hand hygiene with ABHR</span> <span><input type="checkbox"/> Don new pair of gloves</span> </div>
<b>Remove Face Shield</b>	
<input type="checkbox"/>	Tilt head forward slightly, grab the strap at the temples and pull it forward and over your head, which will let the face shield fall from face.
<input type="checkbox"/>	Dispose of face shield
<b>Disinfect Inner gloves</b>	
<input type="checkbox"/>	Alcohol based hand rub – allow to dry
<b>Remove Hood</b>	
<input type="checkbox"/>	Tilt head slightly, grasp at the crown of the head and use one hand to pull the hood forward and away from body and off head
<input type="checkbox"/>	Dispose Hood
<b>Disinfect Inner gloves</b>	
<input type="checkbox"/>	Alcohol based hand rub – Allow hands to dry
<b>Remove Coverall – Always avoid touching of scrubs and skin during the process</b>	
<input type="checkbox"/>	Tilt head back and reach for the zipper at the top of the suit
<input type="checkbox"/>	Grasp zipper with two fingers (without using the other hand on the front of the suit) and pull down unzipping completely
<input type="checkbox"/>	Assistant will stand behind HC worker and grasp the outside of the coverall at the shoulders and pull it off of the body in a downward motion until the coverall is off the shoulders completely

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<input type="checkbox"/> Assistant will then reposition his or her hands and roll the suit outward and down the back in a controlled fashion, removing hc workers arms and slowly pulling it down until it's at the waist
<input type="checkbox"/> To get the coverall off the rest of the way, the hc worker may need to sit down in the clearly marked clean chair Grab the coverall, and pull it away from your body, one leg at a time.
<input type="checkbox"/> Dispose of coverall
<b>Disinfect Inner gloves</b>
<input type="checkbox"/> Assistant - Use Alcohol based hand rub – Allow hands to dry
<input type="checkbox"/> HC worker - Use Alcohol based hand rub – Allow hands to dry
<b>Remove boot/shoe covers</b>
<input type="checkbox"/> Sit on chair designated and marked for “clean” to remove your boot covers ONLY
<input type="checkbox"/> Remove boot/shoe covers and discard (remove based on manufacturer's instructions)
<b>Change Inner gloves</b>
<input type="checkbox"/> Remove gloves and discard gloves
<input type="checkbox"/> Perform hand hygiene with Alcohol based hand rub – allow hands to dry
<input type="checkbox"/> Don new pair of gloves
<b>Remove N95 Respirator</b>
<input type="checkbox"/> Tilt head forward. Then, use two hands to grab the bottom strap, pull to the sides, then over head. Next, use both hands to grab the upper strap, pull to the sides, then over head. Keep tension on the upper strap as you remove it, which will let the mask fall forward
<input type="checkbox"/> Discard N95 respirator
<b>Disinfect Inner gloves</b>
<input type="checkbox"/> Use Alcohol based hand rub – Allow hands to dry
<b>Disinfect Shoes</b>
<input type="checkbox"/> Sit in chair marked “clean”
<input type="checkbox"/> Use EPA-registered disinfectant wipes to thoroughly disinfect all the surfaces of shoes, moving from top to bottom and including the soles
<b>Disinfect Inner gloves</b>
<input type="checkbox"/> Use Alcohol based hand rub - Allow hands to dry
<b>Remove Inner Gloves</b>
<input type="checkbox"/> * Remove Inner gloves
<input type="checkbox"/> Discard Inner gloves
<b>Perform Hand Hygiene</b>
<input type="checkbox"/> Use Alcohol based hand rub – allow hands to dry
<input type="checkbox"/> <b>Review Body for Contamination</b>
<b>Exit Doffing Area</b>
<input type="checkbox"/> Remove scrubs and shower

Healthcare personnel name: \_\_\_\_\_

Assistant name: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Room # \_\_\_\_\_

Signature of Trained Observer: \_\_\_\_\_

