

**Bringing healthcare  
to your community!**



### **WIC: Women, Infants and Children supplemental nutrition program**

- + Available to income eligible pregnant, postpartum women for 6 months, breastfeeding women for 1 year, infants, and children under the age of 5
- + Height, weight, hemoglobin, nutrition assessment
- + Provide breastfeeding support and breast pumps
- + Nutrition education and counseling
- + Referrals to other community resources

### **Pregnancy Care**

- + Available to any pregnant or postpartum South Dakota women and/or infants
- + Services are delivered by a nurse with the purpose to improve outcomes that help to support healthy pregnancies and families
- + Pregnant women will receive an initial risk assessment to help identify needs/social determinants of health with the goal to identify resources and educational needs
- + Monthly visits with a nurse that are supplemental to regular prenatal care with their healthcare provider
- + A nurse visit will be offered to postpartum women and/or infants that will be supplemental to a follow-up visit with their healthcare provider
- + Nurse visits will include weight check, blood pressure check, health assessment, education, support, referrals to community resources, and communication with their healthcare provider as individual needs arise

### **Safe Sleep**

- + Safe sleep education will be provided to all pregnant/postpartum women and caregivers of infants based on the latest guidance by the American Academy of Pediatrics
- + A visit will be completed with a nurse to assess for a safe sleep environment and to provide education
- + Families without a safe sleep environment may be eligible to receive a pack-n-play

### **Maternal Depression Screening**

- + All pregnant and postpartum women are eligible for a depression screening with a nurse
- + The visit will consist of completing the screening tool(s), education, support, and referral to provider, if needed

### **Developmental Screening**

- + All families with children 2 months – 60 months of age will be offered a parent-led screening tool(s) to complete to help promote early detection and identify normal development
- + The two screening tools offered are the *Ages and Stages Questionnaires (ASQ)* helps to capture developmental delays or disorders. *Age and Stages Questionnaires: Social Emotional (ASQ-SE)* helps to capture emotional and social competencies

### **Immunizations**

- + Review vaccine records of patients
- + Provide age-appropriate vaccines
- + Educate families on vaccines
- + Schedule follow up vaccinations as necessary

### **Oral Health**

- + Children under the age of 6 years old will visit with a nurse to complete an Oral Health Risk Assessment
- + The assessment will determine those children eligible to receive fluoride varnish to help reduce dental caries

### **Sexually Transmitted Infection (STI) Testing**

- + STI/HIV Testing
- + STI Treatment
- + STI/HIV education and counseling
- + Referrals to other community resources



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