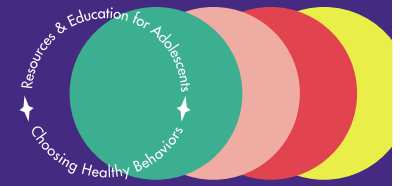


REACH



REDUCING THE RISK

RESOURCES FOR YOUTH 14-18 years old, high school

KEY FEATURES

The Reducing the Risk program (RTR) gives teens the information, skills, and confidence to protect themselves from unplanned pregnancy, HIV, and other STIs. RTR encourages young people to build healthy relationships so they can talk with a partner about the decision to abstain or practice safer sex.

WHAT TO EXPECT

Trained facilitators will create engaging and empowering classroom experiences, providing 16 lessons from the curriculum, taught in 45-60 minute sessions.

IMPACT

- Demonstrate effective communication skills for remaining abstinent and for avoiding unprotected sexual intercourse.
- Evaluate the risks and lasting consequences of becoming an adolescent parent or becoming infected with HIV or another STI.
- Recognize that abstaining from sexual activity or using contraception are the only ways to avoid pregnancy, HIV and other STIs.
- Conclude that factual information about conception and protection is essential for avoiding teen pregnancy, HIV and other STIs.

COMPONENTS

- Role plays
- Skill practice
- Brainstorming
- Group discussion
- Worksheet activities
- Problem-Solving
- Decision-Making
- Goal-Setting

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Independent
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