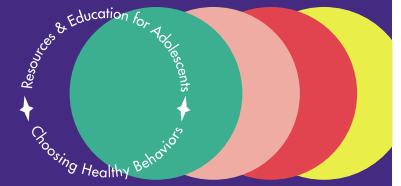




# REACH



## TEEN OUTREACH PROGRAM

**RESOURCES FOR YOUTH** 12-19 years old, middle school and high school

### KEY FEATURES

Wyman's evidence-based Teen Outreach Program® (TOP®) is a positive youth development program designed to build teens' educational success, life and leadership skills, and healthy behaviors and relationships. As a result, teens are better able to navigate challenges during their teenage years- a time when decisions matter.

### WHAT TO EXPECT

Caring, responsive, and knowledgeable TOP facilitators will build strong, supportive relationships with teens and create engaging and empowering classroom experiences, providing at least 12 lessons from the TOP curriculum with content tailored to teens' needs and interests, taught in 45-minute modules. TOP teens complete at least 10 hours of meaningful community service learning, which includes planning, action, and reflection.

### IMPACT

- Teens build and hone social and emotional skills, like managing emotions, problem-solving, decision-making, and empathy that are proven to help them be successful during the teenage years, and also later in life.
- Teens improve academic performance, and lower risky behaviors like truancy and suspension that leads to dropout.

### COMPONENTS

- Emotion Management
- Decision-Making
- Problem-Solving
- Goal-Setting
- Self Understanding
- Social Identity
- Health & Wellness
- Community
- Empathy
- Communication
- Relationships

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**TOP** Teen  
Outreach  
**W Y M A N** Program

