



## Pregnancy Weight Gain Resource Order Form



The following materials can be ordered from South Dakota Department of Health, Perinatal Health Program at 600 E. Capitol Pierre, SD 57501 or FAX 605.773.5683 or email DOH.PerinatalHealth@state.sd.us

### Prenatal weight gain grids

Quantity  
 \_\_\_ pads Underweight (50 sheets per pad)  
 \_\_\_ pads Normal (50 sheets per pad)  
 \_\_\_ pads Overweight (50 sheets per pad)  
 \_\_\_ pads Obese (50 sheets per pad)

### BMI wall chart

Quantity  
 \_\_\_ BMI wall chart

### Patient education brochure

Quantity  
 \_\_\_ I didn't Know! My weight matters  
 \_\_\_ A Healthy Mom's Daily Food Guide

### Poster

Quantity  
 \_\_\_ 8 1/2x11 size poster "I didn't Know! My weight matters"  
 \_\_\_ 18 x 24 size poster "I didn't Know! My weight matters"

### Resource toolkit

Quantity  
 \_\_\_ kits Pregnancy weight gain resource toolkit

Healthy Smiles for Two - order by going to <http://doh.sd.gov/prevention/oralhealth/>

Send to: \_\_\_\_\_  
 Name

\_\_\_\_\_  
 Mailing address

\_\_\_\_\_ City State Zip

\_\_\_\_\_ Contact name Phone number