

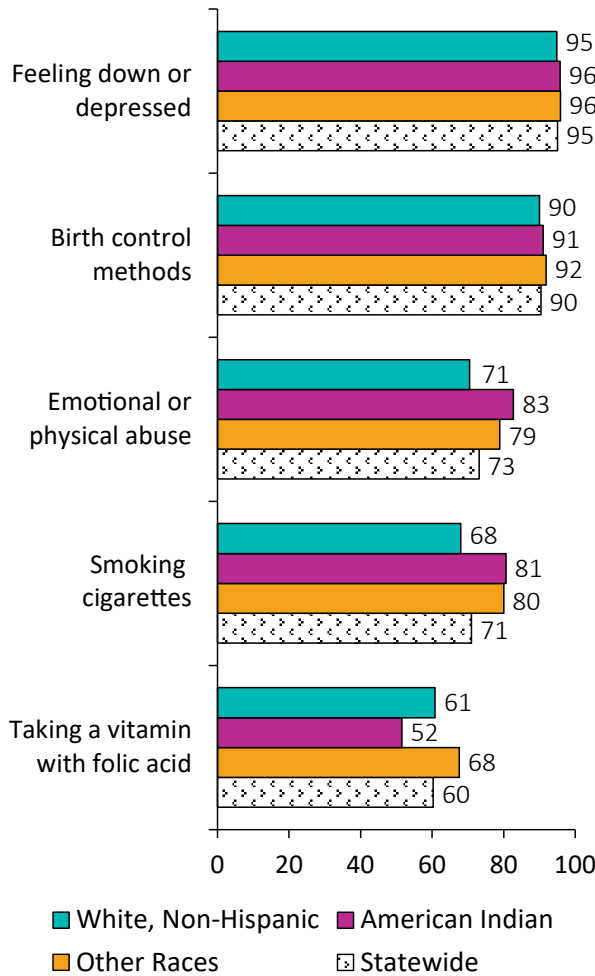


POSTPARTUM CARE

South Dakota PRAMS, 2018

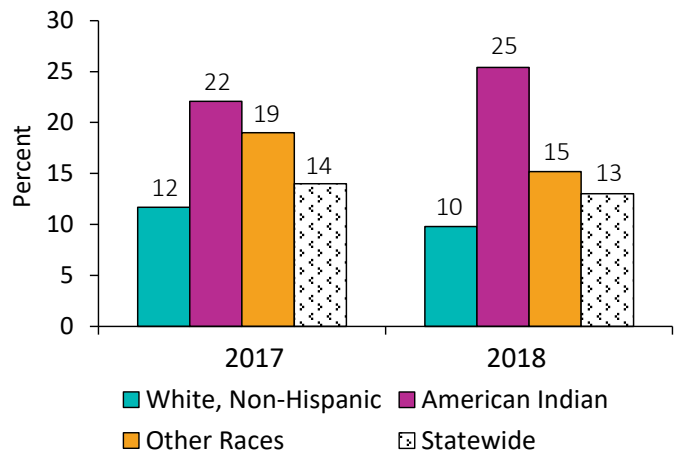
89% of South Dakota mothers giving birth in 2018 had a postpartum checkup. This differed by race: **94%** for white, non-Hispanic mothers, **71%** for American Indian mothers, and **89%** of mothers of other races.

Top Five Topics Covered at Postpartum Visit



58% or fewer of the South Dakota mothers reported the following topics were covered at a postpartum visit: healthy eating, exercise, and losing weight gained during pregnancy (58%); how long to wait before getting pregnant again (48%); gave or prescribed a contraceptive method such as the pill, patch, shot, NuvaRing, or condoms (41%); inserted an IUD or a contraceptive arm implant (23%); and were tested for diabetes (17%).

Postpartum Depressive Symptoms



POSTPARTUM DEPRESSIVE SYMPTOMS WERE MORE COMMON AMONG:

- ▶ American Indian mothers
- ▶ Younger mothers
- ▶ Mothers with less years of education
- ▶ Unmarried mothers
- ▶ Lower household income

POSTPARTUM DEPRESSIVE SYMPTOMS WERE ASSOCIATED WITH HIGHER PREVALENCE OF:

- ▶ Adverse childhood experiences (ACE) score
- ▶ Diabetes, hypertension or depression during pregnancy
- ▶ Emotional abuse during pregnancy
- ▶ Teeth not cleaned during pregnancy
- ▶ Smoking and illicit drug use before pregnancy

