ALCOHOL INTAKE IN WOMEN OF CHILDBEARING AGE

Alcohol consumption during pregnancy can have negative effects including Fetal Alcohol Syndrome (FAS). FAS includes physical abnormalities, behavioral problems, learning disabilities, and below average head size, height, and weight. Since many pregnancies are unintended and often not known until late in the first trimester, it is important to reduce alcohol consumption in women of childbearing age who are at high risk of pregnancy.

Among women giving birth in 2018 and who drank 3 months before pregnancy, the number of times they drank 4 alcoholic drinks or more in a 2-hour time span:

- Never: 62%
- 1 time: 18%
- 2-3 times: 15%
- 4 or more times: 5%

MOTHERS WHO DRANK 3 MONTHS BEFORE PREGNANCY WERE MORE LIKELY TO BE:
- White race
- Non-Hispanic
- Older
- More years of education
- Married
- Have a higher yearly income

Data from SD 2018 PRAMS report. See https://doh.sd.gov/statistics/prams.aspx