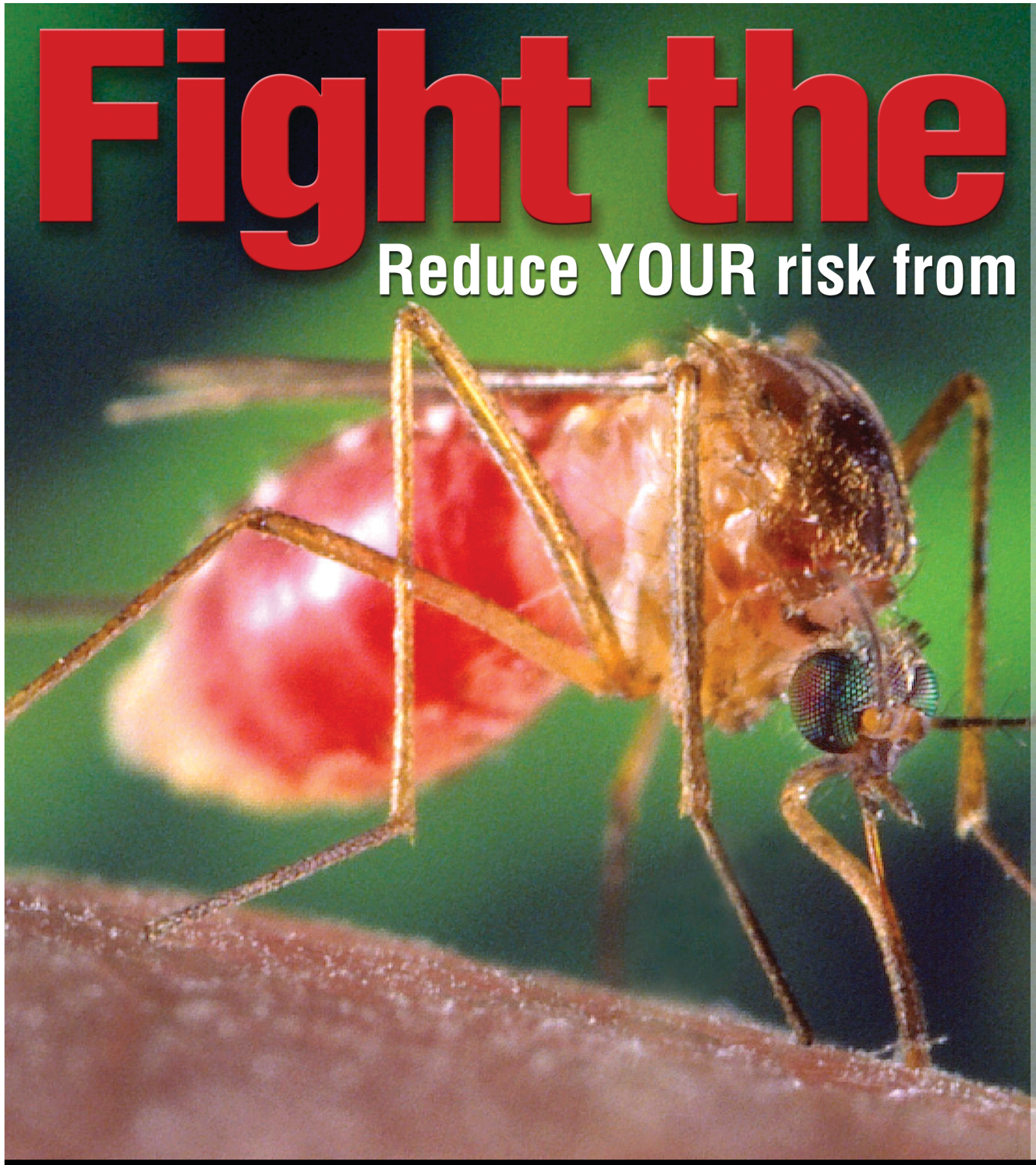
# Fight the Bite!

## Reduce YOUR risk from West Nile Virus



### PROTECT YOURSELF

- Avoid being outdoors at dusk and dawn
- Cover as much skin as possible with loose-fitting clothing
- Use insect repellents containing DEET or Picaridin
- Remove standing water
- Replace damaged window screens

### TO LEARN MORE

- On the Web, visit http://WestNile.sd.gov or http://sdces.sdstate.edu/westnile
- Call the Health Department at 1-800-592-1861 or your local county Extension office

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South Dakota Department of Health

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