



Goals Focus on	I. Public Awareness & Promotion Enhance public awareness and promote diabetes prevention and management services and resources	II. Health Professional Screening & Referral Improve and expand screening and diabetes prevention and management service referral
Objectives Measure	<ol style="list-style-type: none"> Increase the number of new visitors sessions to the SD Diabetes Awareness website www.undotherisk.com from 10,342 to 12,930. Increase the number of individuals with prediabetes who have participated in evidence-based lifestyle change programs (e.g. National DPP, BCBH SD, etc.) from 1,230 to 1,981. Increase the yearly number of individuals with diabetes who have participated in evidence-based diabetes self-management programs (e.g. BCBH SD, ADA & ADCES DSMES programs) from 3,931 to 5,018. Increase the number of individuals who complete the Undo the Risk self-risk test each year from 5,828 to 12,000. Decrease the percentage of adults who are obese from 33% to 29%. 	<ol style="list-style-type: none"> Increase the percentage of individuals who have been told by their health care provider that they have prediabetes from 7% to 8%. Increase the number of referring entities who refer individuals to diabetes prevention programs from 20 to 50. Increase the percentage of individuals with prediabetes who are referred by a health care professional to prediabetes education to prevent diabetes from 40% to 45%. Increase the percentage of individuals with diabetes who have ever taken a course or class in how to manage diabetes from 63% to 66%.
Strategies Work On	<ol style="list-style-type: none"> Develop and promote educational resources, evidence-based programs, and awareness tools. »Tailor diabetes prevention and management messaging and resources for specific cultures and languages. Promote the Undotherisk.com, Good and Healthy, and HealthySD websites. Promote school, worksite, community, and healthcare policies and environmental changes that support healthy, active lifestyles. 	<ol style="list-style-type: none"> Promote provider diagnosis of individuals with prediabetes. Promote provider referrals to evidence-based diabetes prevention and management programs/services. Strengthen processes for referring patients to diabetes prevention and management services/programs. Improve and expand infrastructure for care coordination for those at risk for or diagnosed with diabetes. Identify a system for bi-directional and cross-system communication, referrals, billing and evidence-based program directory. Work with healthcare partners to improve quality of care for patients with, and at risk for, diabetes around screening, testing, and referrals.
Goals Focus on	III. Availability & Access to Services Expand availability and access to diabetes prevention and management services	IV. Reimbursement & Sustainability Maximize coverage and utilization of diabetes prevention and management services to create sustainability
Objectives Measure	<ol style="list-style-type: none"> »Increase the number of evidence-based diabetes management programs available in high need areas of South Dakota from 23 to 25. »Increase the number of evidence-based lifestyle change programs available in high need areas of South Dakota from 20 to 40. »Increase the number of tailored evidence-based lifestyle change programs for populations disproportionately affected by diabetes from 0 to 5. 	<ol style="list-style-type: none"> Increase the number of private payers that cover the costs of the National DPP from 1 to 4. Increase the number of workplaces that promote diabetes prevention and management within the workplace from 13 to 25. Increase the number of Medicare DPP in South Dakota from 0 to 2.
Strategies Work On	<ol style="list-style-type: none"> »Expand the CHW workforce (see Community Health Worker Strategic Plan). »Create or adapt existing evidence-based programs/curriculums (including virtual) to better reach priority populations (e.g. Tribal, Karen, Hutterite, Spanish-speaking) and ensure health equity. »Improve access and use of digital devices in rural communities. »Expand availability of telehealth and virtual programs and services. 	<ol style="list-style-type: none"> Work with private payers to cover the National DPP. Encourage employers to offer evidence-based programs and worksite wellness benefits for employees. Increase the number of providers/programs submitting reimbursement for diabetes prevention & management services to Medicaid, Medicare, and private payers. Expand patient understanding of reimbursable services related to diabetes prevention & management.

CORE PRINCIPLES

Emphasize health equity | Engage partners and communities | Collaborate across sectors and chronic disease programs | Use evidenced-based strategies

