Welcome to the 2019 Cardiovascular Collaborative Annual Meeting

Polling Question:

Which superpower skills do you bring with you to support the Collaborative?

Please submit your responses manually by completing handout and turning it in.
HOUSEKEEPING

- Sign-in sheet
- What’s Your Super Power?
- Photo booth
- Snacks / Lunch
- Restrooms
- Breaks
TODAY’S AGENDA

Friday, May 10th, 9am - 4pm

- Welcome & Setting the Stage
- Celebrate Success
- New Member Orientation Guide
- Community Spotlight
- ***Lunch***
- Making Connections - Open Share
- Refine the Plan & Set Priorities
- Looking Ahead
- Get Involved & Wrap Up

GROUND RULES

- Be proactive; future-focused
- Include all viewpoints
- Everyone participates
- Stay focused on the goals
- Respect different perspectives
- Everyone is valued
ICE BREAKER ACTIVITY
MARY MICHAELS

ICE BREAKER: WHAT'S YOUR ALTER EGO?

What's Your Superhero Name?
What's Your Superpower?
PICK YOUR SUPERPOWER!

- Travel Through Time
- Ability to Control Fire or Wind or Water or ??
- Enhanced Vision
- Super Speed
- Super Strength
- Transform Objects Into…. (what?)
- Clone Yourself
- Enhanced Hearing
- Ability to Fly
- Teleport
- Invisibility
- Fluent in All Languages
- Super Intelligence
- Talk to Animals
- Telepathy

THE CARDIOVASCULAR COLLABORATIVE

RACHEL SEHR
# The Cardiovascular Collaborative

The Collaborative consists of professionals, representing broad and diverse organizations and facilities, who collectively want to improve quality of life for all South Dakotans through the prevention and control of heart disease and stroke.

## Facilities Represented

- American Heart Association
- Avera Health Plans/Dakotacare
- Avera Heart Hospital
- Avera McKennan Hospital & University Health Center
- Avera Sacred Heart Hospital
- Avera St. Benedict
- Bon Homme Community Health
- City of Sioux Falls Health Department
- Community Health Center of the Black Hills
- Community Healthcare Association of the Dakotas (CHAD)
- Dakota State University
- Department of Social Services - Health Home
- Falls River Health Services Cardiac Rehab
- Great Plains Tribal Chairmen’s Health Board (GPTCHB)
- Great Plains Quality Innovation Network (QIN) and South Dakota Foundation for Medical Care (SDPMC)
- HealthPOINT
- Horizon Healthcare
- Huron Clinic Foundation Ltd. (aka, Huron Clinic)
- Indian Health Service (HIS)
- Landmann-Jungmann Memorial Hospital
- Lewis Family Drug
- PatientCare EMS
- Prairie Lakes Healthcare
- Rapid City Regional Hospital
- Regional Health
- Sanford Health
- Sanford USD Medical Center
- SD Association of Healthcare Organizations (SDAHO)
- SD Department of Health (SDDOH)
- SD EMS Association
- SD State Medical Association
- Sioux Falls VA Hospital
- Sisseton Wahpeton Sioux Tribe
- Sisseton-Wahpeton Oyate
- South Dakota Health Link
- South Dakota State University (SDSU)
- Spearfish Ambulance Service
- University of Sioux Falls
- Urban Indian Health

39 Facilities!
CARDIOVASCULAR COLLABORATIVE
ORGANIZATIONAL STRUCTURE

LEADERSHIP TEAM MEMBERS

- Holly Arends
- Kevin Atkins
- Mandi Atkins
- Mark East
- Kiley Hump
- Marty Link
- Chrissy Meyer
- Mary Michaels
- Ashley Miller
- Gary Myers
- Rachel Sehr
- Lori Thomas
GOAL AREA LEADS

<table>
<thead>
<tr>
<th>GOAL 1</th>
<th>GOAL 2</th>
<th>GOAL 3</th>
<th>GOAL 4</th>
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<tbody>
<tr>
<td>Ashley Miller</td>
<td>Kiley Hump</td>
<td>Marty Link</td>
<td>Rachel Sehr</td>
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<tr>
<td>Kevin Atkins</td>
<td>Larissa Skjonsberg</td>
<td>Megan Hlavacek</td>
<td>Mary Michaels</td>
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COLLABORATIVE PLANNING PROCESS

Key Informant Interviews → Stakeholder Survey → In-Person Meeting July 2016 → Prioritize Strategies → Goal Area Groups in Action
### GOAL AREA GROUPS

<table>
<thead>
<tr>
<th>Goal 1</th>
<th>Goal 2</th>
<th>Goal 3</th>
<th>Goal 4</th>
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<tbody>
<tr>
<td><strong>Data Collection</strong></td>
<td><strong>Priority Populations</strong></td>
<td><strong>Continuum of Care</strong></td>
<td><strong>Prevention &amp; Management</strong></td>
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<tr>
<td>A. Cardiovascular health data across goal areas.</td>
<td>A. Team-based, patient-centered care.</td>
<td>A. Cardiac ready communities.</td>
<td>A. Quality improvement processes in health systems.</td>
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<td></td>
<td>B. Community clinical linkages (CHW).</td>
<td>B. Utilization of community-based resources and programs such as Mission: Lifeline and LUCAS for EMS.</td>
<td>B. Awareness, detection and management of high blood pressure.</td>
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<td>C. Access to care for priority populations.</td>
<td>C. Infrastructure and sustainability of EMS.</td>
<td>C. Prevention and lifestyle interventions in communities.</td>
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<td></td>
<td>D. Collaboration with tribal communities.</td>
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**Goals**

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<tr>
<th>V. IMPROVE DATA COLLECTION</th>
<th>J. IMPROVE DATA COLLECTION</th>
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<tr>
<td>Drive policy and population outcomes through improved data collection and analyses for heart disease and stroke.</td>
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**Objectives**

| 1. Identify and track data to support at least one heart disease and stroke priority population. | 1. Increase the number of nurses in South Dakota from 2016 to 2020 in the 100% goal. | 1. Decrease emergency response times by lowering response times to 10 minutes by 2022. | 1. Decrease preventable heart attacks from 3% (2016) to 4.5% (2020). |
| 2. Increase input into at least 4 data collection tools by organizations and/or individuals by 20% by 2020. | 2. Decrease the estimated death rate from heart disease in the American Indian population from 255 per 100,000 to 200 per 100,000 by 2020. | 2. Reduce 90-day readmission rate for heart disease and stroke from 6.5% to 4.9% by 2020. | 2. Increase the number of heart attacks from 3% (2016) to 4.5% (2020). |

**Strategies**

| A. Identify and promote training of a common set of minimum cardiovascular health data for use for both prevention and improvement of heart disease and stroke outcomes. | A. Promote the different roles of team-based, patient-centered care (health, community clinics, health homes, POMs). | A. Develop tools for cardiac ready communities. | A. Encourage the implementation of quality improvement processes in health systems. |
| B. Maximize community-clinical linkages (e.g., CHW) with other organizations. | B. Support policies that increase access to heart disease and stroke care for priority populations. | B. Ensure utilization of community-based resources and programs such as Mission: Lifeline and LUCAS for EMS. | B. Promote awareness, detection and management of high blood pressure. |
| C. Support policies that increase access to heart disease and stroke care for priority populations. | C. Improve collaboration with tribal communities. | C. Implement effective interventions to improve the quality of patients and sustainability of systems. | C. Implement effective interventions to improve the quality of patients and sustainability of systems. |
| D. Explore innovative strategies to sustain EMS services per funding. | D. Explore innovative strategies to sustain EMS services per funding. | D. Explore innovative strategies to sustain EMS services per funding. | D. Explore innovative strategies to sustain EMS services per funding. |
CELEBRATE SUCCESS!
MARY MICHAELS

CARDIAC READY COMMUNITIES
MARTY LINK AND MEGAN HLAVACEK
### CARDIAC READY COMMUNITIES

- **Goal:** Educate, equip, and empower local community members to be better prepared and more confident in helping a patient experiencing a cardiac event prior to the ambulance arriving.
- The CRC Program promotes the American Heart Association Chain of Survival, which can improve the chances of survival and recovery for victims of cardiac events.

![Chain of Survival Diagram](image)

### 9 Focus Areas

- **Focus Area #1** - Community Leadership
- **Focus Area #2** - Community Awareness Campaign
- **Focus Area #3** - Community Blood Pressure Control Program
- **Focus Area #4** - CPR and AED Training
- **Focus Area #5** - Public Access AED Locations
- **Focus Area #6** - EMS Dispatching Program
- **Focus Area #7** - EMS Services
- **Focus Area #8** - Hospital Services
- **Focus Area #9** - CRC Program Evaluation and Sustainability
TEAM-BASED CARE TOOLKIT & WEBINARS

RA C H E L S E H R

TEAM-BASED CARE TOOLKIT

Goal Group 2: TBC Toolkit
- PCMH
- PACT
- Medicaid Health Homes
- Other

https://doh.sd.gov/diseases/chronic/heartdisease/TeamBasedCareGuide/
TEAM-BASED CARE TOOLKIT

- **Introducing the SD TBC Toolkit**
  - December 12, 2018
- **Types of Team-Based Care**
  - January 9, 2019
- **Patient and Provider Perspectives on TBC**
  - February 13, 2019
- **Realities of TBC in Rural SD**
  - Rescheduled to April 3, 2019

- Kathi Mueller, Lori Thomas
- Betty Crandall, Leanne Kopfmann, Kelsey Raml, Kathy Jedlicka
- Heather Bowar, Melissa Gale, Kathy Jedlicka

QUALITY IMPROVEMENT RESOURCE GUIDE & WEBINARS

RACHEL SEHR
Goal Group 4: Quality Improvement Resource Guide

- QI Toolkit


- The Value Case for Initiating QI
  - February 19, 2019

- Telling the QI Story
  - March 19, 2019

- Implementing QI in Rural Areas
  - April 16, 2019

- Introducing the QI Toolkit
  - TBD

- Kathi Muller, Dr Preston Renshaw

- Holly Arends, Patti Brooks

- Leanne Kopfmann, Susan Johannsen

Thank you.
MEDIA TOOLKIT
MARY MICHAELS

Available at:

• Goal Group 4: Awareness & Education
• "Cardio Cam" to ask South Dakotans about heart health
• Materials available on the SD Department of Health website
MEDIA TOOLKIT

SOCIAL MEDIA POSTS
- More than a dozen posts for Facebook or Twitter
- Cover a wide variety of topics – nutrition, physical activity, blood pressure and more!
- Post copy, graphic image and link for more resources

VIDEO LIBRARY
- Cardio Cam Full Video and “Shorts”
- Downloadable mp4’s for all videos: https://www.dropbox.com/sh/0cbno3fiw0fy5v/AACcKsm5dYN/n7B5X9V2ua7dl=0

Hashtags: #SDCardioCollab #HeartHealthy
BREAK & GROUP PHOTO

NEW MEMBER ORIENTATION GUIDE
MARY MICHAELS
NEW MEMBER ORIENTATION GUIDE (NMOG)

- Welcome new members and assist with onboarding to the Collaborative

Onboarding Process:
- New Members will receive NMOG
- Call or meeting with member of Leadership Team
- Quarterly Newsletters
- Invitation to meetings

PLEASE TAKE A FEW MINUTES TO REVIEW

Discussion questions:
- How will this guide be useful to you as a current member?
- In conversations with a new member, how would you use this guide?
WE NEED YOUR REFLECTIONS!

- What does the Collaborative mean to you?
- What are the benefits of being a part of the Collaborative?
- What are the benefits of having the Collaborative working across South Dakota?

Write your reflections on post-it note(s) and add it to the wall!

COMMUNITY SPOTLIGHT

KILEY HUMP
COMMUNITY CLINICAL LINKAGES
KILEY HUM P

COMMUNITY HEALTH WORKERS

- South Dakota Medicaid Program implementation of CHW reimbursement model 2018-2019

- Cardiovascular Collaborative Goal 2 workgroup- CHW priority strategy 2018-2019
  - Educate healthcare providers and facilities (Promotional document and webinar)
  - CHW toolkit (assist with the hiring process)

- SD DOH Heart Disease/Stroke program and Diabetes program federal funding
  - Initial and ongoing training
  - Start a statewide alliance/coalition
LUNCH LOGISTICS

- Lunch from Roll’n Pin
- During lunch:
  - Connect with fellow Collaborative members
  - Finish What’s Your Superpower activity
  - Complete Mission: Possible activity
  - Goal 1 members quick huddle
- After lunch:
  - Sit at your goal area group tables

LUNCH LOGISTICS & ACTIVITY

- **Mission Possible**: Getting Involved with The Collaborative
- Activity:
  - Talk to your neighbor(s) to help them select their “Mission”
  - Goal: Sign-up for upcoming activities for the Collaborative

*At the end of lunch, please sit at your Goal Area Group tables.*
STATE OF HEART DISEASE AND STROKE IN SOUTH DAKOTA
ASHLEY MILLER

REFLECTIONS
RACHEL SEHR
POWER POSES
LINELE BLAIS

MAKING CONNECTIONS – OPEN SHARE
RACHEL SEHR
OPEN SHARE: ALIGNMENT OF STRATEGIC PLAN & YOUR ORGANIZATION

- How does the Cardiovascular Collaborative Strategic Plan align with the goals of your organization?

- Please share activities conducted by your organization, between May 2018 – April 2019 that align with strategic plan!

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REFINING THE PLAN: SETTING PRIORITIES
MALLORY STASKO
ACTIVITY: REFINING THE PLAN

In your Goal Area Group...

1. Introductions: Name, Facility, Role, How long you've been a member of the Collaborative
2. Group Discussion
3. Strategies Timeline Worksheet
4. Action Plan Worksheet
5. Meeting Logistics / Next Steps (if time)

6. Goal Area Lead report back and full group discussion

LOOKING AHEAD

RACHEL SEHR
LOOKING AHEAD

All-Member Meetings (twice per year)
- Fall 2019 Virtual
- Spring 2020 In-Person

Learning Opportunities (year round)
- Stay tuned!

LOOKING AHEAD

First Goal Area Group Meeting
- May 13th
- June 28th

Updated Strategic Plan
- June 1st

Goal Area Group Meetings (monthly)
- May/June
- July
- Aug
- Sept
- Oct
- Nov
- Dec
- Jan
- Feb
- March
- April

Leadership Team Meetings (quarterly)
- July
- October
- January
- April
NEWSLETTERS

Newsletters (quarterly)

July → October → January → April

Check your junk mail folder.

Add Rachel.Sehr@state.us.gov to your list of safe senders.

Share resources, events and community stories for the newsletter!

EVALUATION

See email with survey link
GET INVOLVED & WRAP UP
MARY MICHAELS

AREAS OF EXPERTISE OF THE COLLABORATIVE
Sharing Our Superpowers Across South Dakota

Connection
Setting the Course
Overcome Obstacles

Transformation
Vision
Time Travel
A SPOILER-FREE THANK YOU!

“You know your teams, you know your missions… .....Look out for each other. This is the fight of our lives.”

I AM GROOOOOT!
(Translation: THANKS FOR COMING TODAY!)
THANK YOU!!!

Rachel Sehr: Rachel.Sehr@state.sd.us
Mary Michaels: mmichaels@siouxfalls.org