

Confidential Food History Questionnaire

We need **your help** to determine if any food items you ate may have caused your illness. The information you provide is compared with others who have similar illnesses - to identify possible sources. The way this works best is if you can obtain grocery and restaurant receipts, as well as any checkbook entries or credit card statements (if available) - for the past 10 days before you became ill. Use these and your best recall to tell us about your activities and what you ate in that period. (Note, If you don't know the answer, please just select "unk" for unknown and go to the next item.)

We **greatly** appreciate your critical part in keeping South Dakota safe!!

Please mail completed Questionnaire to:

South Dakota Department of Health
Attn: Disease Surveillance Manager
615 East 4th St.
Pierre, SD 57501
(OR FAX to 605-773-5509)

PERSON ILL

First Name: _____ MI: _____ Last Name: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ County: _____

Gender: Male Female Other Unknown

Date of Birth: _____

Onset date of your first symptoms: _____

Onset date of vomiting or diarrhea: _____

Lab Confirmed: Yes No Pending Unknown

Physician Diagnosis: _____

Are you: the person ill a parent a caretaker a friend other

If you are not the person ill please enter your name: _____

Phone: _____

General Risks for Illness *(in the last 10 days before you got sick)*

Yes No Unk

- Was anyone else in your household (or living arrangement) sick with diarrhea or vomiting?
- Did you spend any nights away from home?
- Are you on any kind of special or limited diet?
- Did you have any contact with dogs, cats, or other pets?
- Did you have any contact with commercial animals (hogs, cattle, horses, sheep, goats, etc.)?
- Did you handle any pets treats like pig ears, rawhide chews - at home or anywhere else?
- Did you have contact with any reptiles, such as snakes, iguanas, or other lizards, and turtles?
- Did you have any contact with baby chicks or other live poultry?
- Do you have any underlying medical conditions such as pregnancy, cancer, or diabetes that you have been told might affect your immune system?

If you answered "Yes" to any of these questions, please describe briefly in this comments section.

Comments:

Eating and Shopping (in the last 10 days before you got sick did you eat any food from..)

Yes No Unk

- any fast-food restaurants
- sit-down restaurants
- grocery-store deli or other kind of deli
- bakery
- coffee shop
- street vendor (wheeled cart or walking tray at events, etc.)
- event concession stand
- gas station or similar mini-mart
- tavern or bar
- free samples anywhere (e.g. grocery store, farmer's market, food event, etc.)

Yes No Unk

- cafeteria/dining room (e.g. worksite, hospital, school)
- nursing home or care facility dining
- hotel room service
- child care facility
- potluck-type private event
- catered private gathering (e.g. wedding, parties)
- any food at a social event or gathering (church, coffee-hour, etc.)
- food brought in to school, offices or workplace

If you answered "Yes" to any of these questions, please describe briefly in this comments section.

Comments:

Restaurant Types (if you answered "Yes" to the sit-down restaurants question above)

Yes No Unk

- Chinese
- Vietnamese
- Thai
- Japanese
- Indian/South Asian
- other Asian
- Mexican
- Italian
- Cuban/Caribbean

Yes No Unk

- Greek
- Other "international"
- vegetarian
- barbeque
- seafood
- breakfast place
- diner/neighborhood cafe
- all-you-can-eat buffet
- other

If you answered "Yes" to any of these questions, please describe briefly in this comments section.

Comments:

Sources of Food at Home In the last 10 days before you became ill, what sources of food at home did you eat from?

Yes No Unk

- grocery stores/supermarkets
- food warehouse stores(Costco, Sams, etc.)
- mini-marts (e.g. 7-11, AM/PM)
- ethnic specialty markets
- delicatessens
- bakeries
- farmer's markets

Yes No Unk

- fish or meat shops
- home delivery services (e.g. Schwan's, Meals-on-Wheels)
- home-grown produce
- home-slaughtered meat
- other private households (friends, family, etc.)
- Canned or Frozen Foods (preserved from home)
- other(specify)

If you answered "Yes" to any of these questions, please describe briefly in this comments section.

Comments:

Eggs and Dairy (in the last 10 days before you got sick did you eat..)

Yes No Unk

- eggs (anything anywhere from fresh eggs)
 If Yes,
 Any eggs at home
 Any eggs away from home
 Any eggs anywhere that were raw or runny
- anything made with raw eggs (e.g. dough, sauces, homemade ice cream, mayo)
- any egg substitutes (Egg-Beaters, etc.)
- butter (real butter, not margarine)
- buttermilk (fluid, not powdered)
- coffee creamer (fluid, not powdered)
- sour cream
- chip dip
- whipped cream from a carton (i.e. fresh)
- whipped cream in spray cans
- other imitation dairy topping (e.g. Cool-Whip)

Yes No Unk

- fresh or flavored store-bought yogurt
- frozen yogurt
- ice cream
- ice cream bars or frozen dairy dessert items
- other frozen dessert novelties
- any unpasteurized (raw) milk
- goat milk
- other milk containing beverage (e.g. Orange Julius)
- any milk substitute (Soy, etc.)
- any pasteurized ("regular") milk
- If Yes,
 Skim
 1%
 2%
 4% (whole)
 half and half
 flavored (e.g. chocolate)

Cheese (in the last 10 days before you got sick did you eat..)

Yes No Unk

- cream cheese
- cottage cheese
- Ricotta
- any "string" cheese
- cheese curds
- any cheese sold as (or cut from) solid blocks
- any cheese on a deli-type sandwich
- any cheese on any uncooked food item (e.g. on a salad, appetizer, dessert, etc.)
- any cheese spread
- American (processed) cheese
- Swiss
- Cheddar
- colby
- monterey jack

Yes No Unk

- pepper jack
- provolone
- muenster
- havarti
- uncooked mozzarella (e.g. not cooked on pizza)
- any fresh Parmesan or Romano
- dried (powdered) cheese (e.g. Parmesan or Romano)
- any blue-veined cheese (e.g. Bleu, gorgonzola, etc.)
- feta
- any cheese made from goat milk or sheep milk
- homemade Mexican-style (e.g. queso fresco, queso blanco, etc.)
- store-bought Mexican-style (e.g. queso fresco, queso blanco, etc.)
- any fancy imported cheese
- any cheese made from unpasteurized milk (often homemade or sold off-the-farm or door-to-door)

Fresh and Frozen Meat & Poultry (in the last 10 days before you got sick did you eat..)

Yes No Unk

- any chicken prepared at a home (i.e. not take out)
- anything prepared at a home from a "whole" chicken
 If Yes, was that chicken frozen when you got it?
 Yes No Unk
- anything prepared at home from pre-cut chicken parts

Yes No Unk

- any turkey prepared or eaten away from home (i.e. deli, restaurant, etc.)
- anything from ground turkey
- anything from ground chicken
- duck, goose, or game hen (farm raised, not wild)
- pre-frozen hamburger patties eaten at home

If Yes, was that chicken frozen when you got it?

Yes No Unk

any chicken prepared or eaten away from home (i.e. deli, restaurant, etc.)

any turkey prepared at home (i.e. not take out)

anything prepared at a home from a "whole" turkey

If Yes, was that turkey frozen when you got it?

Yes No Unk

anything prepared at home from pre-cut turkey parts

If Yes, was that turkey frozen when you got it?

Yes No Unk

fresh (not store-frozen) hamburger at home

anything else made with ground beef at home

any other beef (steak, roasts, liver, tongue, brain, etc.) at home

veal

ham

ground pork

any other fresh pork (e.g. ribs, loin, chops, hocks, chitterlings, etc.)

lamb

Cooked or Processed Meats (in the last 10 days before you got sick did you eat..)

Yes No Unk

smoked or dried fish (e.g. lox)

any pre-packaged sliced deli meats

any other sliced deli meats (i.e. not prepackaged)

corn dogs

hot dogs

any frozen microwavable meat products (e.g. burritos, chimichangas, etc.)

Yes No Unk

bologna

bacon or bacon bits

breakfast sausage

any other sausage (e.g. bratwurst, kielbasa, braunschweiger, etc.)

pepperoni/salami

store-bought beef sticks/jerky

any kind of wild game (e.g. venison, pheasant, etc. - either fresh, frozen, smoked or dried)

Fresh and Frozen Seafood (in the last 10 days before you got sick did you eat..)

Yes No Unk

store-bought fresh or frozen fish

store-bought smoked fish

any fish sticks or processed fish products

any sushi (i.e. raw fish)

any local or self-caught fish (i.e. fresh, frozen, raw or smoked)

crab (e.g. whole, legs, or crab-cakes)

oysters

any raw oysters

Yes No Unk

clams

shrimp/prawns

lobster

crawfish

other shellfish

calamari (i.e. squid)

alligator

herring or other pickled fish

any kind of seafood salad or appetizer (identify in comments)

Fresh Vegetables (not frozen or cooked) (in the last 10 days before you got sick did you eat..)

Yes No Unk

celery

"mini" carrots (peeled, usually sold in sealed bag)

loose or bagged carrots (full size)

cucumbers

broccoli

cauliflower

bell peppers (green, red, yellow, orange, or purple)

other fresh peppers (jalepeno, chili, cayenne, habenero, Serrano, yellow, etc.)

Yes No Unk

bean sprouts

any other sprouts (clover, mixed, broccoli, etc.)

any salad mix from a sealed bag

mesclun lettuce ("spring mix")

any other iceberg lettuce

any romaine lettuce

any other leaf lettuce (hydroponic, etc.)

any lettuce on a sandwich or burger

- asparagus
- rhubarb
- fresh corn
- baby corn (cobs such as in Chinese food)
- snow peas (eaten in pod)
- other fresh peas
- any fresh beans
- brussel sprouts
- eggplant
- zucchini, yellow or other "soft" squash
- any "hard" squash (acorn, spaghetti, pumpkin, etc.)
- onions (white, yellow, red, purple, etc.)
- green onions (scallions)
- leeks
- fresh garlic (cloves)
- fresh horseradish (root)
- any homegrown fresh tomatoes (eaten raw)
- any store-bought fresh tomatoes eaten at home (raw)
- avocado (or guacamole)
- cabbage
- bok choy
- potatoes
- yams or sweet potatoes
- alfalfa sprouts

- fresh spinach (not frozen)
- other greens (collard, mustard, etc.)
- radishes
- beets
- turnips, rutabagas or kohlrabi
- parsnips
- tomatillas
- jicama
- artichokes
- cactus leaf
- fresh basil
- fresh oregano
- fresh parsley
- fresh cilantro
- fresh ginger (root)
- fresh chives
- fresh rosemary
- fresh thyme
- fresh tarragon
- fresh lavender
- fresh dill
- fresh mint
- fresh mushrooms (oyster, portabella, shitake, etc.)
- dried mushrooms (any)
- any organic produce (identify in comments)

Fresh Fruit (not frozen or cooked) (in the last 10 days before you got sick did you eat..)

Yes No Unk

- apples
- pears
- peaches
- nectarines
- apricots
- plums
- cherries
- figs
- cumquat
- oranges
- tangerines
- tangelos
- grapefruit
- lemon
- lime
- other citrus
- strawberries

Yes No Unk

- raspberries
- blueberries
- blackberries
- cranberries
- other fresh berries (identify in comments)
- grapes of any kind (green, red, purple, pink, white, etc.)
- bananas
- plantains
- cantaloupe or muskmelon
- honeydew
- watermelon
- any other melon(identify in comments)
- kiwi
- pineapple
- mango
- papaya
- coconut
- other exotic fruit (identify in comments)

Pre-Made and Dried Foods (in the last 10 days before you got sick did you eat..)

Yes No Unk

- store-bought fruit salad
- store-bought pasta salad
- store-bought potato salad
- store-bought egg salad
- store-bought cole slaw
- dried buttermilk
- powdered milk (not baby formula)
- flavored milk powder (e.g. chocolate, strawberry, etc.)
- soup mixes (dehydrated, etc.)
- bullion (for gravy or other flavoring)
- dried beans (e.g. red, pinto, etc.)
- lentils
- dried coconut
- dried seaweed
- peanuts (loose or in shell)

Yes No Unk

- peanut butter
- other nut spread (e.g. Nutella, etc.)
- almonds
- walnuts
- cashews
- hazelnuts or filberts
- pistachios
- other nuts
- sunflower seeds
- uncooked sesame seeds
- tahini, halva, or other sesame products
- hummus
- raisins
- craisins
- other dried fruit
- any pre-made pudding or custard (not from a mix)

Frozen Foods (in the last 10 days before you got sick did you eat..)

Yes No Unk

- frozen dinners/entrees
- frozen vegetables in a box
- frozen vegetables in a bag
- frozen berries
- frozen other fruit
- frozen baked desserts (e.g. pies, etc.)

Yes No Unk

- frozen vegetarian items (e.g. Gardenburgers, etc.)
- frozen fish products
- frozen chicken strips or nuggets (cooked at home)
- other frozen chicken products (e.g. microwaveable or other)
- frozen pizza
- frozen Mexican-style items
- frozen shrimp, frog legs, lobster, crab or other packaged seafood

Miscellaneous Foods (in the last 10 days before you got sick did you eat..)

Yes No Unk

- chips (potato, corn, Fritos, etc.)
- crackers (club, cheese, graham, Saltines, etc.)
- any fresh salsa
- other kinds of store-bought, packaged dip
- taco shells
- tortillas
- any sub sandwiches
- any wrap-style sandwiches
- any fresh-ground "natural" peanut butter
- bulk chocolate (not wrapped candy)
- any fresh apple juice/cider
- fresh orange juice (not from concentrate)
- orange juice from frozen concentrate
- any other juice from frozen concentrate

Yes No Unk

- sour kraut (homemade)
- sour kraut (packaged)
- liquid baby formula
- powdered baby formula
- store-bought pureed baby food (e.g. Gerbers)
- commercially bottled water
- any spices bought in bulk (e.g. from a bin or jar)
- any spices (e.g. pepper, cinnamon) at home that were first opened in the 2 weeks before illness onset
- any foods bought in bulk (where you filled a bag or container from a larger bin)
- breakfast bars in sealed wrappers
- cold breakfast cereals (e.g. Cheerios, Raisin Bran, etc.)
- granola
- hot breakfast cereals (oatmeal, etc.)
- any tea

any unpasteurized juice (often from farms, etc., but might be commercial)

any coffee (grounds)

any other imported ethnic specialty foods

any coffee (instant)

tofu

any cookies

olives

any other bakery dessert items

Other Foods (in the last 10 days before you got sick did you eat.)

Were any other foods eaten that are not represented here? (If so, please list or describe in this comments section)

Comments:

Animal Contact (in the last 10 days before you got sick did you have any contact with the following...)

Yes No Unk

Bird

Kitten

Cat

Chicken

Baby chicks

Cow/bull/steer

Calf

Puppy (<5 months old)

did (you/your child) visit a petting zoo or farm?

did (you/your child) visit a state, county or local fair at which there were animals?

did (you/your child) visit any other events at which there were animals present such as festivals, animal shows, exhibits, swap meets, sales, etc.?

Yes No Unk

Dog

Goat, Sheep, or Lamb

Horse

Pig

Reptile (including snakes, iguanas or other lizards, and turtles)

Amphibian (such as frogs)

Turkey

Tropical fish

If you answered "Yes" to any of these questions, please describe briefly in this comments section.

Comments: