Ebola Donning of PPE – N95 and Gown Checklist

Healthcare Personnel Name ________________________________ Date ____________________ Time ____________

Room # __________

Trained observer CLEAN DONNING AREA

- Use a checklist
- Healthcare worker has attended to personal needs (hydration/restroom)
- Remind that you will be reviewing the steps aloud and to repeat back
- Remind steps should be done slowly and methodically

Remove personal clothing and items – visual inspection

- Clean surgical scrubs/disposable clothing
- Shoes (closed toe and heel – no holes, washable I.E. rubber/plastic
- No personal items (pager, phone, watches, jewelry, pens, ID badges, etc.)
- Hair pulled back off face, neck and back
- Nails short (no longer than ¼”)

Visually inspect the PPE ensemble (HC worker with trained observer watching)

- Serviceable condition
- All required PPE and supplies available
- Sizes selected are correct for the healthcare worker
- Reviews donning sequence with the healthcare worker aloud step-by-step

Perform Hand hygiene

- In between fingers
- Backs of hands
- Wrists

Boot covers (Sit on chair)

- Ensure all areas of foot are covered (boot covers snug over ankle)

Put on gloves

- Put on inner gloves

Put on gown

- Inspect integrity and proper sizing
- Tie gown on side (leave length to untie)
- Tuck inner gloves under sleeve of gown
- Thumb hooks (if available) or taping of gown (tab created by folding tape over at end for removal)

Put on N-95 Respirator  (Follow manufacturer instructions)

- Hold respirator in the palm of hand - straps facing floor. Place N95 respirator on face - cover nose and mouth.
- Pull the bottom strap up and over top of head, put it behind head and below ears.
- Take the upper strap and put it behind head towards the crown of the head.
- Mold the nose piece of the respirator over the bridge of nose to obtain a tight seal.
- Perform a fit check to ensure there is a good seal against the skin.

Put on Surgical Hood

- Inspect for integrity
- Slowly pull hood over the head and shoulders. Skin is covered, no hair is hanging down, and the hood extends to the shoulders

Put on Outer Apron – If used for a Patient with diarrhea and vomiting

- Fluid resistant or impermeable apron that covers the torso to the level of the mid-calf.

Put on Outer Gloves

- Put on outer gloves to extend over sleeve of gown

Put on Face Shield

- Put on a full face shield over the N95 respirator and surgical hood. Bend forward, hold on to the face shield with both hands, expand the elastic with thumbs and place the elastic behind head so that the foam rests on forehead. Once the shield is situated, check to make sure it covers the front and sides of the face and no areas are left uncovered.
- Verify integrity of ensemble (comfortable and able to extend the arms, bend at the waist, and go through a range of motions)


Signature of Trained Observer ________________________________________________________________________________