

Ebola - Doffing PPE - PAPR and Coverall Checklist

HCW leaving the patient room
<input type="checkbox"/> Signal to enter doffing area
<input type="checkbox"/> HC worker inspects PPE for obvious signs of contamination (if so wipe with EPA-designated wipe)
<input type="checkbox"/> Disinfect gloves with EPA wipe or ABHR - Allow hands to dry
<input type="checkbox"/> Enter doffing area
Trained Observer (required to be in CDC recommended PPE)
<input type="checkbox"/> Use a checklist
<input type="checkbox"/> Remind that you will be reviewing the steps aloud and to repeat back
<input type="checkbox"/> Remind steps should be done slowly and methodically
Disinfect outer gloves
<input type="checkbox"/> Alcohol based hand rub – Allow hands to dry
Remove outer apron (if used)
<input type="checkbox"/> Gently pull from neck or have trained observer or assistant untie
<input type="checkbox"/> Roll from inside out away from body and discard
<input type="checkbox"/> Inspect for contamination, cuts or tears and use EPA disinfectant wipe if necessary
<input type="checkbox"/> If assistant has helped, use Alcohol based hand rub and allow to dry
Disinfect outer gloves
<input type="checkbox"/> Alcohol based hand rub – Allow hands to dry
Remove boot/shoe covers * ONLY IF ON OUTSIDE OF COVERALL
<input type="checkbox"/> Sit on chair designated and marked for “dirty”
<input type="checkbox"/> Remove boot /shoe covers and discard (remove based on manufacturer’s instructions)
<input type="checkbox"/> Disinfect Outer Gloves with alcohol based hand rub – Allow hands to dry
*Remove outer gloves Do not snap gloves and cause spray
<input type="checkbox"/> Pinch glove and lift at the wrist
<input type="checkbox"/> Rolled down until the glove is completely off hand in a ball in the palm of the other hand
<input type="checkbox"/> Slide finger down and inside outer glove on other hand and pull it off until it's balled around the first glove.
<input type="checkbox"/> Dispose of outer gloves
Inspect Inner gloves
<input type="checkbox"/> If no signs of tears, holes or contamination perform hand hygiene with ABHR – Allow hands to dry
<input type="checkbox"/> Inspect both sides of gloves (if tear, hole or contamination – see next step)
<input type="checkbox"/> Compromised gloves <input type="checkbox"/> Perform hand hygiene with ABHR or EPA wipe <input type="checkbox"/> Remove gloves <input type="checkbox"/> Perform hand hygiene with ABHR <input type="checkbox"/> Don new pair of gloves
Remove PAPR (this will vary based upon manufacturer’s instructions) Use assistant and follow this order
<input type="checkbox"/> Assistant detaches hose from hood and turns off system
<input type="checkbox"/> Unclip belt (Assistant holds belt and HC worker unclips belt)
<input type="checkbox"/> Place all reusable PAPR components in designated area or container for later disinfection
Remove Hood
<input type="checkbox"/> Remove hood (Assistant stands in back, grasp outside of hood, roll hood to top of shoulders forming a cuff)
<input type="checkbox"/> Slowly remove hood (grab near ears, bend forward near waist, pull slowly until waist level and discard)
Disinfect Inner gloves
<input type="checkbox"/> Assistant - Alcohol based hand rub – Allow hands to dry
<input type="checkbox"/> HC Worker – Alcohol based hand rub – Allow hands to dry
Remove Coverall – Always avoid touching of scrubs and skin during the process
<input type="checkbox"/> Tilt head back and reach for the zipper at the top of the suit
<input type="checkbox"/> Grasp zipper with two fingers of one hand (without using the other hand on the front of the suit) and pull down unzipping completely
<input type="checkbox"/> Assistant will stand behind HC worker and grasp the outside of the coverall at the shoulders and pull it off of the body in a downward motion until the coverall is off the shoulders completely



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<input type="checkbox"/> Assistant will then reposition his or her hands and roll the suit outward and down the back in a controlled fashion, removing hc workers arms and slowly pulling it down until it's at the waist
<input type="checkbox"/> To get the coverall off the rest of the way, the hc worker may need to sit down in the clearly marked clean chair Grab the coverall, and pull it away from your body, one leg at a time.
<input type="checkbox"/> Dispose of coverall
Disinfect Inner gloves
<input type="checkbox"/> Assistant - Use Alcohol based hand rub – Allow hands to dry
<input type="checkbox"/> HC worker - Use Alcohol based hand rub – Allow hands to dry
Remove boot/shoe covers
<input type="checkbox"/> Sit on chair designated and marked for “clean” to remove your boot covers ONLY
<input type="checkbox"/> Remove boot/shoe covers and discard (remove based on manufacturer’s instructions)
Disinfect Inner gloves
<input type="checkbox"/> Use Alcohol based hand rub – Allow hands to dry
Disinfect shoes
<input type="checkbox"/> Sit in clean chair
<input type="checkbox"/> Use EPA registered disinfectant wipe (top to bottom – include sole)
Disinfect Inner gloves
<input type="checkbox"/> Use Alcohol based hand rub – Allow hands to dry
Remove Inner gloves
<input type="checkbox"/> Remove inner gloves (*as indicated on page 1)
<input type="checkbox"/> Discard inner gloves
Perform hand hygiene
<input type="checkbox"/> Use Alcohol based hand rub - Allow hands to dry
Inspect body for contamination
<input type="checkbox"/> Check for rips, tears or contaminants on clothing
Exit Doffing area
<input type="checkbox"/> Remove scrubs and shower

Healthcare Personnel Name _____

Date: _____ Time: _____ Room # _____

Assistant Name _____

Signature of Trained Observer: _____

