<table>
<thead>
<tr>
<th>HCW leaving the patient room</th>
</tr>
</thead>
<tbody>
<tr>
<td>Signal to enter doffing area</td>
</tr>
<tr>
<td>HC worker inspects PPE for obvious signs of contamination (if so wipe with EPA-designated wipe)</td>
</tr>
<tr>
<td>Disinfect gloves with EPA wipe or Alcohol based hand rub - Allow hands to dry</td>
</tr>
<tr>
<td>Enter doffing area</td>
</tr>
</tbody>
</table>

**Trained Observer (required to be in CDC recommended PPE)**

- Use a checklist
- Remind that you will be reviewing the steps aloud and to repeat back
- Remind steps should be done slowly and methodically

**Disinfect outer gloves**

- Alcohol based hand rub – Allow hands to dry

**Remove outer apron (if used)**

- Gently pull from neck or have trained observer or assistant untie
- Roll from inside out away from body and discard
- Inspect for contamination, cuts or tears and use EPA disinfectant wipe if necessary
- If assistant has helped use Alcohol based hand rub and allow to dry

**Disinfect outer gloves**

- Alcohol based hand rub – Allow hands to dry

**Remove boot/shoe covers** *ONLY IF ON OUTSIDE OF COVERALL*

- Sit on chair designated and marked for “dirty”
- Remove boot /shoe covers and discard (remove based on manufacturer’s instructions)
- Disinfect Outer Gloves with alcohol based hand rub – Allow hands to dry

**Remove outer gloves – Do not snap gloves and cause spray**

- Pinch glove and lift at the wrist
- Rolled down until the glove is completely off hand in a ball in the palm of the other hand
- Slide finger down and inside outer glove on other hand and pull it off until it’s balled around the first glove.
- Dispose of outer gloves

**Inspect Inner gloves**

- If no signs of tears, holes or contamination perform hand hygiene with ABHR – Allow hands to dry
- Inspect both sides of gloves (if tear, hole or contamination – see next step)

  **Compromised gloves**
  - Perform hand hygiene with ABHR or EPA wipe
  - Remove gloves
  - Perform hand hygiene with ABHR
  - Don new pair of gloves

**Remove Face Shield**

- Tilt head forward slightly, grab the strap at the temples and pull it forward and over your head, which will let the face shield fall from face.
- Dispose of face shield

**Disinfect Inner gloves**

- Alcohol based hand rub – allow to dry

**Remove Hood**

- Tilt head slightly, grasp at the crown of the head and use one hand to pull the hood forward and away from body and off head
- Dispose Hood

**Disinfect Inner gloves**

- Alcohol based hand rub – Allow hands to dry

**Remove Coverall – Always avoid touching of scrubs and skin during the process**

- Tilt head back and reach for the zipper at the top of the suit
- Grasp zipper with two fingers (without using the other hand on the front of the suit) and pull down unzipping completely
- Assistant will stand behind HC worker and grasp the outside of the coverall at the shoulders and pull it off of the body in a downward motion until the coverall is off the shoulders completely

Doffing N95 and Coverall V1: 15 November 2014
http://www.cdc.gov/vhf/ebola/hcp/ppe-training/n95Respirator_Coveralls/doffing_08.html
# Ebola – Doffing PPE – N95 and Coverall Checklist

- **Assistant will then reposition his or her hands and roll the suit outward and down the back in a controlled fashion, removing hc workers arms and slowly pulling it down until it’s at the waist**
- **To get the coverall off the rest of the way, the hc worker may need to sit down in the clearly marked clean chair.**
- **Grab the coverall, and pull it away from your body, one leg at a time.**
- **Dispose of coverall**

### Disinfect Inner gloves
- **Assistant - Use Alcohol based hand rub – Allow hands to dry**
- **HC worker - Use Alcohol based hand rub – Allow hands to dry**

### Remove boot/shoe covers
- **Sit on chair designated and marked for “clean” to remove your boot covers ONLY**
- **Remove boot/shoe covers and discard (remove based on manufacturer’s instructions)**

### Change Inner gloves
- **Remove gloves and discard gloves**
- **Perform hand hygiene with Alcohol based hand rub – allow hands to dry**
- **Don new pair of gloves**

### Remove N95 Respirator
- **Tilt head forward. Then, use two hands to grab the bottom strap, pull to the sides, then over head. Next, use both hands to grab the upper strap, pull to the sides, then over head. Keep tension on the upper strap as you remove it, which will let the mask fall forward**
- **Discard N95 respirator**

### Disinfect Inner gloves
- **Use Alcohol based hand rub – Allow hands to dry**

### Disinfect Shoes
- **Sit in chair marked “clean”**
- **Use EPA-registered disinfectant wipes to thoroughly disinfect all the surfaces of shoes, moving from top to bottom and including the soles**

### Disinfect Inner gloves
- **Use Alcohol based hand rub - Allow hands to dry**

### Remove Inner Gloves
- **Remove Inner gloves**
- **Discard Inner gloves**

### Perform Hand Hygiene
- **Use Alcohol based hand rub – allow hands to dry**

### Review Body for Contamination
- **Use Alcohol based hand rub – allow hands to dry**

### Exit Doffing Area
- **Remove scrubs and shower**

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**Healthcare personnel name:** ________________________________

**Assistant name:** __________________________________________

**Date:** ____________ **Time:** ____________ **Room #** __________

**Signature of Trained Observer:** ______________________________

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**South Dakota Department of Health**

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